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FM COMNAVRESFOR NORFOLK VA

TO NAVRESFOR

INFO CNO WASHINGTON DC//N095//

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ALNAVRESFOR 020/20

SUBJ/FISCAL YEAR (FY) 21 GENERAL MILITARY TRAINING GUIDANCE FOR THE  
NAVY RESERVE//

REF/A/MSG/CNO WASHINGTON DC/011723ZSEP20//

AMPN/REF A IS THE GENERAL MILITARY TRAINING REQUIREMENTS NAVADMIN//

POC/BRIAN SHEAKLEY/-/CNRFC N7/-/TEL:757-322-6622/

EMAIL:BRIAN.SHEAKLEY(AT)NAVY.MIL//

RMKS/1. THIS MESSAGE ANNOUNCES GENERAL MILITARY TRAINING (GMT)  
REQUIREMENTS FOR FISCAL YEAR (FY) 2021 FOR THE NAVY RESERVE. IN  
LINE WITH REFERENCE (A), THE NAVY MINIMIZED THE NUMBER OF  
MANDATORY GMT TRAINING TOPICS TO EMPOWER COMMANDERS TO DECIDE  
WHAT TRAINING THEIR PERSONNEL SHOULD RECEIVE AND HOW OFTEN THEY  
SHOULD RECEIVE IT. COMMANDING OFFICERS (CO) SHOULD REVIEW THE  
COMMAND DISCRETION GMT LIST TO DETERMINE THE FREQUENCY AND  
METHOD OF ADDITIONAL TRAINING APPROPRIATE FOR THEIR COMMAND.

2. FY-21 MANDATORY GMT REQUIREMENTS

A. MANDATORY GMT MUST BE COMPLETED BY ALL MILITARY PERSONNEL IN  
THE FISCAL YEAR.

B. THE FOLLOWING MANDATORY GMT IS REQUIRED TO BE COMPLETED IN  
FY-21:

- (1) SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR) AWARENESS
- (2) CYBER AWARENESS CHALLENGE
- (3) COUNTERINTELLIGENCE AWARENESS AND REPORTING
- (4) RECORDS MANAGEMENT
- (5) SUICIDE PREVENTION
- (6) EQUAL OPPORTUNITY, HARASSMENT AND RESOLUTION OPTIONS

(ADDITIONAL CNRF REQUIREMENT)

C. PERSONNEL WITH LESS THAN THREE YEARS OF TIME-IN-SERVICE MUST  
ALSO COMPLETE ANTITERRORISM LEVEL 1 TRAINING ANNUALLY. FOR  
PERSONNEL WITH GREATER THAN 3 YEARS OF TIME-IN-SERVICE,  
ANTITERRORISM LEVEL 1 IS NOW A TRIENNIAL REQUIREMENT AND WILL BE  
MANDATED FOR ALL HANDS IN FY-22.

D. COMMANDS MAY ELECT TO COMPLETE CYBER AWARENESS CHALLENGE  
TRAINING USING INSTRUCTOR-LED AND/OR COMPUTER-BASED METHODS.

E. PRIVACY ACT TRAINING IS REQUIRED BIENNIALY AND WILL BE

MANDATED FOR ALL HANDS IN FY-22.

F. COMBATING TRAFFICKING IN PERSONS TRAINING IS REQUIRED WITHIN ONE YEAR OF INITIAL ENTRY OF SERVICE.

G. THE RECOMMENDED METHOD OF DELIVERY FOR SAPR AND SUICIDE PREVENTION ANNUAL TRAINING IS VIA FACE-TO-FACE, SMALL GROUP FACILITATED DISCUSSIONS. WHILE THIS REMAINS THE MOST EFFECTIVE LESSON DELIVERY METHOD, THIS MESSAGE AUTHORIZES COS TO ADAPT OR MODIFY FY-21 SAPR AND SUICIDE PREVENTION GMT DELIVERY METHODS CONSISTENT WITH CORONAVIRUS MITIGATION PROCEDURES AND OPERATIONAL COMMITMENTS TO MEET THESE TRAINING REQUIREMENTS. IF IN-PERSON, FACE-TO-FACE DELIVERY IS NOT FEASIBLE, THE PREFERRED ALTERNATIVE IS FACILITATED SMALL GROUP TRAINING VIA TELECONFERENCE, DEFENSE COLLABORATION SERVICES OR COMMERCIAL VIRTUAL REMOTE MICROSOFT TEAMS. SAPR AND SUICIDE PREVENTION TRAINING IS NOT AUTHORIZED WITH NON-DEPARTMENT OF DEFENSE (DOD) APPROVED COLLABORATIVE TECHNOLOGY (E.G.FACEBOOK, ZOOM, ETC.). DURING THIS PANDEMIC ENVIRONMENT, FACILITATED SMALL GROUP TRAINING USING APPROVED VIDEO CONFERENCING TECHNOLOGY IS CONSIDERED \*FACE-TO-FACE,\* FULLY MEETING TRAINING REQUIREMENTS. SENIOR COMMANDERS HAVE THE AUTHORITY TO ISSUE GUIDANCE THAT IS MORE RESTRICTIVE TO THEIR SUBORDINATE COMMANDS.

3. FINANCIAL LITERACY TRAINING IS REQUIRED AT VARIOUS TOUCH POINTS CORRESPONDING TO A SERVICE MEMBERS MAJOR CAREER MILESTONES AND LIFE EVENTS. NAVY RESERVE ACTIVITIES (NRAS) SHOULD UTILIZE INSTRUCTORS AT LOCAL FLEET AND FAMILY SUPPORT CENTERS AS WELL AS THE 27 PERSONAL FINANCIAL COUNSELORS (PFC) ASSIGNED TO NRAS ACROSS THE FORCE TO PROVIDE FINANCIAL LITERACY AND BLENDED RETIREMENT SYSTEM (BRS) TRAINING. NRA COMMANDING OFFICERS SHALL COORDINATE TO SCHEDULE PFCS AND REPORT ANY PROBLEMS OBTAINING INSTRUCTORS TO CNRFC N7 POC VIA THEIR ADMINISTRATIVE CHAIN OF COMMAND.

4. FY-21 COMMAND DISCRETION GMT

A. COMMAND DISCRETION GMT IS NOT REQUIRED AT ANY SPECIFIED PERIODICITY, BUT MAY HAVE SITUATIONAL REQUIREMENTS (I.E. INITIAL ENTRY, PRE-DEPLOYMENT, CAREER MILESTONES, ETC.). COS SHOULD TRAIN THEIR PERSONNEL AT A TIME AND PLACE THAT BEST MEETS THEIR COMMAND AND MISSION NEEDS.

B. COS MAY ASSIGN THE FOLLOWING TOPICS AT THEIR DISCRETION:

- (1) ALCOHOL, DRUGS AND TOBACCO AWARENESS
- (2) COMBATING TRAFFICKING IN PERSONS
- (3) DOMESTIC VIOLENCE PREVENTION AND REPORTING
- (4) ELECTROMAGNETIC MANEUVER WARFARE
- (5) ENERGY POLICY
- (6) HAZING POLICY AND PREVENTION
- (7) OPERATIONAL RISK MANAGEMENT
- (8) OPERATIONS SECURITY
- (9) PERSONAL FINANCIAL MANAGEMENT
- (10) SEXUAL HEALTH AND RESPONSIBILITY
- (11) STRESS MANAGEMENT
- (12) TRAUMATIC BRAIN INJURY

(13) PRIVACY ACT

(14) ANTITERRORISM LEVEL 1

(15) TACTICAL COMBAT CASUALTY CARE ALL SERVICE MEMBER/TIER 1

5. ADDITIONAL INFORMATION

A. DETAILED REQUIREMENTS FOR EACH TOPIC ARE LISTED ON THE GMT WEBPAGE AND SHOULD BE REVIEWED THOROUGHLY BY COMMANDS PRIOR TO ASSIGNING TRAINING. THE WEBPAGE PROVIDES TOPIC-SPECIFIC INFORMATION SUCH AS:

(1) INSTRUCTOR AND DOCUMENTATION REQUIREMENTS

(2) TRAINING IN COMBINED MILITARY-CIVILIAN SESSIONS

(3) LINKS TO INSTRUCTOR GUIDES AND OTHER TRAINING PRODUCTS

B. THE GMT WEBPAGE CAN BE FOUND ON THE MYNAVY PORTAL AT [HTTPS://WWW.MNP.NAVY.MIL/GROUP/GENERAL-SKILLS-TRAINING/GMT/](https://www.mnp.navy.mil/group/general-skills-training/gmt/)

C. CURRENT SAPR AND SUICIDE PREVENTION TRAINING MATERIALS ARE NOT DESIGNED FOR INDIVIDUAL/SELF-STUDY TRAINING AND USING METHODS OTHER THAN FACILITATED, SMALL GROUP SESSIONS WILL BE CHALLENGING. FEEDBACK, LESSONS LEARNED OR RECOMMENDATIONS FOR MORE EFFECTIVE TRAINING DELIVERY IS ENCOURAGED. PLEASE PROVIDE YOUR RECOMMENDATIONS OR REFER ANY QUESTIONS TO THE FOLLOWING POINTS OF CONTACT:

(1) SAPR TRAINING: MS. ANDREA VERDINO, N17,  
ANDREA.J.VERDINO(AT)NAVY.MIL.

(2) SUICIDE PREVENTION TRAINING: MS. RUTH CASSIDY, N17,  
RUTH.CASSIDY(AT)NAVY.MIL.

(3) TRAINING POLICY: CDR BENJAMIN AMDUR, N13M7,  
BENJAMIN.AMDUR1(AT)NAVY.MIL.

D. ALL SAPR TRAINING MATERIALS ARE FOR OFFICIAL USE ONLY. SAPR TRAINING MATERIAL SHALL NOT BE LOADED ONTO PUBLICALLY ACCESSIBLE WEBSITES (E.G. YOUTUBE, FACEBOOK, ETC.). ADDITIONALLY, THE FOLLOWING DISCLAIMER SHOULD BE ADDED AT THE BEGINNING OF EACH SAPR TRAINING SESSION THAT IS NOT CONDUCTED IN PERSON: \*WE UNDERSTAND THAT PARTICIPATING IN SAPR TRAINING CAN BE DIFFICULT. IF YOU NEED ADVOCACY SUPPORT AT ANY TIME, PLEASE CONTACT THE ON-CALL SARC/VA AT [PLEASE INSERT CONTACT INFORMATION FOR THE LOCAL SEXUAL ASSAULT RESPONSE CENTER OR VICTIMS ADVOCATE] OR THE DOD SAFE HELPLINE AT [WWW.SAFEHELPLINE.ORG](http://WWW.SAFEHELPLINE.ORG) OR 877-995-5247.\*

6. GMT QUESTIONS OR FEEDBACK SHOULD BE SENT VIA E-MAIL TO GMT.DISTRIBUTION(AT)NAVY.MIL.

7. RELEASED BY RADM JOHN SCHOMMER, DEPUTY COMMANDER, NAVY RESERVE FORCE.//

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