RMKS/1. This message announces general military training (GMT) requirements for fiscal year (FY) 2022 for the Navy Reserve. In line with reference (a), the Navy has minimized the number of mandatory GMT topics to empower commanders to decide what training their personnel should receive and how often they should receive it. Commanding officers (CO) should review the command discretion GMT list to determine the frequency and method of additional training appropriate for their command.

2. FY-22 Mandatory GMT Requirements
   a. Mandatory GMT must be completed by all military personnel.
   b. The following mandatory GMT is required to be completed in FY-22:
      (1) Sexual Assault Prevention and Response (SAPR) Awareness
      (2) Cyber Awareness Challenge
      (3) Counterintelligence Awareness and Reporting
      (4) Records Management
      (5) Suicide Prevention
      (6) Anti-Terrorism Level 1
      (7) Privacy Act
      (8) Combating Trafficking in Persons (additional CNRF requirement for those without documented training in FLTMAPS)
      (9) Tactical Combat Casualty Care (TCCC) Tier 1 (additional CNRF requirement).
   c. Commands may elect to complete Cyber Awareness Challenge training using instructor-led and/or computer-based methods.
   d. The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions. While this remains the most effective
lesson delivery method, ref (a) authorizes COs to adapt or modify FY-22 SAPR and Suicide Prevention GMT delivery methods consistent with coronavirus mitigation procedures and operational commitments to meet these training requirements. If in-person, face-to-face delivery is not feasible, the preferred alternative is facilitated small-group training via teleconference, Defense Collaboration Services, or DoD365 Microsoft Teams. SAPR and Suicide Prevention training is not authorized for delivery via non-Department of Defense (DOD) approved collaborative technology (e.g. Facebook, Zoom, etc.). Facilitated small group training using approved video conferencing technology is considered *face-to-face*. Senior commanders have the authority to issue guidance that is more restrictive to their subordinate commands.

e. Combating Trafficking in Persons training is required within one year of initial entry of service.

f. Tactical Combat Casualty Care (TCCC) Tier 1 Training.

(1) Per ref (b), TCCC Tier 1 training is a requirement for all service members (ASM) and is designed to provide basic, evidence-based lifesaving skills for non-medical personnel at their duty stations or in preparation for non-combat deployments. The goal of TCCC Tier 1 is to eliminate preventable deaths by ensuring all military personnel can provide lifesaving assistance.

(2) All SELRES and FTS military personnel must complete TCCC Tier 1 training every three years, and within 12 months of a deployment/mobilization. Tier 1 certification is valid for three years from completion date.

(3) The TCCC Tier 1 course provides information via in-person or online presentations and interactive skills training, and includes an in-person skills evaluation. To pass the course, Sailors must be able to correctly demonstrate five TCCC skills to a Tier 1 instructor as detailed in the Skills Checklist in a hands-on setting: rapid casualty assessment, tourniquet application, wound packing, pressure dressing application, and airway maneuvers.

(4) Required training materials for the hands-on skills training and skills evaluation include: CATs (Combat Application Tourniquet), hemostatic dressings, pressure bandages, and bleeding control part-task trainers. RESFOR (N7/N9) will coordinate with subordinate organizations to purchase and/or disburse required training materials.

(5) The DoD website for TCCC is https://www.deployedmedicine.com and contains training courses and additional resources for each TCCC Tier. This site should be used as the primary source for curriculum content.

(6) Personnel with any tier of TCCC certification can become qualified to teach the TCCC Tier 1 ASM course after: (one of the below)

i. Completing online tutorials for trainers on deployedmedicine.com

ii. Attending an approved in-person TCCC train-the-trainer course, including B-300-4000 Tactical Combat Casualty Care /
iii. Completing shipboard training team PQS, or
iv. Currently holding Instructor NEC 805A or Field Medical Service Technician L03A (or legacy NECs 9502 or 8404, respectively) The recommended ratio for teaching and assessing TCCC skills is one trainer for every eight students.

7. Individual TCCC training certification completion will be documented in Fleet Management and Planning System (FLTMP). Command training departments are responsible for recording locally-completed training in FLTMP, using CIN B-300-2010 and title TCCC Tier 1 â€” ASM for standardization.

8. Subordinate units should initially focus TCCC Tier 1 training on those Sailors identified for mobilization/deployment whether unit-related or individual augmentee (IA).

3. Personal Financial Management training does not have a required annual periodicity, but is instead mandatory at personal and professional touchpoints across the military lifecycle in accordance with reference (a).
   a. Financial Readiness touchpoint courses are available via Navy e-Learning (search for the title *touchpoint* under the Course Catalog tab) and the MyNavy Financial Literacy mobile app. If preferred, in-person training can be provided by a Fleet and Family Support Center Personal Financial Manager or a Command Financial Specialist. In-person training information and resources can be found at https://www.mynavyhr.navy.mil/Support-Services/21st-Century-Sailor/Family-Readiness/Personal-Financial-Mgmt/.
   b. Navy Reserve Activities (NRAs) should utilize instructors at local Fleet and Family Support Centers as well as the 34 Personal Financial Counselors (PFC) assigned to NRAs across the Force to provide Financial Literacy and Blended Retirement System (BRS) training. NRA Commanding Officers shall coordinate to schedule PFCs and report any problems obtaining instructors to CNRFC N7 POC via their administrative Chain of Command.

4. FY-22 Command Discretion GMT
   a. Command discretion GMT is not required at any specified periodicity, but may have situational requirements (i.e. initial entry, pre-deployment, career milestones, etc.). COs should train their personnel at a time and place that best meets their command and mission needs.
   b. The list of discretionary training topics has been updated to reflect the effort of the Culture of Excellence Oversight Committee, to simplify and align policies and programs that are duplicative or ineffective.
   c. COs may assign the following topics at their discretion:
      (1) Center for Development of Security Excellence Insider Threat Course
      (2) Domestic Violence Prevention and Reporting
      (3) Energy Policy
      (4) Equal Opportunity, Harassment and Resolution Options
      (5) Operational Risk Management
5. Additional Information
   a. The GMT webpage can be found on the MyNavy Portal at
      https://www.mnp.navy.mil/group/general-skills-training/gmt/.
      Detailed requirements for each topic are listed on the GMT
      webpage and should be reviewed thoroughly by commands prior to
      assigning training. The webpage provides topic-specific information
      such as:
      (1) Instructor and documentation requirements
      (2) Training in combined military-civilian sessions
      (3) Links to instructor guides and other training products
   b. Current SAPR and Suicide Prevention training materials are
      not designed for individual/self-study. Training using methods
      other than facilitated small group sessions will be challenging.
      Feedback, lessons learned and recommendations for more effective
      training delivery are encouraged. Please provide your
      recommendations or refer any questions to the following points of
      contact:
      (1) SAPR training: Ms. Andrea Verdino, OPNAV N17,
      andrea.j.verdino(at)navy.mil.
      (2) Suicide Prevention training: Ms. Ruth Cassidy, OPNAV
      N17, ruth.cassidy(at)navy.mil.
      (3) Training policy: LCDR Jonathan Greenberg, OPNAV
      N13M7T, jonathan.d.greenberg(at)navy.mil.
   c. All SAPR training materials are for official use only.
      SAPR training materials shall not be loaded onto publically
      accessible websites (e.g. YouTube, Facebook, etc.). Additionally,
      the following disclaimer should be added at the beginning of each
      SAPR training session that is not conducted in person: We
      understand that participating in SAPR training can be difficult.
      If you need advocacy support at any time, please contact the on-call
      Sexual Assault Response Coordinator/Victim Advocate at [please
      insert contact information for the local Sexual Assault Response
      Center or Victims Advocate] or the DOD Safe helpline at
      www.safehelpline.org or 877-995-5247.

6. GMT questions or feedback should be sent via e-mail to
   gmt.distribution(at)navy.mil. Reserve specific questions can be
   sent to george.roth(at)navy.mil or sergei.working(at)navy.mil or
   check the CNRF GMT SharePoint page located at https://private.
7. Released by RADM John Schommer, Deputy Commander, Navy Reserve
   Force.//
BT
#0018