



DEPARTMENT OF THE NAVY  
COMMANDER NAVY RESERVE FORCE  
1915 FORRESTAL DRIVE  
NORFOLK VIRGINIA 23551-4615

COMNAVRESFORINST 6000.1E  
N9  
23 Mar 16

COMNAVRESFOR INSTRUCTION 6000.1E

From: Commander, Navy Reserve Force

Subj: GUIDANCE ON PREGNANT SAILORS IN THE NAVY RESERVE

Ref: (a) OPNAVINST 6000.1C  
(b) BUPERSINST 1001.39F  
(c) COMNAVRESFORINST 3060.7A

1. Purpose. To provide supplemental guidance concerning pregnant Sailors in the Navy Reserve and to promote uniformity in the medical-administrative management of uncomplicated pregnancies, per references (a) through (c). This guidance should not replace sound medical judgment concerning complicated or high-risk pregnancies. Safety of the expectant mother and the unborn child is the primary concern in determining allowable types of duty to be performed.

2. Cancellation. COMNAVRESFORINST 6000.1D.

3. Discussion. This instruction provides additional guidance concerning pregnant Sailors in the Navy Reserve.

4. Policy

a. Pregnant Sailors with uncomplicated pregnancies should be considered physically qualified for duty with no limitations, except for duty types listed in reference (a) and paragraph c below, respectively.

b. Performing active or inactive duty may be authorized by the Navy Reserve Activity (NRA)/Unit Commanding Officer (CO) with a recommendation from the attending obstetrician physician.

c. Active or inactive duty will not be authorized for the following types of activities:

(1) Basic Training.

(2) Marine Corps Field Exercises.

23 Mar 16

(3) Any Field Training.

(4) Any geographic area with theater specific immunization(s).

(5) Any area limited per reference (a) that will prevent successful completion of active duty. The type of duty to which a pregnant Sailor may perform must comply with references (a) and (b). Waiver guidance is contained in reference (a).

d. Pregnancy is a deployment limiting and temporarily disqualifying condition. The pregnancy due date must be updated within the Medical Readiness Reporting System (MRRS) to account for the Sailor's deployment limiting condition. Pregnant Service member's Individual Medical Readiness (IMR) shall be identified as Not Medically Ready (NMR) in MRRS.

e. The pregnant Service member will not be placed in a "Temporarily Not Physically Qualified" (TNPQ) status, except in the case of a complicated pregnancy. TNPQ status must be recommended to the NRA/unit CO by an obstetrician physician.

#### 5. Action

a. Per reference (c), the following Manpower Availability Status (MAS) Codes will be assigned accordingly:

(1) MPC - Pregnant

(2) MPP - Non-deployable mother with child less than 12 months old or postpartum convalescence.

(3) MPQ - Temporarily not physically qualified (use for complicated pregnancy only).

b. The Service woman's MPQ MAS Code will be removed post pregnancy based on a written release issued by the attending obstetrician. The Sailor's MAS code of MPP will normally be removed 12 months after delivery. Refer to reference (a) for assignment waiver request procedures.



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