

the Naval Reservist

Vol. 28, No. 8

Support to the Fleet . . . Ready and Fully Integrated

August 2003



Photo by LTJG Leonardo Giovannelli

SEA POWER—A BQM-74E aerial drone target is launched in July from Naval Reserve Force frigate USS Curts (FFG 38). The drone was tracked by Republic of Singapore Navy ships as part of a missile exercise during the Singapore phase of Cooperation Afloat Readiness and Training (CARAT). More

than 1,500 U.S. and Singapore Armed Force personnel are taking part in CARAT, a regularly scheduled series of bilateral military training exercises between the U.S. and several Association of Southeast Asian Nations (ASEAN) countries.

Mobilization Update

Approximately 8,320 Naval Reservists are serving on active duty, for a total of 21,310 Reservists mobilized since Sept. 11, 2001, in support of Operations Noble Eagle, Enduring Freedom and Iraqi Freedom. Reservists' capabilities and expertise continue to be called upon to fill certain requirements. Demobilization coordination and assistance is spearheaded by the PERS-44 Noble Eagle Sailor Advocacy (NESA) team to help Reservists as they return to their civilian lives. For mobilization and demobilization resources, see www.defenselink.mil/ra/mobil. For rights and benefits of returning to civilian employment, visit the Employer Support of the Guard and Reserve Web site www.esgr.org. —AK2 Martha Nunnery



Photo by JO1 Bruce Cummins

AT SEA ABOARD USS CURTS—AO1(AW) Victor Coleman installs a magnesium flare on a BQM-74E target drone while AZ3 Michael Bondy looks on. The drone was launched from the deck of USS Curts (FFG 38) as a target for Republic of Singapore Navy ships during the Singapore phase of exercise CARAT. Earlier in July, the crew of Curts logged a couple of firsts—the first surface combatant to take part in the annual South Asia Search and Rescue exercise, and the first U.S. Navy ship in more than a year to visit Chennai, India.

Sailors, other Force members brainstorm ideas

SAN DIEGO—Commander, Naval Reserve Force (CNRF) held an Appreciative Inquiry summit July 14-17. More than 300 Reservists, active-duty personnel, government employees and civilians converged for an intensive examination of the Naval Reserve Force (NRF).

No uniforms were worn, and only first names were used. Rank and rate were set aside as everyone from seaman to vice admiral participated in a series of exercises designed to reveal positive possibilities of "One Navy, Our Navy," forging the NRF of the future.

Appreciative Inquiry (A.I.) focuses on the positive. The concept is simple: search for the positive side of life and results will be positive. Search for the negative, and that is exactly what you will find: negative. During the summit, participants took a hard look at the current state of the NRF and answered the question, "What do we do right?" From there, participants addressed ways of doing things even better. In short, take what works best and make it even better.

CNRF's A.I. summit focused specifically on Sea Power 21, the CNO's vision of the 21st Century Navy. Maximizing the "One Navy, Our Navy" theme, facilitators led the group through discussions, presentations and feedback groups, all aimed at cultivating ideas to better align the NRF with Sea Power 21 at flank speed. Participants separated into working groups representing a cross-section of rank, rate, civilian and military experience.

The A.I. process began with participants telling sea stories about their peak Navy and NRF experiences. Individuals then pinpointed what made those experiences superlative and then used the experience to

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the Naval Reservist

LEADERSHIP

Naval Reservists

This is who we are

- As members of the U.S. Naval Reserve Force, we are patriots serving our country, committed and dedicated to our nation's defense.
- We bring our best military and civilian experience to the Navy-Marine Corps Team.
- We are role models in our communities.
- We build leaders.

Our identity as Naval Reservists within the Navy-Marine Corps Team defines and enhances our allegiance to the Navy Core Values of Honor, Courage and Commitment, and to the Sailor's Creed.

SAILORS MATTER



FORCM(AW/NAC)
Tom Mobley
Force Master Chief

Since Sept. 11, 2001, the Naval Reserve has continuously provided personnel and resources to support various missions of the United States Navy. Over 21,300 Sailors and 25-plus units have been mobilized to every major USN claimant. Every community has played a vital role. Our Reserve squadrons, construction battalions, cargo handling battalions and individual Sailors providing Force Protection have contributed to the Navy's success in our part in the Global War Against Terrorism.

The Navy's readiness is greatly enhanced with a strong and ready Naval Reserve Force. With instability around the world, our Sailors and units may be called upon with little notice. Although we are demobilizing many of our Sailors, we must continue to be ready to go at any time.

Maintaining personal and professional readiness is crucial to our continued success. Professional readiness includes our health, fitness and medical/dental readiness as well as our personal responsibilities and professional qualifications. Professional readiness also requires us to stay current on new developments in our particular rates and billet assignments. Our most important contribution to our Navy mission is to obtain and maintain 100% readiness.

Individual readiness contributes directly to unit readiness and ultimately to Navy readiness.

We have proven our readiness with our most recent accomplishments and will meet all future challenges with the same esprit de corps.

T. W. MOBLEY
Force Master Chief
U.S. Naval Reserve



Photo by LCDR John Garofalo

FRIENDS ACROSS THE WORLD—Iraqi students (above) greet Naval Reservists of Naval Coastal Warfare Group One in late July as NCWG-1 members deliver school supplies donated by U.S. schools and churches. Among American classes sending supplies are fifth graders (insert below) of John Malcolm Elementary School in Laguna Niguel, Calif.



Photo by LCDR Andrew...

UMM QASR, Iraq—LT Greg Settelmayer hands a custom-built picnic table to LCDR Paul Shaugnessy while GM1 Mitchell Jones and CAPT Mike Shatynski reach for more. The four Reservists were part of a Naval Coastal Warfare Group One humanitarian mission to deliver school supplies and these tables to Iraqi school children in the town of Umm Qasr.

LEADING CHANGE

Leadership in Positive Revolution

The purpose of the Naval Reserve Force (NRF) is, was and forever will be "Support to the Fleet." At the core of that support is a leadership portal completely devoted to ensuring the Reserve community is a culture of readiness.

Welcome to the Executive Steering Committee (ESC) of the Force "boardroom" where there's an ongoing revolution in thought, focused on creating positive change and revolutionizing the way we do business.

The ESC is a select group of NRF key leaders who meet face-to-face each month to look at issues from an individual perspective. Members are committed to solving problems (currently, 96 are on the table), removing constraints and finding viable solutions. In essence, the ESC is a boardroom of warriors who, through their contributions, help shape the Force.

The ESC knows the primary barrier that limits NRF potential: a lack of searching for

the best in our people. The ESC wants to find ways to strengthen our Force's capacity to "apprehend, anticipate and heighten" potential, thereby bringing about changes never thought possible. Clearly, although the NRF and the Navy have fairly common expectations about "Support to the Fleet," the ESC ensures a full range of possibilities. The ESC knows that what we notice (or fail to notice) will shape how we think and determine our potential, our very future.

If you are unaware of the term Appreciative Inquiry, go online and read what it is that VADM Totushek and the other ESC members have headed your way. While you are online, please visit the Leading Change site at <http://reserves.navy.mil> and learn more about your ESC. Comments? Please contact me at jroberts@pjc.edu.

—CAPT Jean Roberts, COMNAVRESFOR Executive Steering Committee Public Affairs Officer

COMMANDER'S VIEW



VADM John Totushek
Commander,
Naval Reserve Force

Dear Shipmates,
"Support to the Fleet" is our mantra and our mission. Everything we do is tied to it. All of the important efforts we are doing to improve our lives as Naval Reservists are really about improving the support we give to our great Navy-Marine Corps Team. When we rolled out the Naval Reserve Order Writing System (NROWS), it removed much of the aggravation we used to experience with getting our orders and tickets; at the same time, it allowed us to move our folks to their gaining commands more effectively—which makes a difference to those who employ us.

In June, the Executive Steering Committee (ESC) received a thorough briefing about Naval Reserve Force Transformational Initiative (NRFTI) recommendations. NRFTI was initiated by scores of drilling Reservists who desired to be part of the process of making the Naval Reserve a world-class customer service organization.

I am happy to report that nearly all of the first 49 recommendations are already being worked as part of Leading Change, our strategic planning process. We have put actions in place to keep the NRFTI team involved with the ESC as we continue our improvement process. We are also looking to have this team help us with communication about how we are proceeding. Customer Service to our drilling Reservists improves customer service to the fleet.

By the time you read this, we will know more definitely what the integration of the Reserve Force with active Navy will look like. We will understand implications of the program review for fiscal year 2005 and will have results from the aviation integration study.

We will also have pilot programs we intend to put into play, as developed through the Naval Reserve Appreciative Inquiry Summit held in San Diego in July. In total, I believe the changes that these events will produce will be to our benefit—but whatever the outcome, we must keep our vision of "Support to the Fleet" in mind.

We have all been involved in welcoming home our folks who have represented us so very well during Operations Noble Eagle, Enduring Freedom and Iraqi Freedom. I have looked into the eyes of those who went off to serve and while some of them had better experiences than others, all of them have had an experience that they will tell to their grandchildren. They can be justifiably proud of their performance and the way they represented our country. I could not be more proud of their performance. Please thank them for what they did for all of us. Their service during this critical time of our nation's history is the ultimate service to the fleet.

Have a great Navy month and keep looking out for each other.

J. B. TOTUSHEK
Vice Admiral, U.S. Naval Reserve

the Naval Reservist

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Special thanks for significant support to the August issue production goes to Naval Reservist JO1 Douglas Mappin of NR NAVINFO MW Det. 113 at NAVRESCEN Chicago, Ill.

The Naval Reservist (TNR, formerly Naval Reservist News) is an authorized publication for members of the Department of Defense (DoD). Contents are not necessarily the official views of, or endorsed by, the U.S. Government, DoD or the U.S. Navy.

This monthly newspaper is prepared by the Public Affairs Office of Commander, Naval Reserve Force, located at NSA New Orleans, La.

Contributors may send news and images to The Naval Re-

servist, COMNAVRESFOR (NOOP), 4400 Dauphine Street, New Orleans, LA 70146-5046.

Contributors can also e-mail navresfor_tnr@navy.mil or fax to DSN 678-1925 or (504) 678-1925. Phone is (504) 678-6058 or DSN 678-6058.

Submission deadline for stories is five weeks prior to month of publication—i.e., Sept. 23 for consideration in the October issue.

The Naval Reservist seeks action photos throughout each month. Color images of junior Reserve Sailors (glossy prints or high-resolution digitals, 300 dpi) that tell a story of Reserve training or support to the fleet are needed for current and future issues.

Articles and pictures will not be returned.
NEWS ONLINE

- The Naval Reservist current and past issues can be accessed online at <http://reserves.navy.mil>.
- Naval Reserve News Service [electronic wire service] can be accessed online at <http://reserves.navy.mil>.
- Naval Reserve NewsStand, a Web site featuring Reserve news and photos, plus links to Navy Fleet pages, can be viewed at www.news.navy.mil/local/nrf.

CHANGE OF ADDRESS

Selected Reservists with address changes need to provide updates to their database diary entry (via their unit commanding officer) to Full Time Support personnel at local Naval Reserve Activities. Other change-of-address requests should be accompanied by a mail label from The Naval Reservist.

Denver Reservists celebrate Navy family day

BUCKLEY AIR FORCE BASE, Colo.—Reservists and their families often sacrifice family time when Sailors drill and train to be ready for mobilization. In June, Naval Reservists in Colorado took a day to thank their families for their sacrifice.

On June 21, more than 1,100 Sailors and dependents participated in a Family Day event for families of Reservists and staff assigned to Naval and Marine Corps Reserve Center (NAVMARCORESCEN) Denver and Naval Air Reserve Center (NARCEN) Denver.

"This was a very worthwhile event and I would like to see these types of things happen more often," said HT1 John Breckenridge NAVMARCORESCEN Denver Sailor of the Year. "Not only did our families get some idea of what help would be available to them should we get mobilized, it was also good to meet each other's families and have some good fun at the same time."

Dependents were first briefed to familiarize themselves

with the nature of being in a military family. Command ombudsman Denna Briggs welcomed families and started briefings, which covered Family Services and TRICARE programs that Reserve families might need when a member is mobilized.

After briefings, families were given a tour of the center, which included one of the few damage control wet trainers available to Naval Reservists.

The highlight of the day came at 1:00 p.m. when a SEAL team demonstrated a hostage rescue operation in a building at the lake.

With more than 1,000 Sailors, dependents and local media eagerly watching, the SEAL Team fast-roped from a hovering UH-60 Blackhawk helicopter and moved to assault the building. Suddenly, as the team advanced on the building, a man holding a weapon ran around from the back and the SEAL Team and opened fire, with blanks, and the man fell.

Door by door, the team checked each room until they

found the "captive" Sailor and carried her away from the building. As they moved back to the landing zone, the last SEAL out began throwing "flash-bang" grenades into the field on the opposite side of the onlookers, startling and exciting the crowd.

After "securing" the landing zone, the Blackhawk landed, the team boarded and the chopper stormed off with the rescued "captive" to the applause of the audience.

"This is one of the best-run evolutions of this type I have seen in a long time," said CAPT Steve Sharkey, commanding officer of NR Commander Naval Forces Europe Det. "I can tell a great deal of effort went into this. It was great for morale."—FC3 Theodore W. Sell

Reservists at GTMO



Photo by JOSN David P. Coleman

TRAINING—JOC(SS) John F. Williams has pepper spray washed from his eyes following non-lethal weapons training at Camp America in Guantanamo Bay, Cuba, on June 4, 2003.



Photo by JOSN David P. Coleman

LOOKOUT—IT1 Billy Griffin surveys the coastline at a lookout coastal watcher site in Guantanamo Bay, Cuba. Griffin is a member of Mobile Inshore Undersea Warfare 212, a Reserve unit from Gulfport, Miss. The unit was mobilized in November 2002 for one year.



Photo by JOSN David P. Coleman

WARFIGHTER—BM2 Julian Quiroz defends the coastline with an M-16 during a general quarters drill at a lookout coastal watcher site in Guantanamo Bay. Quiroz is a member of Mobile Inshore Undersea Warfare 212, a Reserve unit from Gulfport, Miss.



Photo by JOSN David P. Coleman

CONSTRUCTION—EO3 Don Schrader stockpiles fine-crushed rock with a front-end loader at the rock crusher at Naval Base Guantanamo Bay. The rock crusher crushes over 100 tons of rock per hour. Schrader is a Seabee attached to NMCB 21, a Reserve unit based in Lakehurst, N.J., deployed to Guantanamo Bay for one year.

FAMILY FOCUS



Yonna Diggs
Force Ombudsman-At-Large

When a Reservist is mobilized or deployed, this could have an effect on the family's overall income. Did you know there is assistance available at the Fleet and Family Support Centers?

The Spouse Employment Assistance Program is designed to aid military spouses in pursuing their career goals and to provide leads on employment opportunities. Spouse employment specialists are trained counselors in all aspects of job search who can even assist spouses in the federal resume process.

Today's focus is on careers, rather than "just a job" for the military spouse. Here are some resources available on the Internet with additional information on career assistance for

military spouses:

- DoD Job Search: <http://dod.jobsearch.org>. Features want ads, resume writing and referral systems.
- One-Stop Jobs: (part of the MAPsite Employment Station)—<http://dticaw.dtic.mil/mapsite/onestop.html>. Provides a single listing of major DoD and military component organizations employment Web sites and a selection commercial employment Web sites.
- Transition Bulletin Board: www.dmdc.osd.mil/ot/. Lists job want ads and other useful information.
- DoD Transportal: www.dodtransportal.org. Although primarily for separating military personnel, contains resources of value for any military family member seeking a job.
- Military Assistance Program Central: <http://dtica.dtic.mil/mapcentral>. An online guide, rich in policy and information resources for spouse employment professionals.
- Military Spouse Resource Center: <http://milspouse.org/>.

Provides easy access to information, resources and opportunities related to education, training and employment.

- Lifelines: www.lifelines2000.org. Has information and resources available to assist military spouses in their job search, including interesting articles that deal with all aspects of the job search.

Remember, that the Internet is good for researching information, but networking with professionals in the field and people whom you know is most effective way of finding employment.

Contact your local ombudsman or Fleet and Family Support Center for additional information on "Spouse Employment Assistance Program."

If you would like to contact me for additional information or comments about the ombudsman program, please e-mail me at Yonna.Diggs@cnet.navy.mil.

Need a lift? Fleet Logistics Squadron delivers

U.S. CENTRAL COMMAND AOR—As summer months in the Arabian Gulf begin, the crew of Fleet Logistics Squadron 54 (VR-54) has arrived on schedule and prepares to get busy. With military operations in Iraq drawing to a close, personnel and equipment are ready to head home.

Thousands of tents that many have called home are finally coming down and heavy equipment, disassembled and returned to its respective crate, waits to be shipped stateside. As loaded cargo pallets begin accumulating at airports, the call goes out to one of the Navy's own express delivery service: in this case, VR-54.

VR-54 maintains a busy schedule meeting the daily demands for moving supplies. Flying one or two C-130s, seven days a week, each plane is capable of delivering one to eight tons of cargo. The squadron's daily delivery and pickup schedule often covers thousands of miles in the Arabian Gulf region.

In times of peace or war, VR-54's primary responsibility is transporting of parts, parcels and personnel throughout the world. From vehicles to equipment, food to mail and anything else that might be necessary to keep a military unit operational, VR-54 delivers the goods.

"We haul it all," said LCDR James Perry, a VR-54 pilot.

The Naval Reserve Fleet Logistical Support Wing is the Navy's primary lift provider. VR-54, based at Naval Air Station Joint Reserve Base New Orleans, is one of 14 VR squadrons stationed throughout the United States. Since 1991, when VR-54 was re-commissioned during Operation Desert Storm, the squadron has moved millions of pounds of cargo worldwide.

Being a part of the support wing, VR-54 only performs cargo hauling within a specific Area of Responsibility (AOR). Cargo destined for locations outside the AOR is delivered to a main warehouse for subsequent transportation using other larger VR assets.

"Camp Herc" is VR-54's home-away-from-home in the Arabian Gulf. Consisting of several small trailers located on the airport's

tarmac, Camp Herc forms office space for the squadron's pilots and mechanics. The facilities are a big improvement over those available just two years ago.

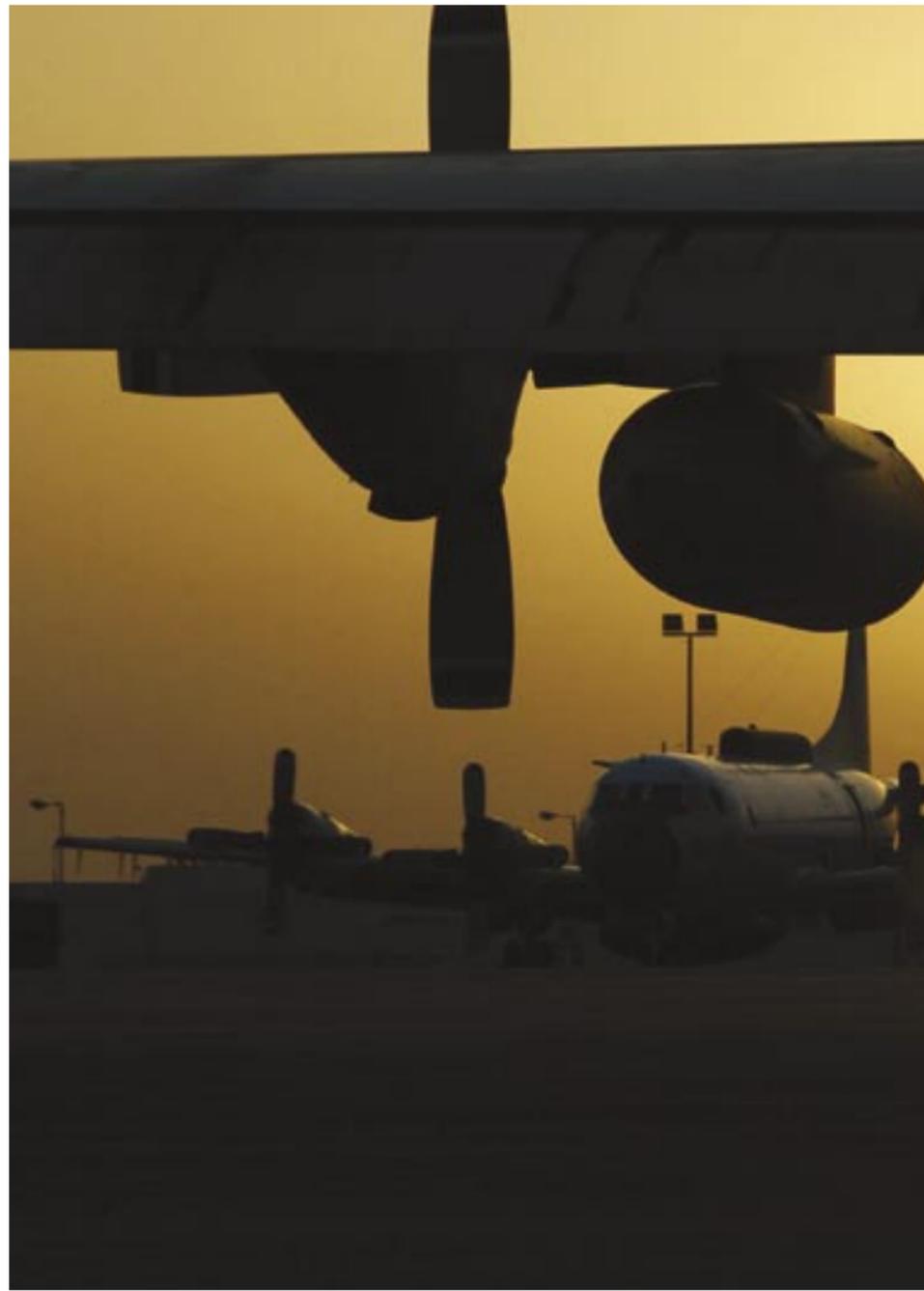
"Back in 2001, all we had was a small metal shack without air conditioning," said AT1 Phoebe Oliver, VR-54's maintenance controller. "With temperatures during the summer months exceeding 110 degrees, it was sometimes unbearable to work. With these new facilities, we can keep working even during the hottest of days. Now we can plan our day's work schedules, submit flight plans and place orders for replacement parts in comfort."

Crews attached to VR-54 include pilots, flight engineers, loadmasters and mechanics. "Maintainers" flight engineers keep planes flying and each mechanic has specific training in one or more areas of the C-130's mechanical and electrical systems. In two separate shifts, the maintainers are the first to arrive in the morning and the last to leave at night. Maintainers are always available to make on-the-spot repairs, perform post flight maintenance checks after every flight and address any mechanical problems noted during the day's mission. With VR-54's aggressive schedule, planes must be kept in the air to the maximum extent possible without compromising safety.

VR-54 shares duty in the Arabian Gulf with other VR squadrons. Each one is in the region a few months a year.

"We're on a rotational basis with the other VR Squadrons," said ATC Mark Johnson, a loadmaster with VR-54. "Our turn in the Arabian Gulf this year was May through July. After that we start flying cargo out of Italy. After a few months there, then it's on to Japan. After Japan, it's back to the Gulf. With that schedule and seeing different cultures and climates, it never gets boring."

—UT3 Ken Irwin, COMNAVRESFOR Public Affairs



CENTRAL COMMAND AOR—As the sun falls below the horizon, the crew of VR-54 secures their C-



Photo by UT3 Ken Irwin

CENTRAL COMMAND AOR—VR-54 pilot LCDR Geoffrey Ellsworth and loadmaster AO2 Correy Retzliff take a break while waiting for pallets of cargo to arrive for loading onto the squadron's C-130.



CENTRAL COMMAND AOR—AD3 Donald Craver, VR-54 aircraft mechanic, poses for a photo during his one-week detachment to the Arabian Gulf. Craver and 15 other "maintainers" arrived



Photo by UT3 Ken Irwin

C-130 for the night after a long day of delivering several tons of cargo throughout the Arabian Gulf.



Photo by UT3 Ken Irwin

CENTRAL COMMAND AOR—The flight crew of VR-54 flight receives a send-off from the squadron's ground crew as they begin the long journey from Naval Air Station Joint Reserve Base New Orleans to the Arabian Gulf in support of Operation Enduring Freedom. The crew conducted cargo delivery operations throughout the Middle East.



Photo by UT3 Ken Irwin

A flight engineer performs a post-flight maintenance check on a C-130 Hercules engine during a four-day mission in the Gulf during the month of June in support of Operation Enduring Freedom.

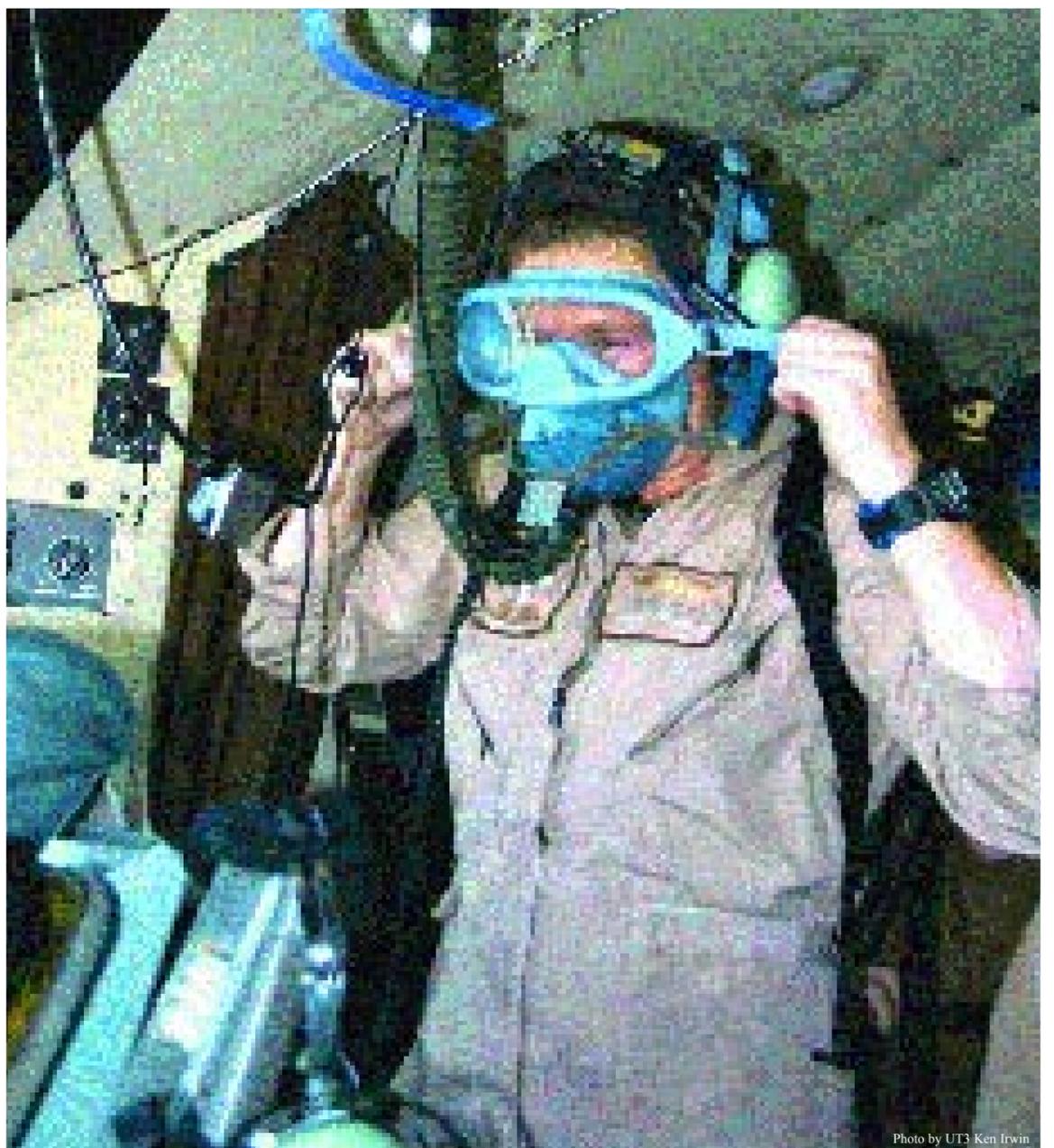


Photo by UT3 Ken Irwin

CENTRAL COMMAND AOR—VR-54 flight engineer AE1 Doris Leininger checks emergency oxygen masks as part of the pre-flight check performed before the start of the day's cargo delivery missions in the Arabian Gulf. The VR squadron delivers cargo throughout the Middle East in support of Operation Iraqi Freedom.

TRAINING

A.I. Summit

Continued from page 1

envision an ideal future scenario of the Naval Reserve Force they most want. After that, planning sessions and presentations followed, along with periodic feedback from other groups. Once ideas were distilled down to a core focus, implementation plans were devised. Fourteen initiatives were generated from this summit. Full descriptions and progress on these are posted at <http://reserves.navy.mil>:

- Educating SELRES on Navy initiatives
- Enhancing Active Component understanding of the Naval Reserve
- Sea Power 21 Requirements
- Naval Reserve role in the Navy's Homeland Defense Mission
- Innovative employment concepts for Reserves
- Integrated personnel management
- Enhanced training approaches
- Improved training technologies
- Continuum, success from accession to retirement and beyond
- Equitable benefits for Sailors
- Streamlined access to Reservists
- ESGR and family support
- Streamlining Reserve Centers
- Relevant Relay

—JO2 Mike Miller, NAVRESCEN Avoca Public Affairs

How can I fix my SGLI after mobilization?

If you experience problems with your Serviceman's Life Insurance (SGLI) or Family SGLI, please see the personnel office at your local Naval Reserve Activity to log a service request. They can get your problem solved and refund processed in less than 30 days.

—PNCS(SW) Darren M. Darby, Reserve Pay Assistance Team Leader, COMNAVRESFOR N11



Photo by JO1 Brigitte Barnes

RIOT CONTROL—Members of NMCB 23's Reactionary Team confront protesters on their lines during a riot control drill at Camp Lejeune, N.C. The drill is part of Sharp Wedge 2003, an annual exercise designed to test military and construction skills of Reserve units of the Naval Construction Force to meet operational capability of supporting a MAGTAF in a contingency environment.

OPPORTUNITIES

Warfighter Response Center

The Naval Air Warfighter Response Center needs Naval Reserve officers, chief petty officers and experienced petty officers to support a unit currently deployed to Southwest Asia on the front lines of Operation Enduring Freedom.

Priority will be given to candidates with operational or intelligence backgrounds who are highly experienced with computers, communications equipment and joint operations.

Reservists selected for 179-day ADSW orders (to be funded by the Warfighter Response Center) will have a start date of Oct. 6. Prospective candidates may contact Randy Persico or Tim Crosby at 1-866-WPNS-R-US or (760) 939-5333 by Sept. 8 to set up interviews.

Security Group Linguists

Reservists who can speak and read foreign languages are needed to support the Naval Reserve Security Group in the Global War on Terrorism. Middle Eastern languages are in demand.

Reservists who are interested in serving as an NRS GC linguist or in Cryptologic Technician ratings may contact CTISC D'Angelo toll-free at 1-800-213-4418 (press option 2), DSN 678-4208 or (504) 678-4208, e-mail mfdangelo@nrsg.navy.mil.

For more about NRS GC opportunities, visit www.nrsg.navy.mil.

Naval Historical Center

The Naval Historical Center, Operational Archives Branch, Wash., D.C., has AT opportunities throughout the year for E-5 to E-7 and junior officers interested in naval history to help process records documenting current history of the Navy. Clearance of Secret or above is required. For further information, contact Kathy Lloyd or Wade Wyckoff at 202-433-3224 or by e-mail wade.wyckoff@navy.mil.

Management Seminar

The Naval Reserve Professional Development Center will host the Naval Reserve Advanced Management Seminar (NRAMS) Nov. 17-21 in New Orleans.

The NRAMS selection board will select officers (O-5/O-6) from a broad range of communities to afford a greater understanding of Navy and DoD policies and budgeting processes across the entire spectrum of Naval Reserve senior leadership.

Selectees are encouraged to attend NRAMS on Annual Training. Active Duty for Training orders will be considered on a case-by-case basis for personnel in a pay status and for voluntary training unit members. TAR officers must be funded by their parent commands.

Application deadline is Aug. 22. Fax and e-mail transmittals in lieu of paper mailings encouraged. Details are in COMNAVRESFOR message 071700Z JUL 03.

TRAVEL

NOWS Becomes NROWS

The New Order Writing System is now over a year old and its acronym is changing to NROWS, which stands for Naval Reserve Order Writing System.

Don't Let This Happen To You

A traveler arrived at an airport and was told at the counter that he needed paper tickets. The traveler called the N33 travel counselor number and found out the tickets had been sent via Federal Express three weeks earlier to his old residence. The traveler also found out there was no way to get the required travel paid for and re-booked so he could execute the orders.

How can this be avoided? Read your itinerary carefully. The itinerary states what type of ticket has been issued. SATO uses FEDEX to send paper tickets to Reservists. FEDEX does not require a signature and will leave a ticket at the residence even if no one is home (if you never use your front door, and the FEDEX man leaves your tickets between the screen door and the main door... it has happened).

When submitting your order application in NROWS, use the second page, which has both a permanent mailing address and a field to enter an alternate address for airline ticket delivery.

Approximately 15-20% of SATOs airline tickets are paper tickets. There are numerous reasons for using paper tickets, not all of them driven by SATO but by the airlines themselves. Do not assume that you will get an e-ticket just because you are traveling within CONUS.

Travel Information

Please visit the State Department travel warning Web site at <http://Travel.state.gov/> for up-to-date on travel warnings prior to embarking on any overseas travel.

CNRFC N33 Travel Specialists can be reached at 1-877-583-8671. Please e-mail your comments, suggestions or questions to william.tower@navy.mil.—CDR Bill Tower, Director, Force Travel

WHAT'S NEW

| Issue | Summary | References |
|--|--|----------------------------|
| Open Designators for FY 05 Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) Programs | Top-notch Naval Reservists (including members of Voluntary Training Units) are invited to apply for LDO and CWO programs. Outstanding senior enlisted personnel can compete for a Naval Reserve commission without a college degree. Details on the programs and application processes, as well as a list of open designators needed, are in NAVADMIN 185/03. All application packages must be postmarked no later than Oct. 15. | NAVADMIN 185/03 |
| Officer Retirement Policy | Continued high retention and reduced attrition in the officer corps allows the Navy to reduce retirement time-in-grade requirements for captains and commanders from not less than three years to not less than two years. This reduction applies to all retirement-eligible active duty officers, including USN, TAR and SELRES. It contributes to ongoing efforts to shape the force for the future. | NAVADMIN 180/03 |
| Commander Naval Reserve Force Policy Board | The 2004 Commander, Naval Reserve Force Policy Board will convene Mar. 14 -19. The board seeks: (1) nominations of officer and enlisted members to serve on the board, and (2) recommendations for improvements or changes that would benefit the entire Naval Reserve Force. Drilling Reservists, active duty and others within the COMNAVRESFOR claimancy are invited to submit nominations and suggestions via their local chains of command. | COMNAVRESFOR 071500 JUL 03 |
| Navy Knowledge Online (NKO) Update | Ongoing NKO improvements include significant new NKO content and capabilities. Users are encouraged to review the "What's New" channel on the NKO home page at least once a week. | NAVADMIN 181/03 |

* VIEW MESSAGES ONLINE—Reservists can view some messages on the Internet. For Navy ALNAVs and NAVADMINs, go to Web site www.bupers.navy.mil and select "messages." For Reserve ALNAVRESFORs, go to <http://reserves.navy.mil>.

Correction: Our new e-mail address is navresfor_tnr@navy.mil.

AROUND THE FLEET



SN Boris V. Itkis [above] is reflected in a signal light as he stands watch in February on the signal bridge of USS Boxer (LHD 4). Boxer and embarked Marines are deployed in support of Operation Enduring Freedom.

A Marine Aviation Maintenance Mechanic visually checks rotor locks on a CH-53E helicopter aboard USS Kearsarge (LHD 3) prior to flight. Kearsarge was deployed to the Arabian Gulf in support of Operation Iraqi Freedom.



What advantages will Reservists have using NMCI?

The Navy-Marine Corps Intranet debuted in October 2001, with Naval Reserve command NAF Washington as the first Navy command to connect to this service-wide system. To date, 150 of the 182 Reserve shore installations, have installed NMCI and remaining sites are scheduled to migrate to NMCI by Oct. 1.

Reservists and their gaining commands will benefit from NMCI in several significant ways.

- By Oct. 1, nearly all drilling Reservists, TAR and Full Time Support personnel will have an NMCI account; a waiver is being reviewed for IRR personnel. Everyone's e-mail address will simply be `firstname.lastname@navy.mil`, making it easy and logical to search the global address book.
- Reservists will have access to their e-mail, electronic address book and files on any NMCI machine, and access to their NMCI e-mail from authorized home computers or laptops. This will enable Reservists to stay connected and have access to critical documents and tools between drill periods and when traveling from one duty station to another, without using commercial accounts or having to establish a unique account at a new gaining command.
- To use NMCI computers or access NMCI from home computers and laptops, the computer must be outfitted with a DoD-issued Common Access Card (CAC) reader, available for issue (no cost to the Reservist) from COMNAVRESFORCOM. The Reservist must have a DoD-issued CAC and associated pin number, both produced at local PSDs.
- Additionally, as part of the NMCI service agreement, a firewall and virus protection software can be downloaded (and updated periodically) at no cost to Reservists for their home computers or laptops. The use of these two protection measures is a requirement for home computer and laptop use with NMCI.

—COMNAVRESFOR Public Affairs

REDCOM ROUNDUP



REDCOM Northeast

NEWPORT, R.I.—REDCOM Northeast personnel were given an annual cholesterol and glucose check by the Health Promotions unit of Naval Station Newport, R.I. Screening is critical for prevention of two of the biggest killers in the country. After results are reviewed, a dietician will return to counsel individuals on how to prevent high cholesterol and how to lower risks.—JO1(SW/AW) Steven Bansbach, REDCOM Northeast Public Affairs

BRUNSWICK, Maine—Four Sailors from Naval Air Reserve (NAR) Brunswick turned out for an all-day volunteer effort with the Bath-Brunswick Habitat for Humanity. The Sailors sought out the volunteer opportunity in which Habitat for Humanity builds and rehabilitates simple, decent houses that are sold at no profit and financed with affordable, no-interest loans. The homeowners' monthly mortgage payments are then used to build more houses.—JO1 Jeremy Allen, NAR Brunswick Public Affairs

NEWPORT, R.I.—Naval Reservists were among participants in Fleet Battle Experiment (FBE) Kilo at the Navy Warfare Development Command. FBE-Kilo was a joint warfighting experiment including both live field forces and computer simulation. Naval Reservists were among 8,000 participants controlling the experiment and directing simulation from a state-of-the-art modeling and simulation lab. This provided experimenters with enhanced flexibility while enabling more activities to take place in a shorter time frame.—ENS Anna-Marie Janning, NIB 101 Northeast



REDCOM Mid-Atlantic

RICHMOND, Va.—Six storekeepers from Naval Reserve Fleet and Industrial Supply Center (FISC) Norfolk Det. 207 mobilized from NAVMARCORESCEN Richmond, Va., to augment Advanced Trace Ability and Control (ATAC) personnel in Bahrain. The group expertly handled depot-level repairable retrograde material, processing more than 2,400 items in their first 30 days in Bahrain.—LT John Robinson, Naval Reserve Fleet and Industrial Supply Center



REDCOM Southeast

JACKSONVILLE, Fla.—REDCOM Southeast won the 2002 Golden Helm Retention Award for achieving the highest level of command retention program performance. Tools used by REDCOM Southeast include routine career development boards for all Sailors, mentoring programs and special communication tools such as the "Monopolize Your Career" Web site created by REDCOM Southeast. Golden Helm Awards, sponsored by the Naval Reserve

Association, are given to commands throughout the Naval Reserve Force.—JO2 Jennifer Valdivia, REDCOM Southeast Public Affairs

CHARLESTON, S.C.—Atlantic Ordnance Command (LANTORDCOM) recently conducted ordnance exercise ORDEX-03 Charleston in preparation for possible deployment in support of Operation Iraqi Freedom. Sailors from seven Reserve centers, Cargo Handling Battalion Four and LANTORDCOM headquarters converged on Naval Weapons Station Charleston, S.C., for the two-day ORDEX-03 Charleston. The exercise is critical in preparation for LANTORDCOM's Deployable Ammunition Reporting Teams and Deployable Ammunition Handling Teams because they don't just deliver the goods, they bring them home, too. Unexpended ordnance must be carefully inventoried, properly stowed and transported back to the United States and other parts of the world for possible contingencies.—JO2 Mike Miller, NAVRESCEN Avoca Public Affairs



REDCOM Mid-West

DETROIT—Naval Reservists of Naval Mobile Construction Battalion (NMCB) 26 not deployed in support of Operation Iraqi Freedom went above and beyond the call of duty to support families of their shipmates who were deployed. Groups of families held gatherings in the area to socialize, keep informed and provide emotional support. Spouses volunteered to serve as family liaisons, and e-mail kept communication lines open. Sailors of NMCB 26 were mobilized to Rota, Spain, to backfill for NMCB 5, an active duty battalion which was forward deployed.—JO3 Dan Heaton, NIB Det. 813



REDCOM Mid-South

ATLANTA—Members of Commander, Eastern Atlantic Det. 108 (COMEASTLANT 108) of NAVMARCORESCEN Atlanta are bridging the 4,000-mile gap across the Atlantic Ocean that separates them from their gaining command. The unit has realigned to provide ongoing contributory support [to NATO]. Every month the Reservists provide more than 100 man-hours toward the same kinds of duty that permanent staff undertakes.—JO2 Christine Hannon, NIB Det. 108



REDCOM South

INGLESIDE, Texas—MA1 Tim Fite, a mobilized Naval Reservist, is making the most of his active duty work. Fite has been hitting the books while serving with the Naval Station Ingleside Security Department as its leading petty officer. He has earned an associate's degree from St. Leo University and

an additional 115 semester hours toward his bachelor's degree in criminology. Fite will soon return to his duties with the Harris County Sheriff's Department in Houston, where he plans to finish his degree via online education.—Mike Antoine, Naval Station Ingleside Public Affairs

CORPUS CHRISTI, Texas—Naval Reservists engaged in Operation Solid Curtain 03 recently in Texas. The anti-terrorism/force protection exercise involved a unique blend of scenarios to test trainers, safety observers and force protection personnel. Many Naval Reservists who engaged in the exercise brought specialized skills from their civilian employment. Exercise planners deemed the exercise a great success with immediate payoffs by providing realistic, hands-on training to force protection personnel.—LT Robert T. Lyon, CNATRA Public Affairs Office

INGLESIDE, Texas—Naval Reserve Force ship USS Defender (MCM 2) welcomed members of the USS Zeal (AM 131) Association aboard as part of the organization's visit to the "Mine Warfare Center of Excellence." The former World War II and Korean War Sailors and their family members toured the ship and other facilities as part of their annual reunion.—Mike Antoine, Naval Station Ingleside Public Affairs



REDCOM Northwest

FORT CARSON, Colo.—NAVRESCEN Fort Carson, Colo., recently conducted a simulated attack scenario. In the scenario, the center was considered to be a ship. Medical response teams quickly answered the call for a mass casualty drill. Personnel from Fleet Hospital Minneapolis Det. 5 initiated triage and delivered medical care to casualty victims. The exercise was deemed a success and plans are already underway for another evolution for the January drill weekend.—NIB Det. 118

Roundup News Wanted:

"Roundup" stories are excerpted from Naval Reserve News Service, an e-mail news source for Reservists. Individuals desiring to subscribe to NRNS may do so by e-mail to `paolist@hq.cnrf.navy.mil`. To subscribe, place the following in the subject line of the e-mail: `join nrnews service@hq.cnrf.navy.mil`, followed by your e-mail address. Example: `join nrnews service@hq.cnrf.navy.mil, emailaccount@yourdomain.com`. Note: Do not place other information anywhere in the e-mail, including the body of e-mail messages.

If your subscription is successful, you will receive notification via email response from the server.

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NAVAL RESERVE
STAY STRONG

Recruiting profiles Reservists featured in new ad campaign

Eighteen Reservists have been selected for Naval Reserve Recruiting ads featured in publications across the nation this year and next. Beginning this fall, each of these 18 Reservists will also have a profile online. Here is the profile of MR3 David Padilla, featured above:

Name: David Padilla

Rank: E-4

Rating: MR3

What is your civilian occupation? Deputy Sheriff

What is the name of your employer and where? San Mateo County California Sheriff's Office

What are your responsibilities? Currently, assigned to the custody division in the county jail, monitoring approximately 96 inmates.

Any interesting incidents you've done in your civilian job? I've seen an inmate make an escape attempt, and I have been attacked a few times by inmates.

To which Reserve center are you attached? NAVMARCORESCEN Alameda, Calif.

Unit? Command Submarine Group 9, Force Protection Det. 2, Submarine Base Bangor, Wash.

Why did you submit a package to be in the ad campaign? Some of my shipmates thought I would be a good representative for the Naval Reserve.

What did you think when you were picked? "WOW!" I didn't think I had the look, but I guess someone thought I did. I was pretty excited.

How was the photo experience? It was different than anything I'd ever done in the military. I felt important

What was the most fun? Other than being in San Diego, having the photo shoot taking place where the setting was in the middle of a big city.

Why did you join the Naval Reserve? When I got discharged from the Coast Guard I did not want to detach myself from the military. So I joined the Naval Reserve.

What has been your experience as a Reservist? Highlights? Deployments? There is a lot of weapons training during drill weekends. I've been awarded the "Blue Jacket of the Quarter" for NAVMARCORESCEN, a "Letter of Appreciation"

from the commanding officer of a submarine after an actual operational deployment; and a Letter of Commendation from an admiral. I've been deployed to Seattle; Valdez, Alaska; Vallejo and Concord, Calif.; and soon I will be attached to an MIUW Unit heading for the Arabian Gulf for a year. I've also met some great new friends.

What do your family/friends think about you being in an ad campaign? I don't think my mother could be any more proud of me. I get the same feeling from my older brother, who's in the Army, and younger brother, who's a junior in high school. My younger brother tells me that he can't wait to graduate and join the military.

How long have you been in the Reserves? Four-and-a-half years active duty Coast Guard, two years Naval Reserve.

What is the best thing about being a Reservist? Being able to tell people who ask, "I'm in the Naval Reserve."

—Naval Reserve Recruiting Command Public Affairs