

# The NAVY RESERVIST

SUPPORT TO THE FLEET...READY AND FULLY INTEGRATED

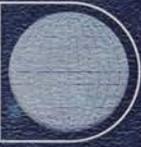
Volume 31, Number 1  
January 2005



## ALMANAC 2005



YOUR NAVY  
INFORMATION RESOURCE





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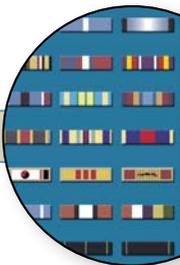


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**Vice Adm. John G. Cotton**  
Commander, Navy Reserve Force

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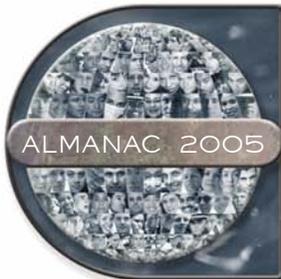
*The Navy Reservist* seeks action photos of Navy Reservists (minimum 300 dpi digital slides or negatives) that tell a story of Reserve training or support to the fleet. Please provide full identification of all individuals in the photograph to include their respective rate, rank and command. Photos should also include a visual information record identification number or VIRIN. Information about VIRINs is available online at [www.mediacen.navy.mil/vi/virin.htm](http://www.mediacen.navy.mil/vi/virin.htm). Submissions should be received three weeks prior to publication month (i.e. November 10 for the December issue). Material will not be returned.

**NEWS ONLINE**

*The Navy Reservist* and the *Navy Reserve News Service* [electronic wire service] current and past issues can be accessed online at <http://navalreserve.navy.mil>. Navy Reserve News Stand, a Web site featuring Navy Reserve news and photos, plus links to Navy Fleet pages, can be viewed at [www.news.navy.mil/local/nrf](http://www.news.navy.mil/local/nrf).

**CHANGE OF ADDRESS**

Selected Reservists with address changes need to provide updates to their database diary entry to Full Time Support personnel at local Naval Reserve Activities. Individuals who are not Selected Reservists and need to change their address should mail their request, along with a copy of their mailing label, to *The Navy Reservist*.



# WELCOME ABOARD!

## • COMMANDER'S VIEW



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VICE ADM. JOHN G. COTTON

COMMANDER, NAVY RESERVE FORCE

**H**appy New Year! Our Navy Reserve Force achieved great success in 2004 providing integrated and relevant operational support to the Fleet.

Over 83,000 Navy Reservists are engaged 24/7/365 worldwide for the Global War on Terrorism (GWOT) with every Navy command and within every Sea Power 21 capability. Over 26,000 of our talented Sailors have been mobilized since we were attacked on 9/11, and over 22,000 are on operational support orders each week. The Navy's Reserve Component (RC) has made tremendous contributions to the GWOT, and continues to align capabilities, based on both military and civilian skillsets, with the Active Component (AC). Thanks to the relationships that our Reserve Unit COs have established and maintain with their supported commands, our Force provides much more integrated warfighting wholeness and increased return on investment for the taxpayers. Whether deployed for the "away" game fighting the GWOT, or at supported commands for the "home" game, your dedication is greatly appreciated and our Navy is better because of your service. Our nation is at war and each and every one of you must remain vigilant and ready to serve. Thanks for making a difference each and every day for the Navy, for our Nation and for our future.

This is our annual "Almanac" issue, in this issue you'll find updates to such programs as TRICARE, resource links for professional military education, checklists for mobilization, a ribbon/medal precedence chart, and on the back, a list

of our Reserve Activity and Operational Support Officer (OSO) duty phone numbers, plus more. We continue to strive towards making every issue an extremely useful and attractive resource that you'll keep and use. Please let our Public Affairs office know if there is any content we should add/remove to help better inform our Force, families and employers.

GWOT requirements for Navy Reservists will increase this year as we mobilize and train Sailors in new missions and continue to utilize their special skillsets to support the Combatant Commanders.

For example, over 400



RC Sailors from over 60 Navy Reserve Activities are being trained as customs inspectors and will deploy to CENTCOM this month. Over 380 RC medical personnel are mobilizing from 47 states in support of normal force rotation plans to relieve medical personnel in Kuwait. As we have learned from experience, extensive pre-deployment planning is making this training and transition go smoothly, with emphasis on communications with Sailors, employers and families.

### AROUND THE FLEET

During our recent trip to

the CENTCOM AOR, we were privileged to visit the USS Harry S. Truman (CVN 75), with Carrier Air Wing (CVW) 14 embarked, while underway and conducting flight operations in the Arabian Gulf. We visited with many Sailors, including two recalled Reservists who are enjoying the good Navy life at sea. Personalman (PN) 1<sup>st</sup> Class Robbie Smith hails from Buford, S.C., and has been on the Truman for a year. His goal is to make chief and to continue to serve while making the world safe for his wife and four daughters. Yeoman (YN) 1<sup>st</sup> Class Rob Hudson was mobilized in Feb. 4, 2004, from NMCRC Charlotte, N.C.,

19 years and fondly remembers a command "Team Player" award he received in 1999 from Navy Cargo Handling Battalion (NCHB) 4. His role models are ET1 Mike Frey and Cmdr. Keith Crockett, and he's proud to be "movin' cargo!"

Back in Nashville, Tenn., we were privileged to ride with YN2 Jason Jackson, our driver for the weekend, and he told us about all the dedicated reservists he works with at the best Operational Support Center in the Southeast. This is his first experience with the RC and credits his mentor, YN1 Albert Johnson, with teaching him a lot. He's not worried about advancement...he says

**Admiral's Call**  
Vice Adm. John G. Cotton visits Navy Reserve Seabees assigned to Naval Construction Battalion Two Three (NMCB-23) at Al Asad airfield, Iraq during the Thanksgiving holiday. The Seabees have been one of the largest Navy Reserve communities recalled to support operations in Iraq.

U.S. Navy photo by  
Photographer's Mate 2nd Class  
Michael D. Heckman

for two years. He also wants to make chief and to make the Navy a career. He says that he's never been happier than while serving aboard the Truman.

In Kuwait, we talked with Store Keeper (SK) 1<sup>st</sup> Class Julianna Stuver, from Milwaukee, proudly serving with Naval Expeditionary Logistics Support Force (NAVELSF) Forward "B", loading and unloading war supplies. Her mentor is YNC Tracy McDonald, a "people Chief," and she would like to follow in the same footsteps. Electronics Technician (ET) 2<sup>nd</sup> Class Curtis Wise has served for

that will come as he learns, grows and achieves. We were there to retire Boatswain Mate (BM) 1<sup>st</sup> Class Bill Franklin, who proudly completed a long career of service, including duty in Vietnam, Desert Storm and Operation Noble Eagle. He personifies the citizen sailor, and we wish him fair winds and following seas.

Thank you again for "leaning forward" in 2004 to make active reserve integration a reality for every unit and sailor.

Shipmates, I wish you and your families a very happy New Year, and I look forward to seeing you around the Fleet.

# WELCOME ABOARD!

• SAILORS MATTER

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GREETINGS

FORCM/AW/NAC THOMAS W. MOBLEY

NAVY RESERVE  
FORCE MASTER CHIEF

With the beginning of 2005 we are presented with new challenges and many new opportunities.

As our country continues to fight the global war on terror more of us are being called upon to contribute our knowledge and skills to help in this joint mission. We will all be given the opportunity to serve in some capacity and excel.

Knowing we may be called to duty at any time means we must be ready. I want to be sure all of our Sailors are prepared to stand up when they are asked support this mission. This means maintaining top physical condition and engaged in a fitness program, updating your medical and dental records, and taking advantage of all the training opportunities being afforded you and your family so you are ready to deploy. Check out the ombudsman section of this month's issue to see some very helpful tips for preparing a family for deployment.

In the coming year we will see continued "Force Shaping." On many of my trips I am asked why do we need to take such efforts to reshape our Reserve Force. Chief of Naval Personnel Vice Adm. Gerry Hoewing said in August 2004, "The Navy is changing the way it approaches manpower and personnel decisions, and shaping its force to become more efficient and effective." Hoewing stressed that this reduction is not about eliminating people, but rather about eliminating jobs that either do not need to be done specifically by Sailors, or do not need to be done at all. "This Force Shaping campaign is designed to get the skill mix right for the fleet by focusing on job requirements,

not just numbers."

How many of you have been to the Navy Knowledge Online Web site, [www.nko.navy.mil](http://www.nko.navy.mil) to see where you stand in your 5 Vector Model (5VM)? The Professional Development, Personal Development and Leadership vectors each display the Skill Objects and associated tasks required of an individual in the chosen rating. Each task, when opened, features links to the associated learning event, as well as listings of related skill sets, abilities, unique knowledges and resources. NKO is also a great Web site to get many of the tools needed to prepare for the next advancement exam.

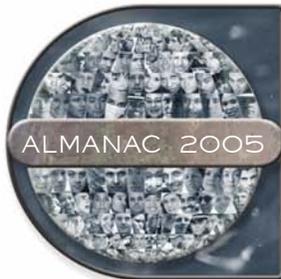
I strongly urge all of you to go to the NKO site and take advantage of all the unique tools to help further your education and your career. Many of you will be surprised how easy it is to submit the answers to completed courses and see how well you did immediately! Through the NKO website I recently completed the Fleet Business Course. This course is a real eye opener as to why we are making some changes and how they will benefit us in the coming years. I encourage everyone to take this course.

I want to see all of you move up in our Navy and doing this means hitting the books and taking advantage of any and all training opportunities made available. When a Sailor advances it isn't out of recognition of the work they have done but acknowledgement of the work they are capable of doing.



A Naval Station Pearl Harbor Ceremonial Guard folds the National Ensign during a burial ceremony, held aboard the USS Utah Memorial, for Darrell Allen, a Pearl Harbor survivor. Allen's grandson, Cryptologic Technician Operator 3rd Class Evan Allen of the amphibious assault ship USS Peleliu (LHA 5) interred the cremated remains of his grandfather, who passed away in April 2001, over the side of the memorial during Peleliu's port visit to Pearl Harbor. Darrell Allen was a Machinist Mate on the submarine USS Cachalot (SS 170), which was anchored at Berth 1, Pearl Harbor Naval Shipyard on Dec. 7, 1941. The Cachalot was one of four U.S. subs in Pearl Harbor that day.

U.S. Navy photo by Photographer's Mate  
1st Class William R. Goodwin



# OMBUDSMAN



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BY DAVID F. TUMA

CNO NAVY-WIDE FAMILY OMBUDSMAN-AT-LARGE

First, I'd like to thank you for your service to our country. You have answered the call to duty and whether you are in Iraq, Afghanistan, or a family member at home, I know your call to serve has required sacrifices from each of you. Thank you.

My passion is working with volunteers to empower our Navy families to meet the challenges of a Navy lifestyle – it is the reason I volunteered to be one of the CNO's two Navy-wide Ombudsmen-at-Large in 2000. I was on active duty in the Navy for 27 years and have been a Navy spouse for almost 14 years. My experience with the program began during my first command tour in the early 1980's and continued as a volunteer in 1997 as the ombudsman coordinator at Naval Services FamilyLine.

Most of my comments will be directed to the spouse of the reserve member; however, the entire family must work together to ensure that it is constantly ready for a successful activation and deployment.

## THE OMBUDSMAN PROGRAM

Each command should have a command ombudsman. Your previous Force Ombudsman, Yonna Diggs, was instrumental in strengthening the Reserve Ombudsman Program and in making training available to Reserve Command Ombudsmen. Your new Force Ombudsman, Desiree Tomlinson took over Dec. 4 and will continue that same outstanding service to the program. The command ombudsmen may be contacted at her E-mail, [desireetomlinson@earthlink.net](mailto:desireetomlinson@earthlink.net).

Your command ombudsman provides important information and referral services to you at all times and particularly in getting ready for a unit or individual deployments. The command ombudsman at your spouse's active-duty command should contact you and provide information and referral services to you – particularly keeping you informed about the command's activities. If the command ombudsman has not contacted you, contact them. Command ombudsmen can join my ombudsman network to get periodic information by sending an E-mail to [Ombudsmen-subscribe@yahoogroups.com](mailto:Ombudsmen-subscribe@yahoogroups.com) and they may unsubscribe at any time. Command ombudsmen, should receive the ombudsman journal from the Fleet Family Service Center (FFSC). They need to make sure they are on their FFSC's E-mail distribution list.

Reserve families face different challenges during an activation or deployment. How well you plan to meet or minimize those challenges will be important to your family. One of the most important things a family can do is develop and maintain a "Constant Readiness Plan." Such a plan will help them prepare for and manage a successful activation and deployment. The plan should cover all phases of an activation and deployment and list the areas that need to be updated for specific changes in your family – such as births, moves or changes in income. Some of which you have obtained previously. I would be interested in seeing ones you think are particularly good ([cnofamilyoal.ndw@navy.mil](mailto:cnofamilyoal.ndw@navy.mil)). I have posted them online (minus personal information), and are available for use as a template. Your commanding officer or command ombudsman

can contact your supporting FFSC, which can provide detailed information relating to all phases of deployment.

## RESOURCES FOR FAMILIES:

**YOUR SPOUSE.** Commands provide a lot of information for families to the active-duty service member. Make sure your spouse knows how important this information is to you and work out a good way for this information to be provided to you.

**YOUR COMMAND OMBUDSMEN** at your spouse's reserve unit and active-duty unit are excellent resources. Be sure you are on their family distribution lists (E-mail, telephone tree, Command Newsletter, etc.)

**NAVY ONE SOURCE** offers assistance to married Sailors and family members, as well as, single Sailors with the most simple or challenging issues. The program can give information, advice and support on a wide range of topics that include: everyday issues, parenting and child care, education, relocation, financial and legal, deployment and return, midlife and retirement, international, work, emotional well-being, grief and loss. Navy One Source has the capability to translate over 150 languages. Sailors and military family members can order no cost resource material such as booklets, audio recordings and other material to help get the answers needed in the format desired. Is your family deploying? Learn more about the "Emotional Cycle of Deployment", "Children and Deployment" or "Return and Reunion". Questions about finances? Navy One Source offers CD's or cassettes with guidance from experts in the field of finance and investment. This information is at NO COST to Navy families!

**MASTER LEVEL CONSULTANTS** answer 24/7/365 when you call toll free 800-540-4123, International 800-5404-1233 or International collect 484-530-5914.

**NAVY ONE SOURCE ON-LINE:** [www.navyonesource.com](http://www.navyonesource.com) (Initial user ID: Navy, Initial password: Sailor)

**NAVAL SERVICES FAMILYLINE** is a volunteer organization founded 1965 to help Navy families meet the challenges of a Navy lifestyle. Their offices are at the Washington Navy Yard. A free portfolio can be ordered from them with helpful information for Navy families. You may talk to a sea service spouse during normal working hours (Monday – Friday 10 a.m. – 1 p.m. EST). The Chairman of FamilyLine has been an Ombudsman-at-Large since 1985. Call toll free 877-673-7773 or commercial 202-433-2333. E-mail is [nsfamline@aol.com](mailto:nsfamline@aol.com) or check their Web site, [www.lifelines.navy.mil/Familyline](http://www.lifelines.navy.mil/Familyline).

**FLEET AND FAMILY SUPPORT CENTER.** Keep the contact information handy for the FFSC in your Navy region. Make sure their information is available and you are aware of the resources and courses available. Ask your command to see if they can visit to discuss what they offer or see what they have available online at [www.persnet.navy.mil/pers66/Pers66Web/Html/ffscdir.htm](http://www.persnet.navy.mil/pers66/Pers66Web/Html/ffscdir.htm).

### VICE ADMIRAL JOHN G. COTTON

COMMANDER, NAVY RESERVE FORCE

Vice Adm. John G. Cotton graduated from the U.S. Naval Academy in June 1973 with a degree in Aerospace Engineering. Earning his wings in October 1974, he became a third generation pilot — his father was a naval aviator and his grandfather flew with the Lafayette Flying Corps in World War I. He was forward deployed to Japan from June 1975 to April 1978 flying the A-7 Corsair II with VA-93 aboard USS Midway (CV-41), and then served on the Commander Light Attack Wing U.S. Pacific Fleet staff at NAS Lemoore, Calif., from April 1978 to January 1980.

Becoming a commercial airline pilot, he affiliated with the Naval Reserve at NAF Washington in April 1980, and later flew with VA-2082, the A-7B augment unit at NAS New Orleans. He then transferred back to NAF Washington for RF-8G reconnaissance pilot training with VFP-6366 in February 1982 and served in the Navy's last Crusader squadrons, VFP-306 and VFP-206.

Vice Adm. Cotton returned to VA-2082 in April 1987 and became Commanding Officer a year later. Moving next door to VA-204 in July 1989, he later completed FA-18 Hornet strike fighter and adversary pilot transition training in 1991. He commanded the VFA-204 River Rattlers from July 1993 to September 1994. The squadron received the 1993 CNO Safety "S" Award - completing 13 years of major mishap free operations. The squadron also received the 1994 Battle "E" award, the F. Trubee Davison award as the top reserve tailhook squadron, and a CNO Meritorious Unit Commendation.

He was Commanding Officer of NAS Keflavik 1066 at NAF Washington from October 1994 to September 1996 and received the 1995 Vice Admiral Stanley David Griggs "Excellence in Leadership" Memorial Award. In October 1996 he became Commanding Officer Navy Command Center 106 at the Pentagon and also served as an instructor at the Command Leadership School at NETC Newport, RI.

Vice Adm. Cotton's initial Flag assignment was Deputy Commander Naval Air Force U.S. Atlantic Fleet, from October 1997 to September 1999 in Norfolk, VA. Recalled to active duty from November 1997 to March 1998, he served as Deputy Commander Joint Task Force Southwest Asia, Riyadh, Saudi Arabia, supporting Operation Southern Watch and Desert Thunder.

He was again recalled to active duty from October 1999 to July 2000 as Deputy Director of Naval Reserve N095B and, in March 2000, was appointed by the Secretary of Defense to a three-year term as a member of the Reserve Forces Policy Board. In August 2000 he assumed duties as Deputy Director of Air Warfare N78B and, in October 2000, became Assistant Deputy Chief of Naval Operations Warfare Requirements and Programs N6/N7R.

Personal awards include the Legion of Merit, Defense Meritorious Service, Meritorious Service, Navy Commendation, and Navy Achievement Medals. He has more than 4,200 hours of military flight time and is a graduate of Executive and Reserve Component Programs at the Naval War College, Naval Postgraduate School, National Defense University, Army War College, Harvard University and MIT.

In his civilian occupation, Vice Adm. Cotton is an American Airlines pilot based in Washington, DC.



### FORCM(AW/NAC) THOMAS W. MOBLEY

MASTER CHIEF, NAVY RESERVE FORCE

Force Master Chief Thomas W. Mobley is a native of Atlanta, Ga. He began his Naval career in October 1977, attending basic training at Recruit Training Command, Orlando, Fla., followed by AE "A" School at Naval Air Technical Training Center, Millington Tenn. His first duty assignment was Aircraft Intermediate Maintenance Detachment (AIMD), NAS Oceana in Virginia Beach, Va, maintaining H-46 Search and Rescue helicopters. At the end of his tour in 1980, he affiliated with the TAR community.

His first assignment as a TAR was NAS Atlanta where he initially performed maintenance on station TA-4J aircraft and later AIMD Avionics division and Quality Assurance division. During this time, he also received his initial qualification as a Naval Aircrewman on the Station C-12 aircraft

In 1985, then-Master Chief Mobley reported to VR-60 stationed at NAS Memphis where he qualified in all three aircrew positions on the C-9 aircraft. He also worked in the operations department and as the Quality Assurance Chief. In 1990 he transferred to VR-57, San Diego, Calif, performing duties as Maintenance Chief and continued flying as a Crew Chief. During this time, his squadron was mobilized for Operation Desert Storm.

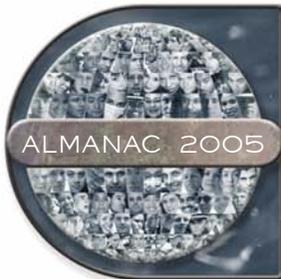
In 1992 he transferred to Fleet Logistics Support Wing in Dallas. While on Wing staff, he served as the Senior Enlisted NATOPS Evaluator, performing Crewchief evaluations for the C-9 and establishing the initial NATOPS requirements for the C-20 aircraft. Later, he performed duties as the Wing C-130 Maintenance Manager, overseeing the maintenance program for the C-130s.

In 1996 he transferred to VR-59 as the Command Master Chief. In April 1998, Master Chief Mobley graduated from the Senior Enlisted Academy, Class 80.

Master Chief Mobley assumed the duties as Commander, Naval Air Reserve Force Command Master Chief in February 1999. He was selected to serve as Commander, Naval Reserve Force Master Chief and assumed those duties on July 12, 2001.

He is entitled to wear the Meritorious Service Medal (two awards), Navy/Marine Corp Commendation Medal (two awards), Navy/Marine Corps Achievement Medal (two awards), Meritorious Unit Commendation, Air Force Outstanding Unit, Battle "E" Ribbon, Good Conduct Medal (five awards), National Defense Medal, Southwest Asia Service Medal, Armed Forces Reserve Medal (two awards), Kuwait Liberation Medal, and Pistol Marksmanship Ribbon. He has also earned his Enlisted Aviation Warfare Specialist and Naval Aircrew Wings.





# THE QUARTERDECK

## HEADINGS

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BIOS

### REAR ADMIRAL JOHN P. DEBBOUT COMMANDER, NAVAL RESERVE FORCES COMMAND

Rear Adm. John P. Debbout is a native of Green Bay, Wis. He attended Indiana University, earning his Bachelor of Science degree in 1972 and later achieved his Masters of Business Administration degree from Golden Gate University. He entered the U.S. Navy and received his commission in 1975.

His sea tours include division officer assignments *USS Macdonough* (DDG 39); Operations Officer onboard *USS Julius A. Furer* (FFG 6); OPS/Plans Officer on the staff of Commander, Destroyer Squadron Six; Executive Officer, *USS Oliver Hazard Perry* (FFG 7); Commanding Officer, *USS Estocin* (FFG 15); and Commander, Destroyer Squadron Six.



Shore tours include assignments as Deputy Commander, Naval Reserve Forces Command; Commander, Naval Surface Reserve Force; Deputy Director of the Naval Reserve on the staff of Chief of Naval Operations; Chief of Staff for the Commander Naval Surface Reserve Force; Division Director for Surface Programs Management Division (OP-0953) for the Chief of Naval Operations; the Surface Training and Administration (TAR) Placement and Detailing Officer (PERS-4417C) in the Bureau of Naval Personnel; Manpower, Personnel and Training Officer for Commander, Naval Reserve Readiness Command Region Six in Washington, DC; TAR Officer Community Manager (OP-130R), and Surface Programs Action Officer on the staff of the Director of Naval Reserve (OP-095).

In addition, Rear Adm. Debbout was the Commanding Officer of Naval and Marine Corps Reserve Center, Green Bay, Wis. with additional duties as Commanding Officer, Naval Reserve Centers, Oshkosh and Sheboygan, Wis. His present assignment is Commander, Naval Reserve Forces Command.

Rear Adm. Debbout's personal decorations include the Legion of Merit (four awards), Meritorious Service Medal (two awards), Navy and Marine Corps Commendation Medal (five awards), the Navy and Marine Corps Achievement Medal (two awards), the Armed Forces Expeditionary Medal and other service and campaign awards.

### REAR ADMIRAL JEFFREY A. LEMMONS COMMANDER, NAVAL AIR FORCE RESERVE

Rear Adm. Jeffrey A. Lemmons is a native of Brownwood, Texas. He graduated from the U.S. Naval Academy in 1979 and was designated a Naval aviator in November 1980. In 1981 he reported to Patrol Squadron Two Three (VP-23) in Brunswick, Maine, deploying to Iceland, Spain, the Azores, Bermuda, and Sicily during Cold War anti-submarine warfare operations. He also flew in maritime support for *Operation Urgent Fury*/Grenada Battle Group, Libyan, Syrian, and Nicaraguan surveillance operations. In September 1984 Rear Adm. Lemmons reported to the Joint Chiefs of Staff, Washington, D.C., as a Naval intern where he participated in global war planning, multiple theater wargaming, and joint service policy development.

Rear Adm. Lemmons received a Reserve commission in November 1985; since then, his significant assignments include Commanding Officer, Patrol Squadron Six Eight; Executive Assistant to the Commanding Officer, Navy Reserve Patrol Wing Atlantic 0186; Commanding Officer, Navy Reserve CVN-71 0193 supporting *USS Theodore Roosevelt* (CVN-71); Commanding Officer, Navy Reserve Naval Air Station Keflavik Iceland 0293; Commanding Officer, Navy Reserve Navy Command Center 106, supporting OPNAV N3/N5; and, Deputy for Mission Effectiveness, Navy Reserve Region Southeast, NAS Jacksonville, Florida.



During this period he also served in extended active duty assignments as Chief of Naval Operations (OPNAV) staff N88R, supporting the Director, Naval Air Warfare for programming and budget development; Commander, U.S. Second Fleet ASST C2W Officer during NATO Exercise Strong Resolve 1998; *USS Theodore Roosevelt* Battle Group liaison officer to the Combined Air Operations Center, 5th Allied Tactical Air Force, Vicenza Italy during *Operation Allied Force*, the campaign to liberate Kosovo; OPNAV Naval Operations Group "Deep Blue" liaison officer to the Commander, U. S. Pacific Fleet, Pearl Harbor, Hawaii; and, Director for Fleet Readiness, OPNAV N43.

He has proudly served with shipmates who have earned four Meritorious Unit Commendations, the Joint Meritorious Unit Commendation, the Coast Guard Unit Commendation and two Battle "E" Awards for excellence. He is authorized to wear the Legion of Merit, Meritorious Service Medal (3), Joint Service Commendation Medal, Navy and Marine Corps Achievement Medal, Armed Forces Expeditionary Medal, Kosovo Theater Medal, and the NATO Medal for Yugoslavia. He has completed the Naval War College and National Defense University Reserve Component studies curriculum.

Rear Adm. Lemmons has been a commercial airline pilot since 1985 with Eastern Airlines and American Airlines.

CNO's Top Five Goals  
1. Manpower  
2. Current Readiness  
3. Future Readiness  
4. Quality of Service  
5. Alignment

Four Challenges  
1. Communication  
2. Culture  
3. Continuing Education  
4. Commitment

Two Standards  
1. Efficiency  
2. Effectiveness

Three Priorities  
1. Predictability  
2. Periodicity  
3. Pay and Benefits

One Vision  
Support to the Fleet,  
Ready and Fully  
Integrated

The United States Navy Reserve came into being March 3, 1915. Its forerunner, The Naval Militia, dates from 1888 when Massachusetts organized a naval battalion as part of its militia. A year later, New York, Pennsylvania and Rhode Island organized naval militias. In 1891, the Office of Naval Militia was established. By 1897, 16 states had naval militia in one form or another.

Because of their colonial experience with the British professional armies, the early citizens of our country feared that a large full-time professional military force might be used by a strong central government to suppress their liberties. They preferred to rely on the part-time citizen soldier (the militia of the various states) for defense.

Officers and enlisted men from these militia served with the regular Navy in the Spanish-American War in 1898. In 1914, the Division of Naval Affairs took over the work of the Office of Naval Militia. In 1915, Congress passed legislation establishing a federal Naval Reserve.

By the end of World War I, about 30,000 Navy Reserve officers and 300,000 Navy Reserve enlisted people had served on active duty with the regular Navy at a wide variety of duty stations. About 75 percent of the officers and enlisted men who served on active duty with the Navy in World War II were reservists. During the Korean conflict, about 25 percent of the Navy's personnel on active duty were reservists. In 1961, 58 Naval Reserve ships and air squadrons were recalled to active duty for the Berlin crisis.

There was no large-scale mobilization of Navy Reservists for service in Vietnam. However, Navy Reserve personnel served on active duty in Vietnam. In 1968, eight mobile construction battalions (Seabees) and air squadrons were recalled to active duty for one year.

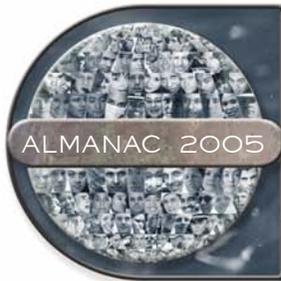
Operations "Desert Shield" and "Desert Storm" (1990-91) again gave dramatic evidence of the commitment and capability of the Navy Reserve Force as more than 20,000 members from all communities were mobilized in support of combat and combat service support operations.

In the wake of 9/11, more than 26,500 Navy Reservists have been recalled to active-duty under the congressionally approved "partial mobilization," which authorizes the President to recall up to 1,000,000 Reservists for up to 24 months of service. Today, over 60 percent of all U.S. personnel serving in the Central Command (CENTCOM) theater of operations are Reservists (representing each of the services). At any given time, nearly 28 percent of the Navy Reserve Force is on some form of active-duty operational support orders, seamlessly serving alongside regular military service members, coalition partners and DoD civilians.

As the Navy continues to align and transform its service to enhance warfighting wholeness and defeat the 21st Century enemies of freedom, the men and women of the Navy Reserve are proud and honored to "Re-Serve" our country.



Early 1900s Navy Recruiting Inducements



# OUR NAVY SERVICE AT EVERY LEVEL

7  
THE NAVY  
RESERVIST  
JANUARY  
2005

REFERENCE

## OPERATIONAL SUPPORT TO THE FLEET (as of September 2004)

There were 22,251 Navy Reservists serving on operational orders. That means about 28% of the total Navy Reserve force is providing fleet support through a variety of orders. Here's a breakdown.

- INACTIVE DUTY TRAINING (IDT): 6,688
- FULL TIME SUPPORT (FTS): 10,222
- PRESIDENTIAL RESERVE CALL-UP (PRC): 5
- ON ACTIVE DUTY (MOB): 3,584
- ACTIVE DUTY SPECIAL WORK (ADSW): 708
- ANNUAL TRAINING (AT): 577
- ACTIVE DUTY FOR TRAINING (ADT): 467

The United States Navy has accomplished much in its proud and storied history. However, nothing can be done without the hard-working Sailors who make up the Navy. Here is a breakdown of the Sailors of the U.S. Navy.



Data courtesy of Jim Russell,  
COMNAVRESFORCOM NTCT;  
Darlene Guichard, NAVRESPSCEN;  
and, Dave Bonar, SPAWAR SC

### REGULAR NAVY

- Officers - 53,973
- Enlisted - 313,742
- Midshipmen - 4,300
- Total - 372,015 (As of as of December 23, 2004)



### FULL TIME SUPPORT

- Officers - 1,817
- Enlisted - 12,301
- Total - 14,118



### DRILLING SELECTED RESERVE

- Officers - 18,199
- Enlisted - 64,359
- Total - 82,558



### INDIVIDUAL READY RESERVE

- Officers - 13,818
- Enlisted - 52,267
- Total - 66,085
- Includes 5,260 drilling VTU members. Officer - 2,453; Enlisted - 2,807.



### STANDBY RESERVE

- Officers - 2,409
- Enlisted - 93
- Total - 2,502



### RETIRED RESERVE

- Officers - 55,846
- Enlisted - 405,011
- Total - 460,857
- Includes 86,570 Enlisted Fleet Reservists





**S**hips of this category are commissioned vessels and are managed by Commander, Naval Surface Forces. They are commanded by either regular Navy Officers or FTS Officers and afford tremendous training and operational experience to Reserve Sailors. Reservists normally augment the active-duty crew, rotating during deployment cycles to support global operations.

### GUIDED MISSILE FRIGATES - OLIVER HAZARD PERRY CLASS

Frigates fulfill a Protection of Shipping (POS) mission as Anti-Submarine Warfare (ASW) combatants for amphibious expeditionary forces, underway replenishment groups and merchant convoys. The guided missile frigates (FFG) bring an anti-warfare (AAW) capability to the frigate mission. While operating as part of the Joint Interagency Task Force (JIATF) South in 2004, Navy Reservists aboard these ships served alongside active-duty Sailors during the largest drug seizures ever recorded.

USS Wadsworth (FFG 9)	San Diego, California
USS George Philip (FFG 12)	San Diego, California
USS Samuel Eliot Morison (FFG 13)	Mayport, Florida
USS Sides (FFG 14)	San Diego, California
USS Estocin (FFG 15)	Norfolk, Virginia
USS Boone (FFG 28)	Mayport, Florida
USS Stephen W. Groves (FFG 29)	Pascagoula, Mississippi
USS Crommelin (FFG 37)	Pearl Harbor, Hawaii
USS Curts (FFG 38)	San Diego, California



USS Boone (FFG 28)

U.S. Navy Photo by  
Photographer's Mate  
1st Class  
Michael W. Pendergrass

### MINE COUNTERMEASURE COMMAND SHIP - AVENGER CLASS

Designed as mine hunter-killers capable of finding, classifying, destroying mines in vital waterways.

USS Avenger (MCM 1)	Ingleside, Texas
USS Defender (MCM 2)	Ingleside, Texas
USS Sentry (MCM 3)	Ingleside, Texas
USS Champion (MCM 4)	Ingleside, Texas
USS Gladiator (MCM 11)	Ingleside, Texas



USS Sentry (MCM 3)

U.S. Navy Photo by  
Chief Photographer's Mate Johnny Bivera

### COASTAL MINEHUNTER SHIPS - OSPREY CLASS

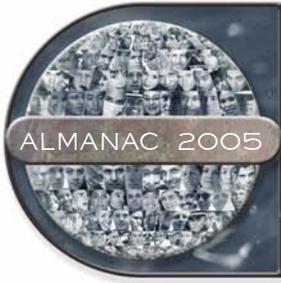
Designed to clear mines from vital waterways, using sonar, video systems, cable cutters and a mine-detonating devices which can be released and detonated by remote control. The *Osprey Class* Mine Hunter is capable of conventional mine sweeping operations. They are the first large mine countermeasure ships built in the United States in nearly 27 years.

USS Osprey (MHC 51)	Ingleside, Texas
USS Heron (MHC 52)	Ingleside, Texas
USS Pelican (MHC 53)	Ingleside, Texas
USS Robin (MHC 54)	Ingleside, Texas
USS Oriole (MHC 55)	Ingleside, Texas
USS Kingfisher (MHC 56)	Ingleside, Texas
USS Cormorant (MHC 57)	Ingleside, Texas
USS Black Hawk (MHC 58)	Ingleside, Texas
USS Falcon (MHC 59)	Ingleside, Texas
USS Shrike (MHC 62)	Ingleside, Texas



USS Shrike (MHC 62)

U.S. Navy Photo by  
Lt. Marc Boyd



# THE FLEET

AIRCRAFT CARRIERS

CV, CVN

AMPHIBIOUS

LCC, LHA, LPD, LSD

SURFACE COMBATANTS

CG, DD, DDG, FFG

MINE WARFARE

MCM, MHC

PATROL CRAFT

PC

SUBMARINES

SSBN, SSGN, SSN

AUXILIARY

AE, AFS, AG, AGER, AGF, AGM, AGOS, AGOS, AGS, AGSS, AH, AK, AKE, AKR, AO, AOE, AOE, AOT, ARC, ARS, AS, ATF, AVB, DSRV, LSV, NR-1

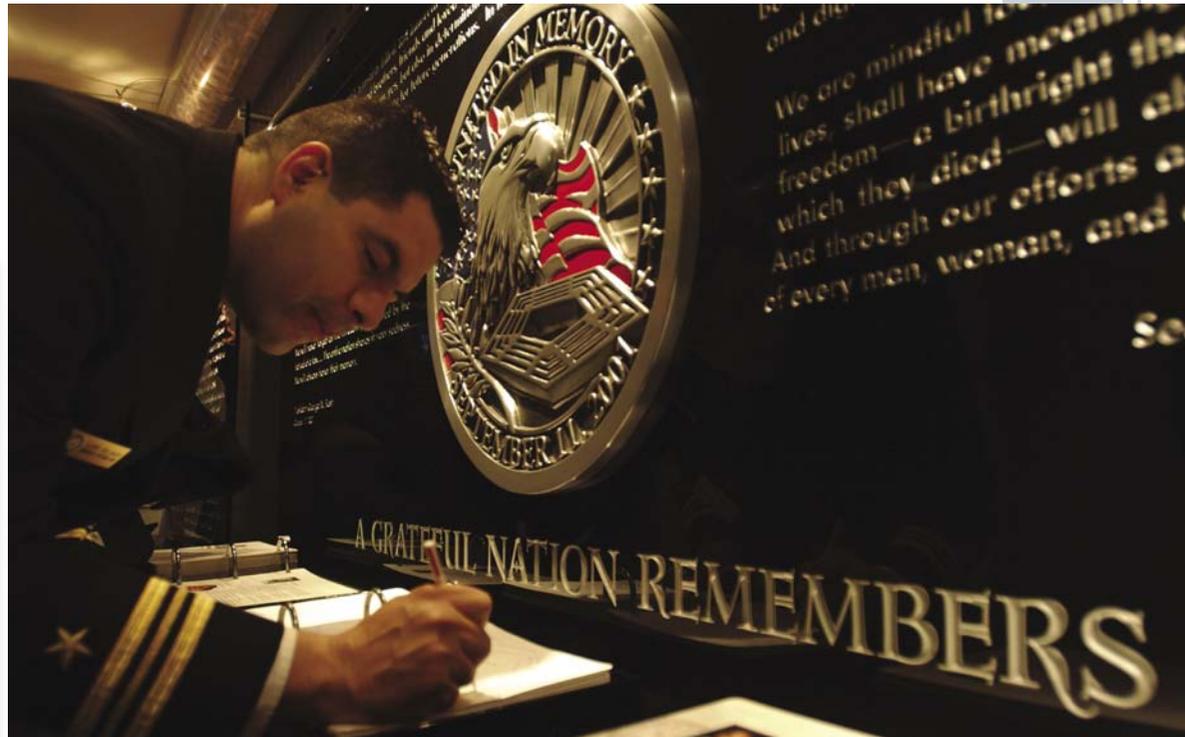
OTHERS

USS CONSTITUTION



USS Defender (MCM 2)

U.S. Navy Photo by  
Journalist Seaman  
Ryan C. McGinley



Lt. Cmdr. Samuel Delgado, Navy Recruiting's 2004 Reserve Diversity Recruiter of the Year, signs a visitor book at the September 11th Memorial in the Pentagon. Delgado, a native of El Paso, Texas, serves as a recruiter at Naval Reserve Recruiting Area Pacific in Los Angeles, Calif. He and eight other Navy recruiters and their spouses were honored during Recruiter of the Year week Nov. 29.

U.S. Navy photo by Photographer's Mate 3rd Class Joseph M. Buliavac

REFERENCE

	SHIP BATTLE FORCES	LOCAL DEFENSE AND MISCELLANEOUS SUPPORT FORCES	ACTIVE IN COMMISSION
TOTALS	289	143	248
AIRCRAFT CARRIERS	12		12
BALLISTIC MISSILE SUBS	14		14
GUIDED MISSILE SUBS	4		4
SURFACE COMBATANTS	93		93
NUCLEAR ATTACK SUBS	54		54
AMPHIBIOUS WARFARE SHIPS	37		37
COMBAT LOGISTICS SHIPS	33		33
SUPPORT/MINE WARFARE SHIPS	28	62	3
ACTIVE RESERVES	14	9	31
STRATEGIC SEALIFT		72	



USS Kamehameha (SSN642)

U.S. Navy Photo by  
Photographer's Mate 1st Class(SW/NAC)  
Spike Call



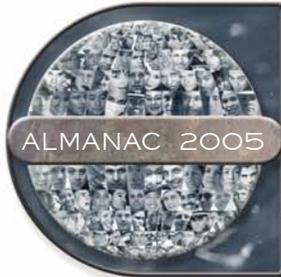
USS John C. Stennis (CVN 74)

U.S. Navy Photo by  
Photographer's Mate 1st Class(SCW)  
C. P. Cavanaugh



USS Winston S. Churchill (DDG 81)

U.S. Navy Photo by  
Photographer's Mate 2nd Class  
Shane T. McCoy



# NAVAL AIR FORCE RESERVE (COMNAVAIRFORES)

The United States Naval Air Force Reserve is ranked among the best and most capable Air Forces in the world. Its 33 squadrons are equipped with the most modern aircraft and technology including the F/A-18 Hornet, EA-6B Prowler, HH-60 Seahawk, P-3C (Update III) Orion, the C-130T transport and E-2C, C-40, C-9, among others.

SQUADRONS	NICKNAME	LOCATION
HC-3 (SAU)	Pack Rats	North Island, Calif.
HC-85	Golden Gators	North Island, Calif.
HCS-4	Redwolves	Norfolk, Va.
HCS-5	Firehawks	North Island, Calif.
HM-14	Vanguard	Norfolk, Va.
HM-15	Blackhawks	Corpus Christi, Texas
HS-75	Emerald Knights	Jacksonville, Fla.
HSL-60	Jaguars	Mayport, Fla.
VAQ-209	Star Warriors	Washington, DC
VAW-77	Nightwolves	Atlanta
VAW-78	Fighting Escargots	Norfolk, Va.
VFA-106 (SAU)	Gladiators	Oceana, Va.
VFA-201	Hunters	Fort Worth, Texas
VFA-204	River Rattlers	New Orleans
VFC-12	Fighting Omars	Oceana, Va.
VFC-13	Fighting Saints	Fallon, Nev.
VFA-125 (SAU)	Rough Raiders	Lemoore, Calif.
VP-62	Broad Arrows	Jacksonville, Fla.
VP-65	Tridents	Point Mugu, Calif.
VP-66	Liberty Bells	Willow Grove, Pa.
VP-69	Totems	Oak Harbor, Wa.
VP-92	Minutemen	Brunswick, Maine
VP-94	Crawfishers	New Orleans
VR-1	Star Lifters	Washington, DC
VR-46	Eagles	Atlanta
VR-48	Capitol Skyliners	Washington, DC
VR-51	Windjammers	Kaneohe Bay, Hawaii
VR-52	Taskmasters	Willow Grove, Pa.
VR-53	Capital Express	Washington, DC
VR-54	Revelers	New Orleans
VR-55	Minutemen	Point Mugu, Calif.
VR-56	Globemasters	Norfolk, Va.
VR-57	Conquistadores	San Diego, Calif.
VR-58	Sunseekers	Jacksonville, Fla.
VR-59	Lonestar Express	Fort Worth, Texas
VR-61	Islanders	Oak Harbor, Wa.
VR-62	Nor' Easter	Brunswick, Maine
VR-64	Condors	Willow Grove, Pa.
VS-41 (SAU)	Moonlighters	North Island, Calif.
VP-30 (SAU)	Pros Nest	Jacksonville, Fla.
VAQ-129 (SAU)	Vikings	Oak Harbor, Wa.
VAW-120 (SAU)	Greyhawks	Norfolk, Va.



MH 53E Sea Dragon helicopter  
"Vanguards" (HM-14)

U.S. Navy Photo by  
Photographer's Mate 2nd Class Bob Houlihan



F/A 18 "River Rattlers" (VFA-204)

U.S. Navy Photo by LCDR Donald Breen



E-2C Hawkeyes, "The Hummer"

U.S. Navy Photo by Photographer's Mate 1st Class(SCW) C. P. Cavanaugh



EA-6B Prowler

U.S. Navy Photo by  
Lt.j.g. Ronald Carpinella

## TRAINING SUPPORT AUGMENT UNITS

### SQUADRON

### LOCATION

VS-41	San Diego, Calif.
VT-7/9	Meridian, Miss.
VT-21/22	NAS Kingsville, Texas.
VT-27/28/31/35	Corpus Christi, Texas.
VT-2/3/6 HT-8/18	Milton, Fla.
VT-4/10/86	Pensacola, Fla.



TW-1 T-2C Buckeye in formation flight training

U.S. Navy photo by Ens. Darin K. Russell



C-130T Hercules "Capital Express" (VR-53)

U.S. Navy photo by Photographer's Mate 2nd Class Lou Rosales

## COMMISSIONED UNITS SQUADRON ASSETS

### CARRIER AIR WING RESERVE (CVWR) 20 SQUADRONS

- E-2C Hawkeyes - 9
- EA-6B Prowlers - 6
- F/A-18 Hornets - 73
- F-5 Tigers - 32

### HELICOPTER WING RESERVE SQUADRONS

- HH-60H Sea Hawks - 14
- MH-53E Sea Stallions - 8
- SH-60B Sea Hawks - 6
- SH-60F Sea Hawks - 8
- UH-3H Sea Kings (Utility) - 7

### RESERVE PATROL WING (VP) SQUADRONS

- P-3C Orions - 33

### FLEET LOGISTICS SUPPORT WING (VR) SQUADRONS

- C-9 Skytrain II - 19
- C-12B King Airs - 5
- C-20 D/G Gulfstream - 7
- C-37A Gulfstream - 1
- C-130T Hercules - 19
- C-40A Clippers - 7

UH-3H Sea King  
helicopter (HC-85)

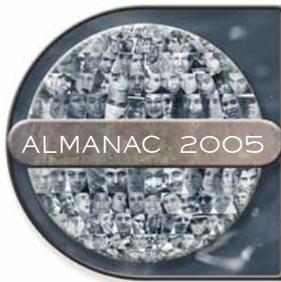
U.S. Navy Photo by  
Photographer's Mate  
1st Class  
Michelle R. Hammond



P-3C Orion  
"Liberty Bells"  
(VP-66)

U.S. Navy Photo by Journalist 2nd Class Mark O'Donald





# U.S. NAVY HUMAN CAPITAL STRATEGY (HCS)

FROM RHUMB LINES-NOVEMBER 22, 2004

13  
THE NAVY RESERVIST  
JANUARY 2005

REFERENCE

Admiral Vern Clark, Chief of Naval Operations said, "At the heart of everything that is good that is happening in our Navy is this: we are winning the battle for people, and it shows. We cannot have the Navy we dream about without having a Navy that captures the genius and the richness of all our people."

The Navy is developing a HUMAN CAPITAL STRATEGY (HCS) that will provide a new framework to assess, train, develop and distribute our manpower. It is about shaping our force for the future – matching manpower to force structure to combat capability. Ultimately, our HCS is about putting the right person in the right job at the right time.

The HCS is replacing an antiquated process. As the Navy's operational functions continue to evolve through changing technology and missions, the manpower, personnel, and training process has remained the same. The HCS is renovating the way we manage Navy end strength and support personnel. It is one strategy with many pieces.

Central to the strategy is the need to determine the true and total force manpower requirement. Does a job need to be performed? If so, who should do the job – an active-duty Sailor, Reservist, civilian or contractor? This will allow us to tailor our total manpower needs, expanding or contracting where it is required. We must change the work first...then change the work force.

#### THE GOAL IS:

- A mission centric force that is effective and efficient.
- A Navy that maximizes the value of service for all of our Sailors and civilians.
- More effective work distribution across the work force.
- To achieve a work / life balance.
- To recruit and retain a diverse range of Sailors and civilians possessing a wide scope of knowledge, skills and experience.



U.S. Navy Photo by Bryan Bordelon

Central to the HCS is the Sea Warrior program, a component of the Navy's blueprint for transformation into the 21<sup>st</sup> century, Sea Power 21. Sea Warrior integrates the current methods of managing manpower, personnel, training and education into an integrated program that will deliver more flexible and improved growth and development opportunities to all Navy personnel. Sea Warrior will also equip Sailors with the necessary skills to perform a specific job and increase career latitude.

The Navy will continue to leverage technology to achieve efficiencies and savings in manpower. For example, by designing and building next-generation ships engineered with cutting-edge technology, the Navy can streamline the amount of work or reduce unnecessary work performed by actual Sailors.

Our HCS is in the developmental stages and will constantly evolve to meet the needs of our people and the 21<sup>st</sup> century Navy. New programs and incentives have been developed as we transform into the Navy of the future. Here are some examples. Many more will follow. Some key force shaping programs and incentives that will contribute in the HCS transformation include:

**SELECTIVE REENLISTMENT BONUS (SRB)** / Retention bonuses. Incentives like SRB and retention bonuses will ensure the Navy is attracting and retaining the highest quality personnel. For example, career sea pay rewards sailors for the rigors of sea duty and emphasizes the importance of sea-centric billets. For more information, log onto [www.bupers.navy.mil/navadmin/nav04/nav04260.txt](http://www.bupers.navy.mil/navadmin/nav04/nav04260.txt). Incentives are available for the following:

- SURFACE WARFARE** - [www.bupers.navy.mil/navadmin/nav04/nav04259.txt](http://www.bupers.navy.mil/navadmin/nav04/nav04259.txt)
- SUBMARINE WARFARE** - [www.bupers.navy.mil/navadmin/nav04/nav04145.txt](http://www.bupers.navy.mil/navadmin/nav04/nav04145.txt)
- AVIATION** - [www.bupers.navy.mil/navadmin/nav04/nav04101.txt](http://www.bupers.navy.mil/navadmin/nav04/nav04101.txt)

Navy-wide, communities are realigning officer and enlisted career paths under the HCS to encompass retention bonuses, incentives, education opportunities and professional training. An example is the **SURFACE WARFARE OFFICER (SWO)** specialty career path program - [www.bupers.navy.mil/navadmin/nav04/nav04220.txt](http://www.bupers.navy.mil/navadmin/nav04/nav04220.txt)

**ASSIGNMENT INCENTIVE PAY (AIP)** attracts career-minded Sailors to tough overseas assignments by offering monetary incentives. ([www.bupers.navy.mil/jass/aip.htm](http://www.bupers.navy.mil/jass/aip.htm))

**ENLISTED SUPERVISOR RETENTION PAY (ESRP)** is a new pay incentive designed to retain senior enlisted advisors assigned to certain critical Navy enlisted classifications. ([www.bupers.navy.mil/navadmin/nav04/nav04253.txt](http://www.bupers.navy.mil/navadmin/nav04/nav04253.txt))

**PERFORM TO SERVE (PTS)** will balance overmanned and undermanned ratings and act as a quality-screening device of first term enlistments. ([www.staynavy.navy.mil/counselors\\_resources/content/PTS/PTS\\_NAVADMINS.asp](http://www.staynavy.navy.mil/counselors_resources/content/PTS/PTS_NAVADMINS.asp))

**BLUE TO GREEN**, USMC Transition and the Navy Reserve is an opportunity for Sailors leaving the Navy to continue serving their country on active duty in the Army, Marine Corps or the Navy Reserves. ([www.bupers.navy.mil/navadmin/nav04/nav04233.txt](http://www.bupers.navy.mil/navadmin/nav04/nav04233.txt))

**ENLISTED EARLY SEPARATION PROGRAM** permits Sailors in overmanned ratings the opportunity to leave the Navy up to twelve months early, opening billets for rising performers. ([www.bupers.navy.mil/navadmin/nav04/nav04151.txt](http://www.bupers.navy.mil/navadmin/nav04/nav04151.txt))

**HIGH YEAR TENURE (HYT)** for E-5s will be lowered to reflect the value of advancement as a standard of performance.

**INVOLUNTARY RELEASE FROM ACTIVE DUTY (IRAD)** is a means to manage probationary officers who have not achieved professional qualifications on a continuous basis.

**THE BOTTOM LINE** – the Navy is committed to the growth and development of every officer, Sailor and civilian. We are striving to be the employer of choice. Our goal is to provide a rewarding opportunity to serve the nation.

**P**ENSACOLA, Fla. (NNS) — Citing the importance of continuing education to transformation goals and operational excellence, the Navy's Chief Learning Officer, Vice Adm. Alfred G. Harms Jr., commander, Naval Education and Training Command (NETC), announced the Navy's new Professional Military Education (PME) Continuum Nov. 18, 2004.

The PME Continuum integrates advanced education (beyond secondary school level), traditional Navy-specific Professional Military Education (NPME), Joint Professional Military Education (JPME) and leadership development.

It sequences learning opportunities with significant career phases, allowing for newer personnel to receive more analytical and technical training, while those more senior will be offered strategic and management-oriented learning opportunities.

"As Sailors become more senior," Harms said, "education will provide more strategic perspectives, and develop more effective management and business practices. The leadership development will be more position-focused to align with roles across a career. Ultimately, from the earliest days of their careers, our Sailors and their leaders will know what professional military education is expected and required."

Naval Administrative Message (NAVADMIN) 263-04 outlines the implementation strategy for the comprehensive plan, which will impact every Sailor in the Navy.

"Our staff is aggressively developing flexible learning opportunities for the components of PME," said Harms. "Implementation of the continuum is essential to the success of Seapower 21, and for the growth and development of our people to meet the challenges of today and the future."



Aviation  
Maintenance  
Administrationman  
2nd Class  
Naomi Leslie  
confers with fellow  
classmate during  
recruiting training.

U.S. Navy Photo by  
Bryan Bordelon

JPME will provide understanding of the principles of jointness that underpin Seapower 21. Education in joint matters will enhance the ability of naval leaders to provide unique and complementary warfighting from the sea to joint force commanders. Timely completion of appropriate JPME will be a key consideration in identifying future Navy leaders.

According to Harms, NPME will provide a broad, common understanding of the Navy and its full capabilities, and better prepare Sailors to effectively perform their missions across the full spectrum of naval and joint military operations. NPME will also be sequenced across a career, and address three core competencies of the Naval profession: military studies, professionalism, and national and global security.

NPME will also be

incorporated into the Five Vector Model (5VM) for all Sailors, and will become a staple in both officer and enlisted accession training. The Center for Naval Leadership (CNL) has taken the lead, in conjunction with the Naval Post Graduate School, Naval War College, the Naval Historical Center, Naval

Harms believes, will be a key tool for Sailors to further their education and meet the goals of PME. In fact, he said, statistics show a substantial increase in the number of people enrolled in distance learning over the last three years.

"This distance learning is gaining steam from the grass roots of the organization," Harms said.

**"THE SAILORS LIKE THE FLEXIBILITY THIS APPROACH PROVIDES, AND THEY WANT IT."**

Under PME, advanced education will emphasize the development of a technical or analytical knowledge base, critical thinking skills, an innovative mindset, and competencies to lead the Navy in the future. These education opportunities will include certificates, degree programs, and courses and seminars tailored to meet the professional requirements of all Sailors.

"We are transforming the way our Navy develops and equips the extraordinary men and women who choose to serve as members of the world's finest military," said Harms. "As our Navy becomes more high tech, our workforce will get smaller and smarter. We're going to need critical thinkers and agile learners if we're going to achieve the Seapower 21 Navy that the CNO envisions."

For related news, visit the Naval Education and Training Command Navy NewsStand page at [www.news.navy.mil/local/cnet](http://www.news.navy.mil/local/cnet).

Justice School and the Center for the Study of Professional Military Ethics at the Naval Academy, in developing a primary level course that will be implemented later this year. Content from this course will be used as the baseline for developing an intermediate level course for senior enlisted personnel. Officials hope to have the first intermediate course available by mid-fiscal year 2005.

Harms' senior enlisted leader, Force Master Chief (FORCM) Michael J. McCalip (NETC), said the program is coming at the right time.

"The Navy is experiencing transformation everywhere," McCalip said, "and providing a relevant PME program for all Sailors directly supports the Sea Warrior of the 21st century. We believe PME will provide us with a smarter, more agile force ready to meet every mission challenge."

Distance learning,

# ENLISTED RATINGS

## WORN WITH PRIDE

[WWW.CHINFO.NAVY.MIL/NAVPALIB/RANKS/RANKRATE.HTML](http://WWW.CHINFO.NAVY.MIL/NAVPALIB/RANKS/RANKRATE.HTML)

### Seamen

### Engineering

### Aviation

### Construction



BM  
Boatswain's Mate



CS  
Culinary Specialist



CT  
Cryptographic  
Technician



DK  
Disbursing Clerk



DC  
Damage Controlman



AB  
Aviation Boatswain's Mate



AC  
Air Traffic Controller



BU  
Builder



DM  
Illustrator/Draftsman



ET  
Electronics Technician



FC  
Fire Controlman



FT  
Fire Control  
Technician



EM  
Electricians Mate



AD  
Aviation Machinist's Mate



AE  
Aviation Electrician's Mate



CE  
Construction Electrician



GM  
Gunner's Mate



IS  
Intelligence Specialist



IT  
Information Systems  
Technician



JO  
Journalist



EN  
Engineman



AG  
Aerographer's Mate



AM  
Aviation Structural Mechanic



CM  
Construction Mechanic



LI  
Lithographer



LN  
Legalman



MA  
Master-at-Arms



MN  
Mineman



GS  
Gas Turbine  
System Technician



AO  
Aviation Ordnanceman



AS  
Aviation Support Equipment  
Technician



EA  
Engineering Aide



MT  
Missile Technician



MU  
Musician



NC  
Navy Counselor



OS  
Operations Specialist



HT  
Hull Maintenance  
Technician



AT  
Aviation Electronics  
Technician



AW  
Aviation Warfare Systems  
Operator



EO  
Equipment Operator



PC  
Postal Clerk



PN  
Personnelman



QM  
Quartermaster



RP  
Religious Programs  
Specialist



IC  
Interior  
Communications Elec.



AZ  
Aviation Maintenance  
Administration



PH  
Photographer's Mate



SW  
Steelworker



SH  
Ship's Serviceman



SK  
Storekeeper



ST  
Sonar Technician



TM  
Torpedoman's Mate



MM  
Machinist's Mate



PR  
Aircrew Survival Equipmentman



UT  
Utilitiesman



YN  
Yeoman



MR  
Machinery Repairman



DT  
Dental Technician



HM  
Hospital Corpsman



Seaman



Fireman



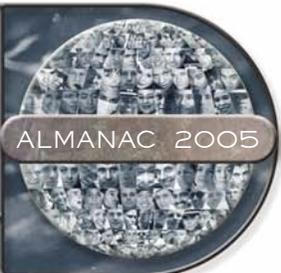
Airman

Ratings reflect those currently active in the Naval Reserve Force. For information on available ratings, go to [www.staynavy.navy.mil](http://www.staynavy.navy.mil). For advancement information, see BUPERSINST 1430.16E online [www.bupers.navy.mil](http://www.bupers.navy.mil).

### Medical

### Apprentice Training

# BADGE, RATE, RANK, PIN & INSIGNIA WORN WITH PRIDE



[WWW.CHINFO.NAVY.MIL/NAVPALIB/RANKS/RANKRATE.HTML](http://WWW.CHINFO.NAVY.MIL/NAVPALIB/RANKS/RANKRATE.HTML)

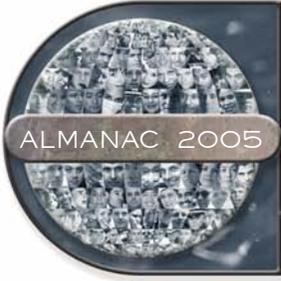
REFERENCE

INSIGNIA & BADGES

 Naval Astronaut	 Naval Astronaut (NFO)	 Naval Aviator (pilot)	 Naval Aviation Observer & Flight Meteorologist	 Naval Flight Surgeon	 Naval Flight Nurse	 Naval Flight Officer
 Aviation Experimental Psychologist & Aviation Psychologist	 Enlisted Aviation Warfare Specialist	 Naval Aviation Supply Corps	 Navy Aircrew	 Marine Combat Aircrew	 Special Warfare	 Special Operations Warfare
 Surface Warfare Officer	 Enlisted Surface Warfare Specialist	 Surface Warfare Nurse Corps	 Surface Warfare Medical Corps	 Surface Warfare Dental Corps	 Surface Warfare Medical Service Corps	 Surface Warfare Supply Corps
 Submarine Officer (enlisted silver, officer gold)	 Submarine Medical	 Submarine Engineering Duty	 Submarine Supply	 Submarine Combat Patrol	 SSBN Deterrent Patrol (gold - 20 patrols)	 Seabee Combat Warfare Specialist Officer (silver-enl.)
 Special Warfare Combat Crewman	 Naval Parachutist	 Basic Parachutist	 Naval Reserve Merchant Marine	 Integrated Undersea Surveillance System (enlisted silver, officer gold)	 Master Explosive Ordnance Disposal	 Senior Explosive Ordnance Disposal
 Basic Explosive Ordnance Disposal	 Fleet Marine Force Warfare Specialist	 Diving Officer	 Diving Medical	 Master Diver	 Diver, First Class	 Diver, Second Class
 Diver, Scuba	 Deep Submergence (officer gold)	 Presidential Service Badge	 Vice Presidential Service Badge	 Office of Secretary of Defense	 Joint Chiefs of Staff	 Recruiting Command
 Career Counselor	 Division Commander	 Command-at-Sea	 Command Ashore	 Small Craft Officer (enlisted silver)	 Craftmaster	 Master At Arms

OFFICERS

W-2	W-3	W-4	W-5	O-1	O-2	O-3	O-4	O-5	O-6	O-7	O-8	O-9	O-10	Special
														
														
Chief Warrant Officer	Chief Warrant Officer	Chief Warrant Officer	Chief Warrant Officer	Ensign	Lieutenant Junior Grade	Lieutenant	Lieutenant	Commander	Captain	Rear Admiral Lower Half	Rear Admiral Upper Half	Vice Admiral	Admiral	Fleet Admiral



# RIBBONS, MEDALS, BADGES & DEVICES WORN WITH PRIDE

WWW.CHINFO.NAVY.MIL/NAVPALIB/RANKS/RANKRATE.HTML

REFERENCE

RIBBONS & MEDALS-ORDER OF PRECEDENCE

Medal of Honor	Navy Cross	Defense Distinguished Service Medal	Distinguished Service Medal	Silver Star
Defense Superior Service Medal	Legion of Merit	Distinguished Flying Medal	Navy and Marine Corps Medal	Bronze Star
Purple Heart	Defense Meritorious Service Medal	Meritorious Service Medal	Air Medal	Joint Service Commendation Medal
Navy Commendation Medal	Joint Service Achievement Medal	Navy Achievement Medal	Combat Action Medal	Presidential Unit Citation
Joint Meritorious Unit Medal	Navy Unit Commendation	Meritorious Unit Commendation	Navy "E" Ribbon	POW Medal
Good Conduct Medal	Navy Reserve Meritorious Service Medal	Navy Fleet Marine Force Medal	Navy Expeditionary Medal	China Service Medal
Navy Occupation Medal	National Defense Service Medal	Korean Service Medal	Antarctica Service Medal	Armed Forces Expeditionary Medal
Vietnam Service Medal	Southwest Asia Service Medal	Kosovo Campaign Medal	Global War on Terror Service	Global War on Terror Expeditionary
Armed Forces Services Medal	Humanitarian Service Medal	Volunteer Service Medal	Sea Service Deployment Ribbon	Navy Arctic Service Medal
Navy Reserve Sea Service Medal	Navy and Marine Corps Overseas Service Ribbon	Navy Recruiting Service Medal	Navy Recruiting Training Service	Armed Forces Reserve Medal
Philippine Presidential Unit Citation	Republic of Korea Presidential Unit Citation	Republic of Vietnam Presidential Unit Citation	Vietnam Gallantry Cross Unit Citation	Vietnam Civil Actions Unit Citation
United Nations Service Medal	United Nations Medal	Multinational Force and Observers Medal	Inter-American Defense Board Medal	Republic of Vietnam Campaign Medal
Kuwait Liberation Medal (Kingdom of Saudi Arabia)	Kuwait Liberation Medal (Emirate of Kuwait)	Expert Rifleman Medal	Expert Pistol Shot Medal	

Command Chief Petty Officer	Command Senior Chief Petty Officer	Command Master Chief Petty Officer	Fleet Master Chief Petty Officer	Force Master Chief Petty Officer	Master Chief Petty Officer of the Navy

"E" Wreath Four or more "E" Awards	Silver "E" Expert Marksman qualification	Bronze "S" Sharpshooters qualification
Gold Star Subsequent awards of same Navy decoration	Silver Star Worn in lieu of five gold stars	Europe & Asia Clasps Worn on the suspension of the Navy Occupation Service Medal
Bronze Oak Leaf Cluster Represents 2nd and subsequent award entitlements	Silver Oak Leaf Cluster Worn for 6th, 11th or in lieu of five bronze oak leaf clusters	3/8" Palm Device Republic of Vietnam Meritorious Unit Citation: (Gallantry Cross, Civil Action)
Hourglass Armed Forces Reserve Medal successive awards	"M" Device Naval Reserve mobilization supporting certain operations	"V" Device Combat operation's acts of service direct participation
Strike/Flight Device Bronze Arabic numeral indicating total Air Medal strike/flights earned after April 9, 1962.	Fleet Marine Force Combat Operations Navy personnel attached to FMF units participating in combat operations	Silver Service Star Worn in lieu of five bronze service stars
Wintered Over Antarctic continent wintering over. Antarctic Service Medal clasp, suspension ribbon and a service ribbon disc of bronze (1st), gold (2nd) and silver (3rd) winters.	Bronze Service Star Campaigns or operations participation, multiple qualification or additional awards of various ribbons authorized. Also denotes Air Medal single mission first award after November 22, 1989.	

E-1 	E-2 	E-3 	E-4 	E-5 
No markings for E-1 Seaman Recruit	Seaman Apprentice	Seaman	Petty Officer Third Class	Petty Officer Second Class
E-6 	E-7 	E-8 	E-9 	E-10 
Petty Officer First Class	Chief Petty Officer	Senior Chief Petty Officer	Master Chief Petty Officer	Master Chief Petty Officer of the Navy

RIBBON DEVICES

ENLISTED RANKS

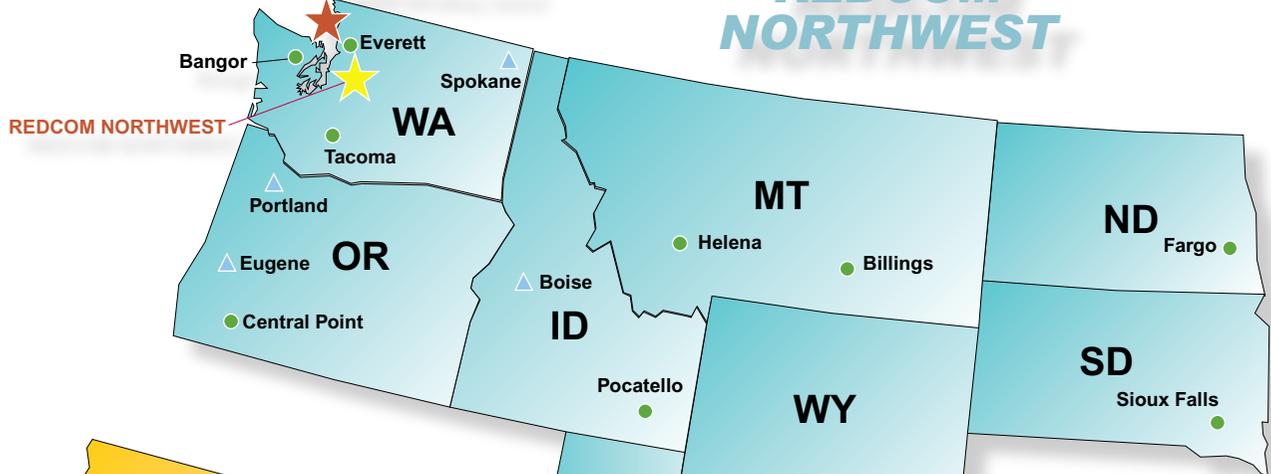
ENLISTED LEADERSHIP

# 2005 NAVY RESERVE



NAR Whidbey Island

## REDCOM NORTHWEST



## REDCOM SOUTHWEST

COMMANDER NAVY AIR FORCES RESERVE

COMNAVRESINT  
COMNAVRESSECGRU

## REDCOM SOUTH



### SYMBOLS LEGEND

- ★ HQ Readiness Command
- ★ Naval Air Reserve Command
- Naval Reserve Center
- ▲ Navy Marine Corps Reserve Center

NAR Ft Worth  
FLELOGSUPPING



# DRILL PAY CHART 2005

"If you are having pay problems, contact the Commander, Naval Reserve Forces Command Reserve Pay Assistance Team (RPAT) at 1-877-4RESPAY. They can help you with drill pay, additional drills, AT, ADT, and other issues. Make sure you give your chain of command the opportunity to assist you before calling."

REFERENCE

EFFECTIVE JANUARY 1, 2005

## YEARS OF SERVICE

Pay Grade	<2	2	3	4	6	8	10	12	14	16	18	20	22	24	26
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### ENLISTED\*

E-9**	0	0	0	0	0	0	3901.20	3989.70	4101.00	4232.40	4364.10	4575.90	4755.00	4943.70	5231.70
E-8	0	0	0	0	0	3193.50	3334.80	3422.10	3527.10	3640.50	3845.40	3949.20	4125.90	4224.00	4465.20
E-7	2220.00	2423.10	2515.80	2638.80	2734.50	2899.50	2992.20	3084.60	3249.60	3332.40	3410.70	3458.70	3620.40	3725.10	3990.00
E-6	1920.30	2112.60	2205.90	2296.50	2391.00	2604.30	2687.10	2779.20	2859.90	2888.70	2908.20	2908.20	2908.20	2908.20	2908.20
E-5	1759.50	1877.10	1967.70	2060.70	2205.30	2329.80	2421.60	2450.70	2450.70	2450.70	2450.70	2450.70	2450.70	2450.70	2450.70
E-4	1612.80	1695.60	1787.10	1877.70	1957.80	1957.80	1957.80	1957.80	1957.80	1957.80	1957.80	1957.80	1957.80	1957.80	1957.80
E-3	1456.20	1547.70	1641.00	1641.00	1641.00	1641.00	1641.00	1641.00	1641.00	1641.00	1641.00	1641.00	1641.00	1641.00	1641.00
E-2	1384.50	0	0	0	0	0	0	0	0	0	0	0	0	0	0
E-1>4	1235.10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
E-1***<4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

### WARRANT OFFICERS

W-5	0	0	0	0	0	0	0	0	0	0	0	5548.20	5738.40	5929.20	6121.20
W-4	3228.60	3473.40	3573.30	3671.40	3840.30	4007.10	4176.30	4341.00	4511.70	4779.00	4950.00	5117.40	5290.80	5461.80	5636.40
W-3	2948.40	3071.70	3197.40	3238.80	3371.10	3522.30	3721.80	3918.90	4128.30	4285.50	4442.10	4509.30	4578.90	4730.10	4881.30
W-2	2593.50	2741.70	2871.30	2965.50	3046.20	3268.20	3438.00	3564.00	3687.00	3771.30	3842.40	3977.40	4111.50	4247.40	0
W-1	2290.20	2477.70	2603.10	2684.40	2900.40	3030.90	3146.40	3275.40	3360.90	3438.30	3564.30	3659.70	0	0	0

### COMMISSIONED OFFICERS WITH MORE THAN FOUR YEARS ENLISTED OR WARRANT OFFICER ACTIVE-DUTY SERVICE\*

O-3E	0	0	0	4168.20	4367.70	4586.70	4728.60	4962.00	5158.50	5271.00	5424.60	0	0	0	0
O-2E	0	0	0	3660.90	3736.20	3855.30	4055.70	4211.10	4326.60	4326.60	4326.60	0	0	0	0
O-1E	0	0	0	2948.10	3148.80	3264.90	3383.70	3500.70	3660.90	3660.90	3660.90	0	0	0	0

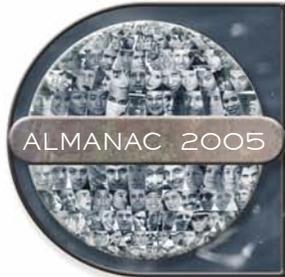
### COMMISSIONED OFFICERS\*

O-10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
O-9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
O-8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
O-7	6666.00	6975.60	7119.00	7233.00	7439.10	7642.50	7878.30	8113.50	8349.00	9089.40	9714.60	9714.60	9714.60	9714.60	9763.80
O-6	4940.70	5427.90	5784.00	5784.00	5805.90	6054.90	6087.90	6087.90	6433.80	7045.50	7404.60	7763.40	7967.70	8174.10	8575.50
O-5	4118.70	4639.80	4961.10	5021.40	5221.50	5341.80	5605.50	5799.00	6048.60	6431.10	6613.20	6793.20	6997.50	6997.50	6997.50
O-4	3553.80	4113.90	4388.40	4449.60	4704.30	4977.60	5317.50	5582.70	5766.60	5872.20	5933.70	5933.70	5933.70	5933.70	5933.70
O-3	3124.50	3542.10	3823.20	4168.20	4367.70	4586.70	4728.60	4962.00	5083.20	5083.20	5083.20	5083.20	5083.20	5083.20	5083.20
O-2	2699.40	3074.70	3541.20	3660.90	3736.20	3736.20	3736.20	3736.20	3736.20	3736.20	3736.20	3736.20	3736.20	3736.20	3736.20
O-1	2343.60	2439.00	2948.10	2948.10	2948.10	2948.10	2948.10	2948.10	2948.10	2948.10	2948.10	2948.10	2948.10	2948.10	2948.10

\* Notwithstanding the basic pay rates specified in this table, the actual rate of basic pay for enlisted members may not exceed the rate of pay for Executive Schedule Level 5.

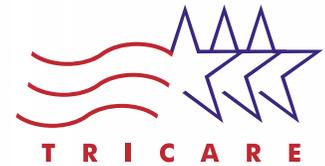
\*\* Subject to the preceding footnote, the rate of basic pay for enlisted members in the pay grade of E-9, who is serving as Master Chief Petty Officer of the Navy is \$6,090.90, regardless of cumulative years of service computed under Section 205 of Title 37, U.S. Code.

\*\*\* In the case of members in the pay grade E-1, who have served less than four months on active duty, the basic pay is \$1,086.00.



# TRICARE

## PROMISES NEW RESOLUTIONS FOR THE NEW YEAR



21  
THE  
NAVY  
RESERVIST  
JANUARY  
2005

BY ENSIGN TAY BRYMER

REFERENCE

Tricare promises new opportunities and benefits in Fiscal Year 2005 with the signing of the National Defense Authorization Act authorizing long-term benefits for Reservists and their families.

“Tricare is becoming a fully integrated system that brings together the health care resources of both active and Reserve components,” said Maj. Janet Broome, Reserve component beneficiary counseling and assistance coordinator. Tricare, traditionally known as the health care provider for the active components and retirees, wants to ensure Reservists understand the coverage options available to them.

For over a decade, Reservists have been eligible for dental coverage regardless of their duty status. To enroll in the Tricare Dental Program (TDP), get an enrollment application by calling United Concordia (UCCI) at 1-888-622-2256, or contact the nearest Tricare Service Centers, a military dental treatment facility, or a uniformed services personnel office. Enrollment applications are also available on-line, at UCCI’s Web site <http://www.ucci.com/was/uccweb/home.jsp>.

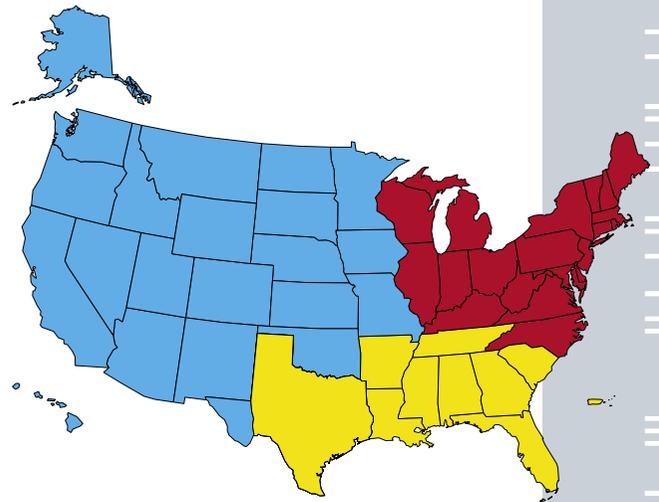
Since October 29, 2004 Reservists and their family members are eligible for the Transitional Assistance Management Program (TAMP) for medical coverage 90 days prior to member’s activation date and up to 180 days after deactivation. To be eligible for this care the member must be on active duty for 30 days or greater.

### TRICARE ELIGIBILITY

- Active-duty service members
- Family members and survivors of active-duty personnel
- Retirees and their family members and survivors under age 65
- Reserve component (RC) members and their families if RC member is activated for more than 30 consecutive days

If Reservists meet any of the above requirements, they should call their local Tricare service center to enroll today. Tricare, which was formally organized into 12 regions, has now merged into three regions and three contractors resulting in better customer service, improved portability and access to quality health care. The map (right) is provided as a guideline to identify the service area.

- WEST**  
 San Diego, Calif.  
 (TriWest Healthcare Alliance Corp)  
 1-888-874-9378  
[trowest@tma.osd.mil](mailto:trowest@tma.osd.mil)
- SOUTH**  
 San Antonio, Texas  
 (Humana Military Healthcare Services)  
 1-800-444-5445  
[TROSouthCS@tros.tma.osd.mil](mailto:TROSouthCS@tros.tma.osd.mil)
- NORTH**  
 Washington, D.C.  
 (Health Net Federal Services)  
 1-877-874-2273  
[tronorth@tma.osd.mil](mailto:tronorth@tma.osd.mil)



Like most civilian insurance providers, Tricare has several options allowing members to choose the plan that fits them best. The three most common programs are Tricare Prime, Tricare Extra and Tricare Standard (formerly called CHAMPUS).

### TRICARE PRIME

Tricare Prime offers fewer out-of-pocket costs than any other Tricare option. Enrollees receive most of their care from a Military Treatment Facility (MTF), augmented by the Tricare contractor’s Preferred Provider Network (PPN). Additionally, enrollees are assigned a Primary Care Manager (PCM).

#### ADVANTAGES (PCM)

- Provides and coordinates your care
- Maintains your health records
- Refers you to specialists, if necessary. (Specialty care must be arranged and approved by your PCM.)

Care is usually provided in an MTF, but civilian clinics may be used in some cases. All eligible beneficiaries must be enrolled in the Defense Enrollment Eligibility Reporting System (DEERS) and must reside in a service area where Tricare Prime is offered. Under this option, you will choose a doctor, hospital, or other medical provider listed in the Tricare Provider Directory. For assistance, call the Health Care Finder (HCF) at your nearest Tricare Service Center.

TRICARE PRIME

TRICARE PRIME



## TRICARE EXTRA

Active-duty members are not eligible for this coverage since they are automatically enrolled in Tricare Prime; however, their family members are eligible for this coverage. Individuals may choose a doctor, hospital or medical care provider of their choice from the Tricare directory. Anyone who is CHAMPUS-eligible may use Tricare Extra. Treatment may also be available at a military treatment facility, if space allows and after Tricare Prime beneficiaries have been served.

### ADVANTAGES

- Co-payment 5 percent less than Tricare Standard
- No balance billing
- No enrollment fee
- No deductible when using retail pharmacy network
- No forms to file
- Service members may also use Tricare Standard.

### DISADVANTAGES

- No Primary Care Manager
- Provider choice is limited
- Patient pays:
  - Deductible
  - Co-payment
- Not universally available

## TRICARE STANDARD

Tricare Standard is the new name for what has traditionally been known as CHAMPUS. Under this plan, you can see the authorized provider of your choice. However, having this flexibility means that care generally costs more. If space allows, treatment may also be available at a Military Treatment Facility (MTF) after Tricare Prime beneficiaries have been served. In some areas, Tricare Standard may be the only coverage available.

### ADVANTAGES

- Broadest choice of providers
- Widely available
- No enrollment fee
- Service members may also use Tricare Extra.

### DISADVANTAGES

- No Primary Care Manager
- Patient pays:
  - Deductible
  - Co-payment
  - Balance - if bill exceeds allowable charge and provider is nonparticipating (up to an additional 15 percent)
- Service members may have to file their own claims

## TRICARE FOR LIFE

In addition to Tricare's Prime, Extra, and Standard, the contractor offers Tricare For Life (TFL), a Medicare-wraparound coverage.

### TRICARE FOR LIFE ELIGIBILITY

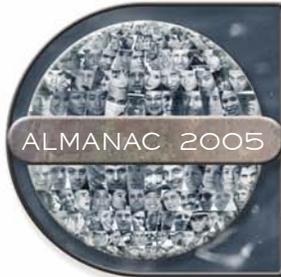
- Medicare-eligible uniformed service retirees, including retired guard members and reservists
- Medicare-eligible family members and widows/widowers (dependent and parents-in-law are excluded)
- Medicare-eligible Congressional Medal of Honor recipients and their family members
- Certain Medicare-eligible un-remarried former spouses

Each Tricare program has its own eligibility and enrollment requirements. All eligible beneficiaries must be enrolled in the DEERS to be eligible for any Tricare benefits. Enrollment information is available by calling 1-800-538-9552 (Monday through Friday, 9 a.m. to 6:30 p.m.) or visit their Web site at <http://Tricare.osd.mil/deers/default.cfm>.

### ENROLLMENT FOR COVERAGE IS SUBJECT TO...

- Location
- Eligibility category
- Specific program requirements

The charts on the following page provide cost shares for families using Tricare. For more in-depth analysis of the Tricare benefit as compared to other civilian health plans please visit their health comparison site at <http://www.Tricare.osd.mil/Tricarecomparisons/admin/index.cfm>.



# TRICARE

## PROMISES NEW RESOLUTIONS FOR THE NEW YEAR



23  
THE NAVY  
RESERVIST  
JANUARY  
2005

BY ENSIGN TAY BRYMER

REFERENCE

ACTIVE AND FAMILY MEMBERS	TRICARE PRIME	TRICARE EXTRA	TRICARE STANDARD
Annual Deductible	None	\$150/individual or \$300/family for E-5 & above; \$50/\$100 for E-4 & below	\$150/individual or \$300/family for E-5 & above; \$50/\$100 for E-4 & below
Annual Enrollment Fee	None	None	None
Civilian Outpatient Visit	No cost	15 percent of negotiated fee	20 percent of allowed charges for covered service
Civilian Inpatient Admission	No cost	Greater of \$25 or \$13.90/day	Greater of \$25 or \$13.90/day
Civilian Inpatient Mental Health	No cost	\$20/day	\$20/day
Civilian Inpatient Skilled Nursing Facility Care	\$0 per diem charge per admission No separate co-payment/cost-share for separately billed professional charges	\$11/day (\$25 minimum) charge per admission	\$11/day (\$25 minimum) charge per admission
RETIREES, FAMILY MEMBERS & OTHERS	TRICARE PRIME	TRICARE EXTRA	TRICARE STANDARD
Annual Deductible	None	\$150/individual or \$300/family	\$150/individual or \$300/family
Annual Enrollment Fee	\$230/individual \$460/family	None	None
Civilian Copays		20 percent of negotiated fee	25 percent of allowed charges for covered service
Outpatient Emergency Care Mental Health Visit	\$12 \$30 \$25 \$17 (group visit)		
Civilian Inpatient Cost Share	\$11/day (\$25 minimum) charge per admission	Lesser of \$250/day or 25 percent of negotiated charges plus 20 percent of negotiated professional fees	Lesser of \$512/day or 25 percent of billed charges plus 25 percent of allowed professional fees
Civilian Inpatient Skilled Nursing Facility Care	\$11/day (\$25 minimum) charge per admission	\$250 per diem co-payment or 20 percent cost-share of total charges, whichever is less, institutional services, plus 20 percent cost-share of separately billed professional charges	25 percent cost-share of allowed charges for institutional services, plus 25 percent cost-share of allowable for separately billed professional charges
Civilian Inpatient Mental Health	\$40 per day	20 percent of institutional & negotiated professional fees	Lesser of \$169/day or 25 percent of allowable fees

If the members already have other health care coverage, they may still be eligible for Tricare. However, they should inform their regional contractor and healthcare provider so their benefits can be coordinated and there is no delay in the payment of claims. Information on Tricare's benefits throughout the new year is available through their new support programs listed below.

### TRICARE ELIGIBILITY QUESTIONS

DMDC Support Office: 1-800-538-9552  
1-877-363-6337

### PHARMACY QUESTIONS

1-877-DoD-MEDS

### TRICARE PRIME REMOTE QUESTIONS

(For those residing greater than 50 miles from a MTF)  
1-888-DoD-CARE  
1-888-363-2273

### TRICARE DENTAL PROGRAM

1-800-866-8499

# ACTIVATION/MOBILIZATION CHECKLIST

ALMANAC 2005

## REQUIRED DOCUMENTS FOR YOUR DEPENDANTS AND YOU

REFERENCE

### A. PAY/DIRECT DEPOSIT/ALLOTMENT

- Voided personal check or deposit slip (displaying bank address/telephone, bank routing/account numbers).
- Bank account information (bank address/telephone, bank routing/account numbers) for each desired allotment.
- Copy of current mortgage(s) (with principal/interest/tax/insurance breakdown) and documentation of one month's average utilities, OR copy of house or apartment rental agreement and documentation of one month's average utilities.
- Copy(s) of current child support agreement(s).
- If [Medical Corps (MC), Dental Corps (DC), Medical Service Corps (MSC) (Clinical), Nurse Corps (NC)] certified copies or proof of the following:
  - Current license/certificate
  - Current BCLS, ACLS, PALS, etc.
  - Current demographic information if MC
  - Internship
  - Residency
  - Board certification in specialty or board certification qualifications.

### B. SERVICE RECORD/PSD

- Certification of discharge/separation (DD-214) for all former periods of active duty.
- Your birth certificate or passport (for those deploying OUTCONUS).
- Birth, adoption or guardianship certificates for dependents.
- Social Security Numbers for self and dependents.
- Certified copy of marriage certificate for present marriage.
- Certified copies of documentation terminating any previous marriage (divorce/annulment/spouse's death certificate).
- Certification of full-time enrollment for self and college-age dependents from school registrar.
- Signed statement from licensed physician for dependent parent/children over twenty-one years of age who are incapacitated.
- Current DON Family Care Plan Certification (NAVPERS 1740/6).

### C. SECURITY CLEARANCE

- Certified copy of naturalization papers.
- Names/addresses of personal/professional references (minimum of 3 each required).

- Names/addresses/dates of employment for the past ten years (or since graduation from high school).
- Names/addresses/dates of high school and college.
- Addresses and dates of all previous residences.
- Names/dates/places of birth for your parents and your spouse's parents.

### D. LEGAL

- Location of current valid will.
- Copy of current power(s) of attorney (business arrangements/tax filing/child care dependents medical emergency care/household goods and POV storage).
- Documentation to support potential legal issues, such as loss of college tuition assistance, loss of security deposit on lease, loss of employee medical benefits, etc.

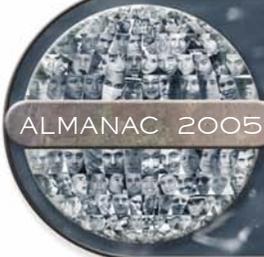
### E. MEDICAL

- Copy of most recent eyeglass prescription and extra set of eyeglasses. (\*\*NOTE Contact lenses may not be authorized depending upon duty assignment.)
- Extra hearing aid/batteries.
- Documentation of significant medical/dental conditions not documented in military medical/dental records.
- Copy of prescription(s) issued by physician (or other documentation of approved medications). Minimum 90 days supply of medications.
- Documentation to support enrollment of exceptional family member in available Navy/DOD programs.
- Documentation of enrollment in TRICARE SELRES Dental Program (TSRDP).

### F. PERSONAL

- Driver's license (to support issuance of government license.)
- For those authorized POV travel, vehicle registration/insurance documentation.
- Documentation to support any claim delay and/or exemption.

\*\* NOTE: If requirements listed above for Service Record/PSD and Security Clearance are already reflected in your service record, you do not need to bring additional documents.



# A LOOK BACK IN HISTORY WHAT WAS HAPPENING 20 YEARS AGO IN THE NAVAL RESERVIST NEWS.

25  
THE  
NAVY  
RESERVIST  
JANUARY  
2005

REFERENCE

## Planners to Observe Training at Selected Sites

**NEW ORLEANS**—Officials from the Chief of Naval Operations and members of the Commander, Naval Reserve Force staff joined together to conduct a baseline assessment of Naval Surface Reserve training by Selected Reservists at Naval Reserve Centers. The Surface Naval Reserve Training Assessment Team will be visiting numerous drill sites throughout the United States to assess training being conducted by Selected Reservists. The major thrust of the assessment team is not an inspecting body but rather a fact finding group to assemble baseline data to improve Naval Surface Reserve Training.

"Before we can make recommendations to improve training, we need to visit out training sites and receive a direct input from out drilling Reservists; this way we know where we stand," said Commander Brian E. Sheffield, senior member of the assessment team for Surface Reserve Training on the Director of Naval Reserve staff in Washington. "The data gathered by these assessment visits will be instrumental in restructuring the future training being planned for the Naval Surface Reserve," he added.

The training assessment team visited reserve centers and training facilities in Naval Reserve Readiness Command Region 13 in Great Lakes, Ill., in December. The area was selected as the team's first visit for its concentration of different types of training now being conducted, often at fleet facilities.

"We're finding that we need (See Training, p. 6)



## NAVAL RESERVIST NEWS

News of the Total Force Navy for the Naval Reserve Community

Vol. 9 No. 10/11

Commander, Naval Reserve Force, New Orleans, Louisiana

January/February 1985



**LAMPS**—Crewmembers prepare to hoist off a Naval Reserve Seahawk on the USS Lang (FF-1060). Right deck during LAMPS operations off the southern California coast. The SH-3 helicopter crew from Helicopter Antisubmarine Warfare Squadron Light (HSL) 14 was participating in Exercise Varsity Power that also in-

cluded 19 squadrons, 64 staff and support units, the frigates USS Duncan, Jervis and Brantlett and over 2,000 active duty and reserve sailors. The exercise was under the operational control of NR Antisubmarine Warfare Squadron Light (HSL) 14 at Naval Air Reserve San Diego.

## LDO, WO Programs Open to Reservists

**WASHINGTON, D.C.**—The inactive limited duty officer (LDO) program is open to reserve chief warrant officers and its enlisted Naval Reservists, E-6, E-7, and E-8, with between 8 and 16 years of qualifying service. The chief warrant officer (CWO) program is open to Naval Reserve E-7a, E-8a, and E-9a with between 12 and 24 years of qualifying service.

All applications, except those of first class petty officers, must be submitted to NMPC 211 by April 1, 1985. First class petty officers applying for first complete and become selection board eligible as a result of successfully competing in the E-7 exam. First class petty officer applications must be submitted by June 1, 1985.

Eligibility requirements and application procedures for enlisted Naval Reservists seeking an inactive duty Naval Reserve commission as CWO or LDO or current Reserve CWOs seeking to become LDOs are contained in Naval Military Personnel Command Instruction 1133.1.

## New Pay System Set for SELRES

**CLEVELAND, Ohio**—The Navy Finance Center has implemented a new drill pay processing system for Naval Reservists.

The system will provide the reservists with a new expanded Drill Pay Earnings Statement and it will be mailed separately from the drill check. It will begin with the checks dated February 20.

The new earnings statement begins with a recent Reserve Policy Board recommendation to provide additional pay related information to reservists. Additional features include drill categories, credit/debit explanation codes, and references to specific drill data used in the pay computation.

Reservists will be able to determine if all drills performed have been paid, by comparing their copy of the Drill Recording Form to a listing in the Drill/Incentive Pay Entitlement section of the statement.

The Finance Center also now has the capability to maintain two addresses. The first is the "check mailing address" and the second is a "correspondence address."

The check mailing address will be used only for mailing checks, while the second address will be used for mailing earnings statements, W-2s and similar correspondence. For most reservists it will be the same address. Reservists currently having checks mailed to banks for financial institutions) were advised by letter in December that earnings statements and W-2s will no longer be mailed

to banks after February 1, 1985, and that "correspondence address" must be submitted. The current blue change (See Pay, p. 3)

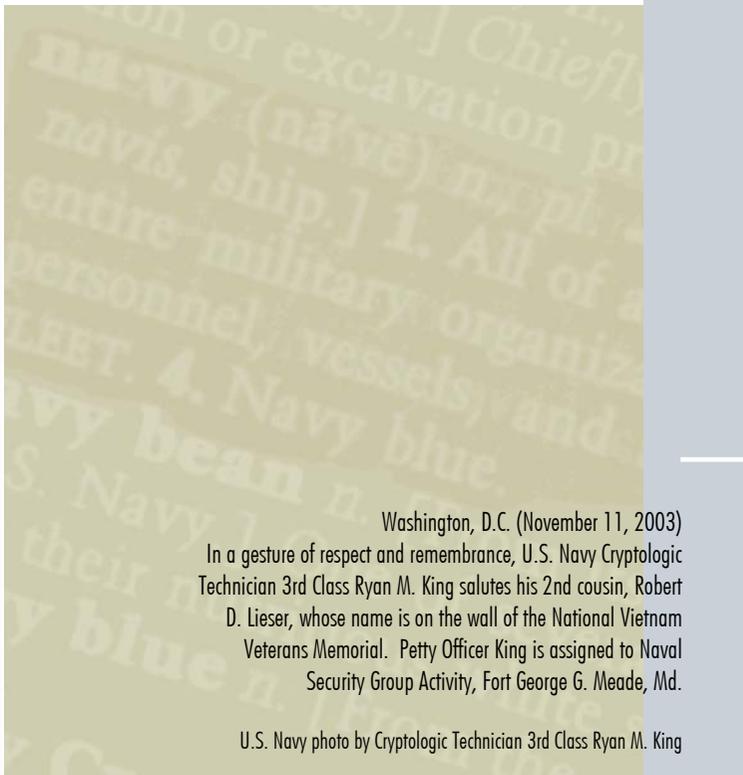
## Point Printouts Mailed

**NEW ORLEANS**—The first enlisted annual retirement point statements for reservists have been mailed.

The Naval Reserve Personnel Center here reports the first enlisted reservists to receive the statements are those members with an anniversary month of June.

Statements will be issued annually, approximately five months after the member's anniversary date. In December, NRPC issued statements for enlisted members with an anniversary date in July. This month, the August statements will be issued. The enlisted point capture project has been of high interest. It has experienced false starts and failures over the past several years.

This issue highlighted the Navy Reserve's efforts to prepare for a homeland invasion, almost 20 years prior to the attacks of Sept. 11. GulfTenOrEx '85 brought together approximately 400 Reservists from the Army, Navy, and Marine Corps in the Pensacola, Fla., and New Orleans areas. The Reservists organized and trained forces to respond to the threat of attackers trying to seize areas near the Pensacola Naval Air Station. The exercise used the latest in war game technology, including the Military Institution Laser Evaluation System, which set off a small buzzer when a participant was tagged with a direct hit from an enemy rifle. Photos below of the GulfTenOrEx '85 operation.



Washington, D.C. (November 11, 2003)  
In a gesture of respect and remembrance, U.S. Navy Cryptologic Technician 3rd Class Ryan M. King salutes his 2nd cousin, Robert D. Lieser, whose name is on the wall of the National Vietnam Veterans Memorial. Petty Officer King is assigned to Naval Security Group Activity, Fort George G. Meade, Md.

U.S. Navy photo by Cryptologic Technician 3rd Class Ryan M. King

Cryptologic Technician Technical 2nd Class Cassandra Foote, of Vergennes, Vt., inspects a power supply unit for a damaged plug aboard USS Dwight D. Eisenhower (CVN 69). Foote was selected as Eisenhower Junior Petty Officer of the Year for 2004. IKE is completing a Refueling Complex Overhaul at Northrop Grumman Newport News shipyard.

U.S. Navy photo by Photographer's Mate Airman Christopher Long



Naval Reserve intelligence professionals are on duty and serving worldwide. More than 4,000 Citizen Sailors in the Naval Reserve intelligence community, are working for 31 supported commands, Navy and joint, and more than 180 Naval Reserve Command Intelligence Support Commands.

Since the Sept. 11, 2001, attacks, more than 1,700 Naval Reserve intelligence Reservists have been mobilized, representing 41 percent of the Reserve intelligence force. Naval Reserve Intelligence Command members have been mobilized to 117 Navy and joint commands in 150 different locations worldwide.

Intelligence Reserve professionals have averaged 110 days of active duty per person in 2002, and 80 days per person in 2003, providing reach back and forward support to the Global War on Terrorism. This personnel operation tempo is among the highest of any community in the Navy's Reserve.

In addition to Reservists serving forward at supported commands, Navy intelligence professionals also provide reach-back capabilities for these same commands at stateside Joint Reserve Intelligence Centers. In other words, the commands are able to "reach back" to personnel on station at one or more of the joint centers across the country for intelligence production and support. These fully operational and secure facilities capitalize on virtual technological capabilities in collaborative intelligence environments.

They allow intelligence Reservists to work with state-of-the-art systems to provide direct and real-time intelligence support, serve as stateside extensions of supported command intelligence staffs during mobilization, and provide continuity of operations capabilities for the joint intelligence centers of combatant commands.

## CRYPTOLOGY SPECIALISTS SKILL SET PROFILES

CTA (ADMINISTRATIVE), CTI (INTERPRETIVE), CTO (COMMUNICATION), CTR (COLLECTION), CTT (TECHNICAL), CTM (MAINTENANCE)

OUR KEY CUSTOMERS: COMNAVSECGRU & NSG Commands, Joint Military Service Commands, National & Worldwide Agencies, Navy Fleet Commands, School Commands, Training Facilities



Cryptologic Technician Technical 3rd Class Daniel Martin monitors the Advanced Combat Direction System console in the ship's Combat Direction Center, protecting the USS Enterprise (CVN 65) from incoming enemy missiles.

U.S. Navy photo by Airman Milosz Referski

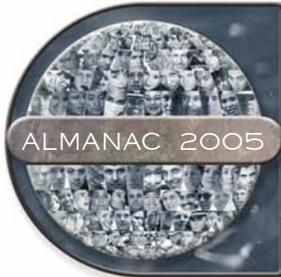
## INTELLIGENCE UNITS

- CNRIC Headquarters – Fort Worth, Texas
- RIA 1 – Whidbey Island, Wash.
- RIA 3 – New Orleans
- RIA 4 – San Diego
- RIA 5 – Denver
- RIA 6 – Fort Worth, Texas
- RIA 9 – Great Lakes, Ill.
- RIA 10 – Minneapolis
- RIA 13 – Jacksonville, Fla.
- RIA 14 – Atlanta
- RIA 15 – Norfolk
- RIA 16 – Willow Grove, Pa.
- RIA 18 – Boston
- RIA 19 – Washington, DC



Cryptologic Technician Technical First Class (SW/AW) Jason Moses assigned to the Commander, Carrier Group Six (CCG 6), monitors GCCS-M display and radar data aboard the USS John F. Kennedy (CV 67).

U.S. Navy photo by Photographer's Mate 2nd Class (NAO/SW/AW) Michael Sandberg



# NAVAL COASTAL WARFARE

PROVIDING SURFACE/SUBSURFACE SURVEILLANCE IN  
WORLDWIDE LITTORAL AREAS.

27  
THE  
NAVY  
RESERVIST  
JANUARY  
2005

BY LT. CMDR DAVID HERSHEL

REFERENCE

The roots of today's Naval Coastal Warfare (NCW) go back to Vietnam. Inshore Undersea Warfare Group 1, as part of the Republic of Vietnam Coastal Surveillance Force, provided a Western Pacific Detachment that operated in the harbors of Vung Tau, Cam Rahn Bay, Qui Nhon, and Nha Trang in the 1960's. Their mission then was not much different than today as noted in their Meritorious Unit Commendation. "Although operating in an environment where the United States Navy had virtually no past experience, the detachment personnel were instrumental in denying enemy forces freedom of movement within assigned harbors."

Naval Reserve Mobile Inshore Undersea Warfare (MIUW) units provide the sole capability for this mission within the United States Navy."

NCW Reservists have been so successful in proving their worth that the Navy is standing up eight active-duty NCW units to aid in force-protection missions. The new units, comprised of about 580 active-duty billets will be organized into squadrons based in San Diego and Norfolk.

Their overall mission, identical to what mobilized reservists have been doing for the past 3 1/2 years: defending ships and shore installations in a port, mainly from terrorist attack. The new NCW units

an interdiction force for any identified threat. IBUs also coordinate their efforts with Coast Guard Port Security Units.

Since the attack on USS Cole (DDG 67), every unit within NCW Group 1 in San Diego and about 1,600 Reservists have been mobilized. About 250 of those drilling reservists have been mobilized many for more than two tours. The mission has become so critical that Commander, Fleet Forces Command has transitioned several former Reserve units to active-duty units. Today active and Reserve members of NCW continue to provide port protection and harbor defense in the Arabian Gulf and around the globe.

Store Keeper 2nd Class Ed Sweatman takes a break during his 12-hour patrol off the coast of Fujairah in the United Arab Emirates where temperatures can reach more than 100 degrees Fahrenheit during the early morning hours.

U.S. Navy photo by  
Journalist 2nd Class Jason Trevett



HARBOR DEFENSE  
UNITS DETECTED,  
BOARDED, AND  
SEARCHED LARGE  
NUMBERS OF  
SUSPECT JUNKS  
AND CRAFT,  
CONTRIBUTING  
SIGNIFICANTLY TO  
THE CURTAILMENT  
OF ACTS OF  
SABOTAGE AND THE  
FLOW OF ENEMY  
SUPPLIES.

Electronic Technician 1st Class Warren Chinn assigned to Inshore Boat Unit Twenty Six (IBU 26) watches over USS Theodore Roosevelt (CVN 71) as it arrives in Souda Bay, Crete, Greece, Mar. 2, 2003.

U.S. Coast Guard photo by  
Public Affairs Specialist  
1st Class John Gaffney



As the program developed into one of the premier Naval Reserve programs in the last decade, the mission evolved "...to provide surface and subsurface surveillance in littoral areas throughout the world. Their secondary mission capabilities include communications functions, command, and control.

will complement the Mobile Security Force and report to Surface Force Atlantic and Pacific respectively. Reserve NCW forces total about 3,500 billets in 45 units.

Set up on shore, the MIUW communicates with an Inshore Boat Unit (IBU), a unit consisting of six heavily armed patrol boats serving as

Inshore Boat Unit One Four (IBU 14) patrols a forward location harbor in a 32-foot jet boat.

U.S. Navy photo by Photographer's Mate  
1st Class Arlo K. Abrahamson





One of the smallest and most specialized communities within the Naval Reserve is that of the NRF Explosive Ordnance Disposal Mobile Units (EODMU). These highly skilled Reservists provide several niche capabilities including force protection diving and underwater ordnance location, mobile communications, side-scan sonar and combat service support. Close management and oversight of the reserve EOD program by their Active Component counterparts have led to superb example of active-reserve integration.

The NRF EOD community is composed of four commissioned units, two on each coast. On the West Coast, and under the operational control of EOD Group ONE, are EODMU SEVEN and EODMU SEVENTEEN, located in San Diego, CA and Whidbey Island, WA respectively. The East Coast Units are EODMU TEN and EODMU TWELVE located at Fort Story, Virginia and Charleston, SC and fall under the operational control of EOD Group TWO.

The NRF EODMUs are composed of a series of specialized detachments and provide the following capabilities.



**ORDNANCE CLEARANCE DETACHMENTS:** the heart of the NRF EODMUs, these detachments are composed of highly skilled members, competent in the areas of diving and handling of explosives. The primary mission is the location and disposal of hazardous ordnance, both on land and underwater. These detachments operate in teams of one officer and seven enlisted ordnance clearance divers (NEC 5339). Recent deployments have involved supporting force protection operations in the Fifth and Sixth Fleet areas of operation. There they searched the hulls of U.S. Navy ships for underwater ordnance.



**AREA SEARCH DETACHMENTS:** skilled in the operation of towed side-scan sonar on small craft and crafts of opportunity, this type of detachment's primary mission is the location and reacquisition of underwater objects. Recently, the EODMUs and ASDs have been involved in the Navy's development of an Unmanned Underwater Vehicle program to support force protection. Members of these detachments have been mobilized in support of Sixth Fleet force protection requirements after the events of September 11<sup>th</sup>, 2001.



**MOBILE COMMUNICATIONS DETACHMENTS:** independently deployable field communications for integrated command post tactical and long haul communications in support of EOD forces in the field. They are capable of secure radio/telephone, satellite, photo digital imagery, GCCS-M and various clear voice communications. Members of these detachments have supported Operation Iraqi Freedom.



**COMBAT SERVICE SUPPORT DETACHMENT:** this detachment provides berthing, messing, logistical and limited maintenance support to EOD forces in the field, operating outside of normal base support. This detachment is composed of one officer and twelve enlisted and supported by four active staff members. It is the newest of the EODMU's detachments, built as a response to much needed capabilities within the EOD community.

Mobilizations over the last three years have seen members of the NRF EODMUs deployed to Souda Bay, Crete, Sigonella, Sicily, Bahrain and beyond. Through the unique skill sets that they bring to the fight, these Reserves have made significant impact on the GWOT. The EOD community has been a leader in integrating and shaping their Reserve Component over the last two decades, which has facilitated seamless integration during these challenging times. Continued emphasis on FP/AT capabilities and GWOT will likely keep this small but effective community busy for some time to come.

U.S. Navy photos top to bottom by  
1. Photographer's Mate 1st Class Brien Aho  
2. Journalist 2nd Class Leanna Reichlein  
3. Photographer's Mate 1st Class Ted Banks  
4. Journalist 2nd Class Elton Shaw



# SEABEES

CAN FIGHT, WELD, BUILD, DRIVE, REPAIR, WRECK OR BEAUTIFY...  
CAN MAKE SOMETHING OUT OF NOTHING...  
WORK NEVER SEEMS TO TIRE HIM NOR DOES HE SEEM TO TIRE OF IT

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RESERVIST  
JANUARY  
2005

REFERENCE

Naval Mobile Construction Battalions (NMCBs) provide responsive military construction support to Navy, Marine Corps and other forces in military operations, construct base facilities and conduct defensive operations. Also known as the Seabees, they perform specialized construction, such as water well drilling and battle damage repair. In addition to standard wood, steel, masonry and concrete construction, Seabees work and defend themselves at construction sites outside of their base camp and convoy through unsecured areas. In times of emergency or disaster, Seabees conduct disaster control and recovery operations. There are four Reserve Naval Construction Regiments, 12 Reserve Seabee Battalions, and one Naval Construction Force Support Unit.

## RESERVE NAVAL MOBILE CONSTRUCTION BATTALIONS

- Naval Mobile Construction Battalion 14, Jacksonville, Fla.
- Naval Mobile Construction Battalion 15, Belton, Mo.
- Naval Mobile Construction Battalion 17, Fort Carson, Colo.
- Naval Mobile Construction Battalion 18, Fort Lewis, Wash.
- Naval Mobile Construction Battalion 21, Lakehurst, N.J.
- Naval Mobile Construction Battalion 22, Fort Worth, Texas
- Naval Mobile Construction Battalion 23, Fort Belvoir, Va.
- Naval Mobile Construction Battalion 24, Huntsville, Ala.
- Naval Mobile Construction Battalion 25, Fort McCoy, Wis.
- Naval Mobile Construction Battalion 26, Mount Clemons, Mich.
- Naval Mobile Construction Battalion 27, Brunswick, Mass.
- Naval Mobile Construction Battalion 28, Shreveport, La.

## RESERVE NAVAL CONSTRUCTION REGIMENTS

- 3rd Naval Construction Regiment, Atlanta, Ga.
- 1st Naval Construction Regiment, Port Hueneme, Calif.
- 7th Naval Construction Regiment, Newport, R.I.
- 9th Naval Construction Regiment, Fort Worth, Texas

## NAVAL CONSTRUCTION FORCE SUPPORT UNIT

- Naval Construction Force Support Unit 2, Port Hueneme, Calif.

U.S. Navy Utilitiesman 1st Class (UT1) John Brillowski and UT1 Robert Horneij along with other Navy Seabees attached to NMCB 25 work shoulder-to-shoulder with Armed Forces of the Philippines (AFP) members to lower a pipe down a deep well used to bring much needed running water to the Bacungan Elementary School.

U.S. Navy Photo by Photographers Mate 1st Class Felix Garza Jr.



## A PROUD HISTORY

The "Seabees" are skilled Navy craftsmen who build and defend the structures the Navy needs around the world. Their famous name and this logo date back to 1942, when they were compared to the highly industrious bee, which goes about its own work but packs a mighty sting when disturbed. The regular Navy formed its first Construction Battalion in 1942. Seabees served proudly in World War II, building roads, bridges, airport runways and even entire bases. Seabees have served in almost every world crisis and conflict since then. The first Naval Reserve Seabee units were organized in 1948. The Seabees are known throughout the Navy for their "Can Do" spirit. Their construction feats, such as providing nuclear power to McMurdo Station in Antarctica, are legendary. Navy Seabees are not only builders, but also fierce fighters. They can carve a Navy base from the wilderness, then defend it until reinforcements arrive to occupy it. When mobilized, almost 16,000 Naval Reserve Seabees report to their units to help pave the way for the regular Navy. perform refrigeration and air-conditioning work.

Mina Ash-Shu'aibah, Kuwait  
Members assigned to Naval Expeditionary Logistics Support Force Forward Alpha, move cables into place to attach to cargo containers being off-loaded from the Military Sealift Command (MSC) fast sealift ship USNS Bellatrix (T-AKR 288).

U.S. Navy photo by  
Journalist 3rd Class  
Eric L. Beauregard

Commander, Naval Expeditionary Logistics Support Force (COMNAVELSF) supports more than 3,100 Naval Reservists (approximately 250 officers and 2900 enlisted) in more than 120 Naval Reserve Battalions and Companies located throughout the United States. COMNAVELSF encompasses more than 90 percent of the U.S. Navy's Supply and Transportation Expeditionary Units. The Naval Expeditionary Logistics Support Force is organized into 14 battalions (12 Navy Cargo Handling Battalions and two Supply Support Battalions) with drilling detachments referred to as companies.

Naval Expeditionary Logistics Support Force (NAVELSF) is a Navy Reserve command organized and staffed to provide a wide range of supply and transportation support critical for peacetime support, crisis response, humanitarian, and combat service support missions. NAVELSF consists of a full-time and selective reserve support staff, 12 Navy Cargo Handling Battalions (NCHBs), and 2 Navy Supply Support Battalions (NSSBs).

Navy Cargo Handling Battalions (NCHB) are Naval Reserve commissioned units tasked with loading and unloading all classes of cargo, except bulk petroleum. They are a selective reserve Advanced Base Functional Component (ABFC) unit of NAVELSF and are capable of worldwide deployment in its entirety or in specialized detachments. The NCHB is organized, trained, and equipped to load and off-load Navy and Marine Corps cargo carried in maritime prepositioning ships and merchant breakbulk or container ships in all environments; operate in associated temporary ocean cargo terminal; load and off-load Navy and Marine Corps cargo carried in military-controlled aircraft; and operate an associated expeditionary air cargo terminal.

Navy Supply Support Battalions (NSSB) are a selective reserve ABFC unit of NAVELSF, which provides warehouse and freight terminal support, Personnel Support and Services (admin, barbershop, laundry, ship's store), mobile mail support, and Supply Logistics Information support.

## UNITS

- Supply Support Battalion 1, Phoenix, Ariz.
- Supply Support Battalion 2, Quincy, Mass.
- Navy Cargo Handling Battalion 3, Alameda, Calif.
- Navy Cargo Handling Battalion 4, Charleston, S.C.
- Navy Cargo Handling Battalion 5, Tacoma, Wash.
- Navy Cargo Handling Battalion 6, Orange, Texas
- Navy Cargo Handling Battalion 7, Great Lakes, Ill.
- Navy Cargo Handling Battalion 8, Fort Dix, N.J.
- Navy Cargo Handling Battalion 9, Columbus, Ohio
- Navy Cargo Handling Battalion 10, Norfolk, Va.
- Navy Cargo Handling Battalion 11, Jacksonville, Fla.
- Navy Cargo Handling Battalion 12, Bessemer, Ala.
- Navy Cargo Handling Battalion 13, Gulfport, Miss.
- Navy Cargo Handling Battalion 14, Port Hueneme, Calif.

## HEADQUARTERS

Cheatham Annex, Williamsburg, Va.



Ash-Shu'aibah, Kuwait

A member of Naval Expeditionary Logistics Support Force Forward Alpha, operates a crane aboard the Military Sealift Command (MSC) fast sealift ship USNS Bellatrix (T-AKR 288). MSC is the transportation provider for the Department of Defense with the responsibility of providing strategic sealift and ocean transportation for all military forces overseas.

U.S. Navy photo by Journalist 3rd Class Eric L. Beauregard





# NAVY SPECIAL WARFARE

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## RESHAPING THE RESERVE FORCE FOR THE 21ST CENTURY.

REFERENCE

The Naval Special Warfare Operational Support Group is an Echelon III command reporting to Commander, Naval Special Warfare Command.

The mission of the Operational Support Group and its component commands, Naval Special Warfare Operational Support Teams ONE and TWO, are to provide a ready force of Naval Reservists available for mobilization in support of Naval Special Warfare component commands, as functional detachments or as individuals, through the effective administration, management, and training oversight of assigned Naval Reserve personnel.

The Naval Special Warfare Reserve Force Sea, Air, and Land (SEAL), Special Warfare Combatant-craft Crewmen (SWCC), and Technician Officer and Enlisted personnel that provide support to Naval Special Warfare Operational Commanders ranging from peacetime training and exercise support to combat operations.

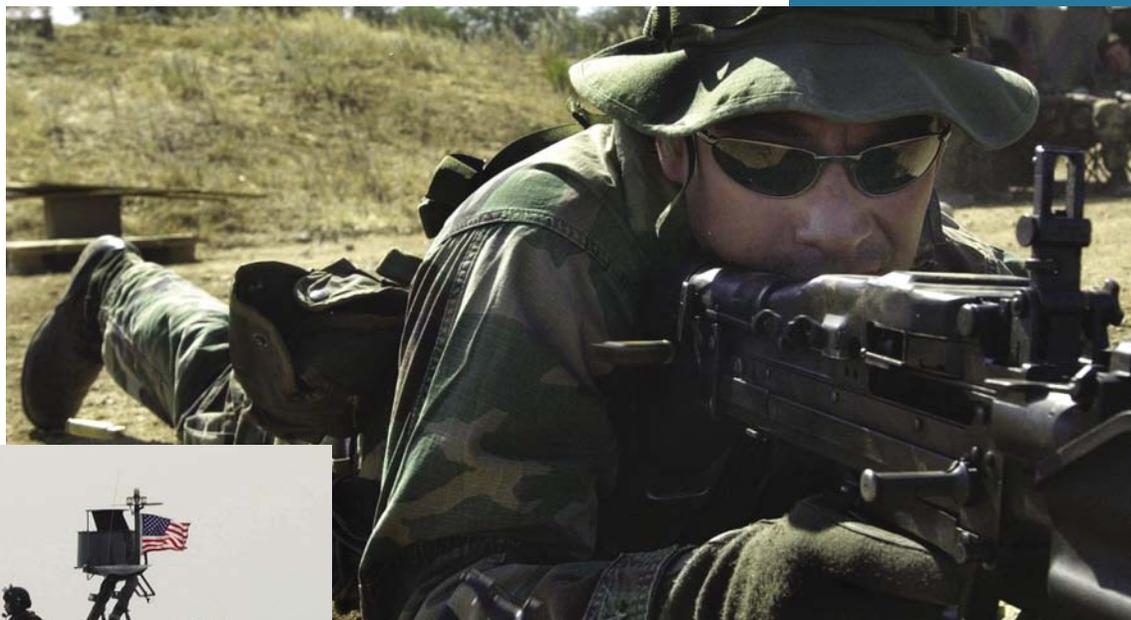
### NAVAL SPECIAL WARFARE OPERATIONAL SUPPORT GROUP

NAVAL SPECIAL WARFARE OPERATIONAL SUPPORT TEAMS ONE  
(NSW OST-1)  
Coronado, Calif.

NAVAL SPECIAL WARFARE OPERATIONAL SUPPORT TEAMS TWO  
(NSW OST-2)  
Little Creek, Va.

A U.S. Navy SEAL (Sea, Air, and Land) assigned to Naval Special Warfare Group One (NSWG-1) Det. 219 Reserve takes aim with an M-60 machine gun during live fire training at Camp Roberts, Calif. The detachment regularly conducts heavy weapon and field craft training to support forward deployed units. NSWG-1 Reserve Det. 219, homeported in Port Hueneme, Calif. is a Naval Reserve combat support detachment which provides support to active-duty Naval Special Warfare commands while forward deployed.

U.S. Navy photo by  
Photographer's Mate 1st Class  
Arlo Abrahamson

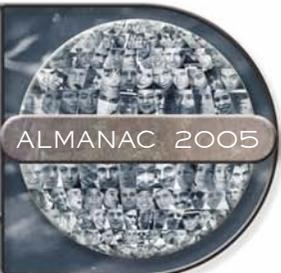


Naval Special Warfare Combatant-craft Crewmen (SWCC) operate a Rigid-Hull Inflatable Boat (RHIB) from a forward location. The RHIB is equipped with .50 caliber machine guns and supports Naval Special Warfare Operations.

U.S. Navy photo by Photographer's Mate 1st Class Arlo K. Abrahamson

# YEAR 2004 IN REVIEW

A RECOLLECTION OF IMAGES PREVIOUSLY PUBLISHED IN THE NAVAL RESERVIST REVEALS THE COMPLEXITY OF WHO WE ARE,



ALMANAC 2005

REFERENCE



JANUARY

Hugs await a father arriving home from duties with the United States Central Command during Operation Iraqi Freedom.  
U.S. Navy photo by Photographers Mate 1st Class (AW) Gary Bonaccorso



FEBRUARY

Coast Guard Boatswain's Mate Shannon Brewer, assigned to Naval Coastal Warfare Group One (NCWG 1) skillfully pilots inshore patrol boat in Ash Shu'ayah, Kuwait.  
U.S. Navy photo by Photographers Mate 1st Class (SCW) Lou Messing



MARCH

Storekeeper 3rd Class Edna Negron confirms her bearings in the land navigation portion of the combat readiness skills training at Cheatham Annex in Williamsburg, Va. The combat skills training was led by Seabees from the 20th Readiness Group, 22nd Regiment, Gulfport, Ms.  
U.S. Navy photo by Photographer's Mate 1st Class Jimmy Lee

APRIL

The Navy NASCAR Team, featuring Casey Atwood, who drives the Number 14 Navy car in the Busch Series, along with the car, Fitz Bradshaw Racing Team pit crew member Lee Kinsey (pictured) and car co-owner Armando Fitz visited Naval Station Great Lakes to experience Recruit Training and signed autographs for students and staff.  
U.S. Navy photo by Photographers Mate 1st Class Michael Worner



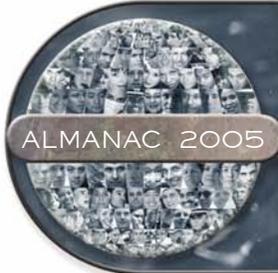
MAY

1st Lt. Tim Miller and Lt. Allen Karlson, Training Squadron Nine (VT-9) "Tigers" student pilots fly in formation in T-2C Buckeyes during a training mission over Key West, Fla.  
US Navy photo by ENS Darin K. Russell



JUNE

A Funeral Detail solemnly and honorably folds the American Flag during a funeral for fallen Navy Reserve Seabees of Naval Mobile Construction Battalion 14 killed in Iraq.  
U.S. Navy photo uncredited.



# YEAR 2004 IN REVIEW

A RECOLLECTION OF IMAGES PREVIOUSLY PUBLISHED IN THE NAVAL RESERVIST REVEALS THE COMPLEXITY OF WHO WE ARE,



JULY

A makeshift altar is created for religious services held out in the field during Chaplain and Religious Program Expeditionary Skills Training (CREST).  
U.S. Navy photo by Photographers Mate 3rd Class Paula Sato



AUGUST

Engineman 2nd Class Robert Looney and Engineman 2nd Class Joe Pearson stand watch on the North end of Al Basrah Oil Terminal (ABOT) in Iraq.  
U.S. Navy photo by Journalist 2nd Class Wes Eplen



SEPTEMBER

Lt. Matthew Stephens, dental officer for Naval Mobile Construction Battalion Two Three (NMCB-23) prepares to fill a tooth for a fellow battalion Seabee. Stephens has been mobilized in support of Operation *Iraqi Freedom*.  
U.S. Navy photo by Journalist 2nd Class Leslie A. Shively

OCTOBER

Cmdr. James Armstrong of Naval Reserve Fleet Hospital Ft. Dix, instructs Senegalese emergency first responders on how to apply "mouflage" as part of the West African Training Cruise (WATC 04), a humanitarian aid exercise conducted by Naval Forces Europe.  
U.S. Navy photo by Lt. Mark Duehmig



NOVEMBER

Reservist Master-at-Arms 1st Class Mike Fisher, of Mobile Security Detachment Two One (MSD-21), hoists up mail delivered by U.S. Coast Guard personnel.  
U.S. Navy photo by Photographer's Mate 2nd Class Samuel W. Shavers



Capt. Anthony Rizzo, commanding officer NAS JRB New Orleans, shares in awarding the Navy Commendation Medal to WWII veteran Seaman 1st Class Willie Thompson nearly 60 years after Thompson saved the lives of two men who were drowning.  
U.S. Navy photo uncredited.

**ACTIVE DUTY FOR SPECIAL WORK (ADSW)**

An additional period of active duty sponsored by a gaining command for periods up to 179 days. Travel may or may not be authorized for ADT; however, orders are always required.

**ACTIVE DUTY TRAINING (ADT)**

An additional period of active duty which may be authorized for training, schools, or gaining command support. The program provides the active duty forces with reserve support to facilitate emergent, unplanned and non-recurring, short-term projects, which cannot be accomplished with assigned personnel. Travel may or may not be authorized for ADT; however, orders are always required.

**ADDITIONAL FLIGHT TRAINING PERIOD (AFTP)**

Additional paid drills for Aircrews and Combat Aircrew training to attain and maintain flying proficiency. A maximum of 48 AFTPs may be authorized each fiscal year.

**ADDITIONAL TRAINING PERIODS (ATP)**

Additional paid drill periods authorized by Commander, Naval Reserve Forces (CNRF), for specific units/billets to support a unit's specific mobilization mission. A maximum of 12 ATPs may be authorized each fiscal year.

**ANNUAL TRAINING (AT)**

A period of active duty Reservists are required to perform annually in order to achieve a qualifying year for retirement. Orders are always required when performing AT, which typically runs 12 to 17 days.

**DRILL PAY STATUS (DP)**

Term applied for reservists drilling with pay, regardless of the type of participation or duties performed. One drill pay period equals four-hours of satisfactorily completed training.

**FLEX DRILL (FLEX)**

Regular IDTs authorized by the Unit CO that are performed outside the normally scheduled drill times to allow Reservists to complete formal schooling or provide peacetime support. Unit COs may authorize a maximum of 40 flex IDTs per fiscal year. Unit members must sign Page 13 entries acknowledging the Flex Drill policy.

**INACTIVE DUTY TRAINING (IDT)**

Training typically done on weekends with two four-hour drill periods per day, performed at an individual's normal drill site. No orders are needed for IDT. The purpose is to provide individual and/or unit readiness training.

**INACTIVE DUTY TRAINING WITH TRAVEL (IDTT)**

Same as IDT except that travel beyond 100 miles from your drill site or home is authorized to perform training away from an individual's normal drill site. Orders are required to perform IDTT.

**INCREMENTAL DRILL** Provides the opportunity for unit personnel to receive drill credit and pay for performing contributory support for their gaining commands in incremental periods until four hours are accrued. Gaining Commands may request up to 40 incremental drill periods per fiscal year. Unit COs will approve and provide written authorization for Incremental Drill and a NAVRES 1570/16 form will be used to document incremental IDT periods. Unit COs must endorse the form and forward it to the NRA for processing. May not be scheduled after the regularly scheduled drill.

**NON-PAY STATUS (NP)** Term applied for reservists drilling without pay.

**PRESIDENTIAL SELECTED RESERVE CALL-UP (PSRC)**

Often called Presidential Recall, this is a recall to active duty for up to 270 days, by order of the President of the United States. Orders are required.

**READINESS MANAGEMENT PERIODS (RMP)**

Additional paid drills used to support day-to-day unit operation and accomplish unit administration, training preparation, support activities, and maintenance functions. RMP cannot be performed on the same day as any other IDT and only one RMP may be credited per day. A maximum of 24 RMPs may be authorized each fiscal year.

**RESCHEDULED DRILL (RS)**

Regular IDTs performed on a different date or at a different location from the published unit IDT schedule. This could be due to an AT/ADT conflict or to accomplish specific training for the "needs of the Navy."

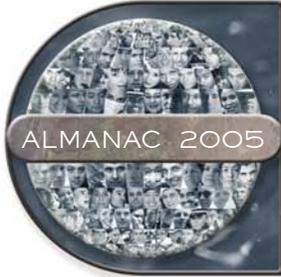
**VOLUNTEER TRAINING UNIT (VTU)**

Unit where members perform scheduled drills, correspondence courses and optional annual training in a non-pay status to attain retirement points.

Parachute Rigger 2nd Class Greg Majors, from Chelsea, Ala., studies the NAVAIR13-1-6.2 prior to starting a preventive maintenance check on the NB-8 parachute on May 8, 2001.

U.S. Navy photo by  
Photographer's Mate 2nd Class  
John Collins





# NAVY SOUNDINGS

## TRADITIONS RUN DEEP

35  
THE  
NAVY  
RESERVIST  
JANUARY  
2005

BY ANONYMOUS

INSPIRATIONAL

### THE SAILOR'S CREED

I am a United States Sailor.

I will support and defend the Constitution of the United States of America and I will obey the orders of my superiors.

I represent the fighting spirit of Navy bluejackets who have gone before me to defend freedom and democracy around the world.

I proudly serve my country's Navy combat team with honor, commitment and courage.

I am committed to excellence and the fair treatment of all.

### THE NAVAL RESERVIST'S CREED

I serve voluntarily in the service of my choice, the United States Navy.

I serve willingly, because it is my privilege as well as my duty to serve my country.

I serve with pride, because of the heritage passed down to me by our long line of proud naval volunteers.

I serve with dignity, because I know that to associates among the civilian population, I am the Navy.

I serve with honor, because the Navy's honor is mine to cherish and guard.

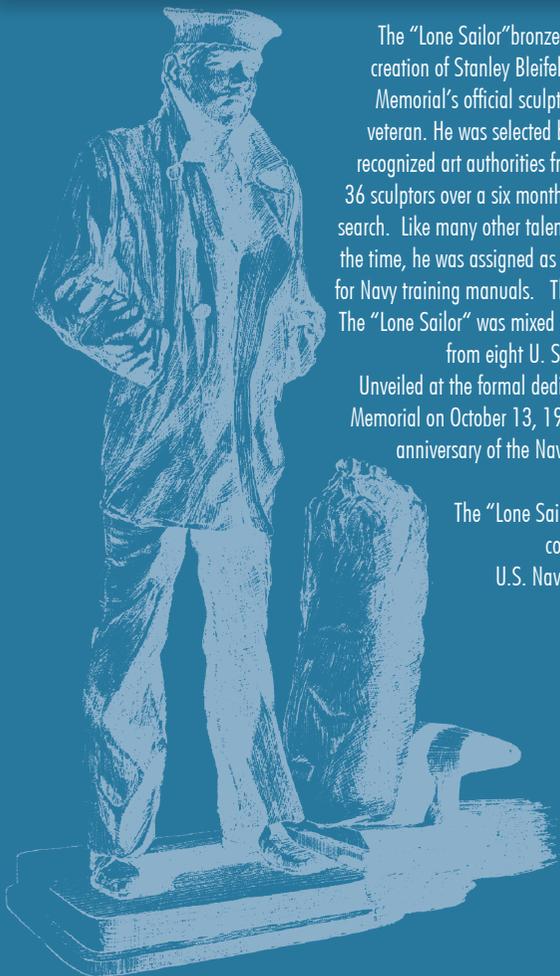
I serve with confidence, because I am certain of the ability of my naval leaders and the future of the Navy.

I serve with with fellowship, because I am secure in the unique and splendid comradeship of the Navy.

I ask only that I be given, by my country and my fellow citizens, the opportunity to better prepare myself and to serve in the defense of our beloved nation.

Amen

Engaging



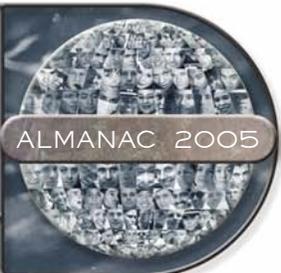
The "Lone Sailor" bronze statue is the creation of Stanley Bleifeld, U.S. Navy Memorial's official sculptor and WWII veteran. He was selected by a board of recognized art authorities from a field of 36 sculptors over a six month, nationwide search. Like many other talented artists at the time, he was assigned as an illustrator for Navy training manuals. The bronze for The "Lone Sailor" was mixed with artifacts from eight U. S. Navy ships.

Unveiled at the formal dedication of the Memorial on October 13, 1987 -- on the anniversary of the Navy's birthday.

The "Lone Sailor" material courtesy of the U.S. Naval Memorial.

### Oath of Enlistment

I do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the orders of the officers appointed over me, according to regulations and the Uniform Code of Military Justice. So help me God.



### Office of the Chief of Navy Reserve

(202) 294-7017

### REDCOM Northeast

Albany, N.Y.  
(518) 470-2333

Amityville, N.Y.  
(631) 842-4850

Bangor, Maine  
(207) 356-0665

Bronx, N.Y.  
(646) 342-3754

Buffalo, N.Y.  
(716) 807-4769

Earle, N.J.  
(732) 580-8545  
(732) 866-2888

Fort Dix, N.J.  
(609) 351-1375

Fort Drum  
(Watertown), N.Y.  
(315) 212-0352

Glens Falls, N.Y.  
(518) 505-4534

Horseheads, N.Y.  
(607) 331-9309

Manchester, N.H.  
(603) 303-0705  
(603) 537-8023

New Haven, Conn.  
(203) 589-8117

Plainville, Conn.  
(860) 573-9180

Providence, R. I.  
(401) 439-7352

Quincy, Mass.  
(617) 777-7245  
(617) 504-3024

Rochester, N.Y.  
(716) 750-5135

Syracuse, N.Y.  
(315) 455-2441

White River Junction, Vt.  
(802) 295-0050

Worcester, Mass.  
(508) 259-7103

### REDCOM Mid-Atlantic

Adelphi, Md.  
(301) 394-5800

Avoca, Pa.  
(570) 407-1086

Baltimore, Md.  
(410) 752-4561

Ebensburg, Pa.  
(814) 341-2199

Erie, Pa.  
(814) 866-3073

Harrisburg, Pa.  
(888) 879-6649

Huntington, W. Va.  
(304) 523-7471

Lehigh Valley, Pa.  
(610) 348-4776

Moundsville, W. Va.  
(304) 843-1553

Norfolk, Va.  
(757) 635-4548

Pittsburgh, Pa.  
(412) 225-5079

Reading, Pa.  
(610) 698-2704

Richmond, Va.  
(804) 833-2882

Roanoke, Va.  
(540) 309-2563  
(540) 563-9723

Washinton, D.C.  
(202) 391-6907

Wilmington, Del.  
(302) 983-6154

### REDCOM Southeast

Asheville, N.C.  
(828) 777-1194

Atlanta, Ga.  
(770) 722-4392

Augusta, Ga.  
(706) 533-3439

Bessmer, Ala.  
(205) 960-9589

Charleston, S.C.  
(843) 743-2620

Charlotte, N.C.  
(704) 264-9159

Chattanooga, Tenn.  
(423) 322-6814

Columbia, S.C.  
(803) 606-4756

Columbus, Ga.  
(706) 464-9895

Greensboro, N.C.  
(336) 254-8671

Greenville, S.C.  
(864) 423-5889

Gulfport, Miss.  
(228) 323-0064

Jacksonville, Miss.  
(904) 945-1140

Knoxville, Tenn.  
(865) 406-4024

Lexington, Ky.  
(859) 494-1473

Louisville, Ky.  
(502) 386-1721

Memphis, Tenn.  
(901) 212-5354  
(901) 874-5256

Meridian, Miss.  
(601) 604-1865

Miami, Fla.  
(305) 336-5572

Mobile, Ala.  
(251) 490-0611

Nashville, Tenn.  
(615) 429-0890

Orlando, Fla.  
(321) 239-4226

Pensacola, Fla.  
(850) 384-4023

Raleigh, N.C.  
(919) 749-0200

Roosevelt Roads, P.R.  
(787) 439-3921

St. Petersburg  
(Clearwater), Fla.  
(727) 744-9927

Tallahassee, Fla.  
(850) 294-9158

Tampa, Fla.  
(813) 486-0236

Tuscaloosa, Ala.  
(205) 292-0198

West Palm, Fla.  
(561) 315-7888  
(561) 687-3960

Wilmington, N.C.  
(910) 540-967

### REDCOM South

Albuquerque, N.M.  
(505) 379-1366

Amarillo, Texas  
(806) 674-5683

Austin, Texas  
(512) 797-2250

Baton Rouge, La.  
(225) 270-2751

Cape Girardeau, Mo.  
(573) 576-9300

Cedar Rapids, Iowa  
(319) 310-4796

Corpus Christi, Texas  
(361) 728-5507

Des Moines, Iowa  
(515) 205-6527

Dubuque, Iowa  
(563) 590-9044

El Paso, Texas  
(915) 276-6289

Fort Worth, Texas  
(817) 271-8936

Harlingen, Texas  
(956) 367-1856

Houston, Texas  
(713) 502-2731

Kansas City, Kan.  
(816) 718-0861

Lincoln, Neb.  
(402) 450-4072

Little Rock, Ark.  
(501) 416-6356

Lubbock, Texas  
(806) 438-7293

New Orleans, La.  
(504) 554-5830

Oklahoma City, Okla.  
(405) 833-0078

Omaha, Neb.  
(402) 871-7086

Orange, Texas  
(409) 779-0158

San Antonio, Texas  
(210) 381-2297

Shreveport, La.  
(318) 393-0096

Sioux City, Iowa  
(712) 490-8049  
(712) 276-0130

Springfield, Mo.  
(417) 425-2598

St. Louis, Mo.  
(314) 954-1052

Tulsa (Broken Arrow)  
(918) 258-7822

Waco, Texas  
(254) 498-1910

Wichita, Kan.  
(316) 640-5139

### REDCOM Midwest

Akron, Ohio  
(330) 687-5696

Battle Creek, Mich.  
(269) 420-8813

Chicago, Ill.  
(847) 804-1525

Cincinnati, Ohio  
(513) 319-9396

Cleveland, Ohio  
(216) 214-9309

Columbus, Ohio  
(614) 352-3331

Decatur, Ill.  
(217) 433-9058

Detroit, Mich.  
(586) 405-1286

Duluth, Minn.  
(218) 310-0166

Evansville, Ind.  
(812) 455-1133

Forest Park, Ill.  
(708) 670-2280

Grand Rapids, Mich.  
(616) 560-4238

Green Bay, Wis.  
(920) 366-4606

Grissom, Indiana  
(765) 469-0178

Indianapolis, Ind.  
(317) 294-7380

La Crosse, Wis.  
(608) 792-1622

Lansing, Mich.  
(517) 930-2579

Madison, Wis.  
(608) 225-3417

Marquette, Mich.  
(906) 362-8767

Milwaukee, Wis.  
(414) 303-9606

Minneapolis, Minn.  
(612) 919-3787

Peoria, Ill.  
(309) 678-1157

Rock Island, Ill.  
(309) 737-7731

Saginaw, Mich.  
(989) 233-5712

Toledo  
(Perryburg), Ohio  
(419) 360-1365

Youngstown, Ohio  
(330) 609-1900

### REDCOM Southwest

Alameda, Calif.  
(510) 967-5143

Encino, Calif.  
(818) 381-6752

Honolulu, Hawaii  
(808) 227-3575

Lemoore, Calif.  
(559) 960-3228

Las Vegas, Nev.  
(702) 349-9685

Los Angeles, Calif.  
(310) 617-8360

Moreno Valley, Calif.  
(951) 840-0187

Phoenix, Ariz.  
(602) 750-1651

Port Hueneme, Calif.  
(805) 469-3845

Reno, Nev.  
(775) 250-7886

Sacramento, Calif.  
(916) 919-6059

San Diego, Calif.  
(619) 571-5177

San Jose, Calif.  
(408) 210-2950

Tucson, Ariz.  
(520) 228-6289  
(520) 444-4439

### REDCOM Northwest

Billings, Mont.  
(406) 860-3948

Boise, Idaho  
(208) 841-2004

Central Point, Ore.  
(541) 941-5082

Cheyenne, Wyo.  
(307) 631-0979

Denver, Colo.  
(720) 847-6205

Eugene, Ore.  
(541) 915-2391/4778

Evertt, Wash.  
(425) 304-4764

Fargo, N.D.  
(701) 232-3689

Fort Carson, Colo.  
(719) 331-6177

Fort Richardson, Alaska  
(907) 244-4792

Helena, Mont.  
(406) 449-5725

Pocatello, Idaho  
(208) 241-3323

Portland, Ore.  
(503) 887-1654

Salt Lake City, Utah  
(801) 725-3346

Sioux Falls, S.D.  
(605) 359-4113

Spokane, Wash.  
(509) 879-9260

Tacoma, Wash.  
(253) 209-0181

### Naval Air Stations

Atlanta, Ga.  
(678) 655-6392

Fort Worth, Texas  
(817) 782-7152

New Orleans, La.  
(504) 678-3254

Willow Grove, Pa.  
(610) 443-6454

### Naval Air Reserve Center

Denver, Colo.  
(303) 677-6230

### Naval Air Reserve

Atlanta, Ga.  
(678) 655-6392

Brunswick, Maine  
(207) 522-1064

Fort Worth, Texas  
(817) 782-7152

Jacksonville, Fla.  
(904) 542-3320

New Orleans, La.  
(504) 678-3254

Norfolk, Va.  
(757) 444-7295

Point Mugu, Calif.  
(805) 989-7559

San Diego, Calif.  
(619) 545-2632

Whidbey Island, Wash.  
(360) 257-2922

Willow Grove, Pa.  
(215) 443-6454

### Naval Air Facility

Washington D.C.  
(240) 857-4880

### Naval Reserve Intelligence Command

Reserve Intelligence  
Command Headquarters  
Fort Worth, Texas  
(800) 544-9962

Reserve Intelligence  
Area One  
Oak Harbor, Wash.  
(360) 257-2254

Reserve Intelligence  
Area Three  
New Orleans, La.  
(504) 678-3411  
(888) 347-2606

Reserve Intelligence  
Area Three  
Millington, Tenn.  
(901) 874-5619

Reserve Intelligence  
Area Four  
San Diego, Calif.  
(619) 524-6432  
(800) 873-4139

Reserve Intelligence  
Area Five  
Aurora, Colo.  
(720) 847-6225

Reserve Intelligence  
Area Six  
Fort Worth, Texas  
(817) 782-6462  
(800) 548-4738

Reserve Intelligence  
Area Nine  
Great Lakes, Ill.  
(847) 688-6273

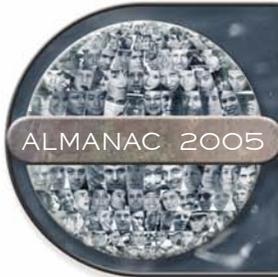
Reserve Intelligence  
Area Nine  
Mt. Clemens, Mich.  
(586) 307-4501

Reserve Intelligence  
Area Ten  
Minneapolis, Minn.  
(612) 713-4700  
(800) 253-4011

Reserve Intelligence  
Area Thirteen  
Jacksonville, Fla.  
(904) 542-3320

Reserve Intelligence  
Area Fourteen  
Marietta, Ga.  
(678) 655-6380  
(888) 436-2246

Reserve Intelligence  
Area Fifteen  
Norfolk, Va.  
(757) 444-1352



# RESOURCE GUIDE

## WHAT YOU NEED TO KNOW

Reserve Intelligence Area Sixteen  
Willow Grove, Pa.  
(215) 443-6651  
(877) 205-0838

Reserve Intelligence Area Eighteen  
Devens, Mass.  
(978) 796-2610  
(800) 854-8019

Reserve Intelligence Area Nineteen  
Andrews AFB  
(240) 857-2030

### Naval Reserve Security Group Command

Reserve Cryptologic Area Central  
Ft Sheridan, Ill.  
(847) 688-7210

Reserve Cryptologic Area East  
Fort Dix, N.J.  
(609) 562-1413

Reserve Cryptologic Area West  
San Diego, Calif.  
(619) 524-0239

Reserve Cryptologic Area South  
Forest Park, Ga.  
(404) 469-7162

### Major Command Reserve Operational Support Officers

Amphibious Group One  
011-81-611-742-2377

Amphibious Group Two  
(757) 462-7403

Amphibious Group Three  
(619) 556-1178

Bureau of Medicine and Surgery  
(202) 762-3410

Comptroller of Navy (OMN&R)  
(703) 614-0061

Comptroller of Navy (RPN)  
(703) 614-5528

Defense Intelligence Agency  
(202) 231-4980

Defense Logistics Agency  
(703) 767-5320

Employer Support of the Guard and Reserve  
DSN: 426-1390

Fifth Fleet  
011-973-724-383

Fleet Air Mediterranean  
011-39-081-568-4184

Fleet Forces Command  
(757) 836-4021  
(757) 836-4571  
(757) 836-3847

Fleet Intelligence Training Center Pacific  
(619) 524-6753

Headquarters US Marine Corps  
DSN: 278-9360

Joint Chiefs of Staff  
(703) 697-3397

Joint Forces Intelligence Command  
(757) 836-7211

Military Sealift Command  
(202) 685-5127

Mine Warfare Command  
(361) 961-4894

Naval Air Force US Atlantic Fleet  
(757) 445-1482

Naval Air Force US Pacific Fleet  
(619) 545-2734

Naval Air Systems Command  
(301) 757-8512

Naval Coastal Warfare Group One  
(619) 437-9525

Naval Criminal Investigate Service  
(202) 433-9169

Naval Education and Training Command  
(850) 452-9252

Naval Expeditionary Logistics Support Force  
(757) 256-1349

Naval Facilities Engineering Command  
(202) 685-9010

Naval Inspector General  
(202) 433-4707

Naval Meteorology and Oceanography Command  
(228) 688-4531

Naval Network and Space Operations Command  
(540) 653-5001

Naval Operations  
(703) 601-1744

Naval Operations  
(703) 614-5563

Naval Operations  
(703) 614-4932

Naval Operations  
(301) 669-3389

Naval Operations  
(703) 602-1768

Naval Operations  
(703) 697-2230

Naval Operations  
(703) 697-4040

Naval Operations  
(703) 601-1427

Naval Personnel Development Command  
(757) 444-4996

Naval Sea Systems Command  
(202) 781-3116

Naval Security Group Command  
(240) 373-3415

Naval Service Training Command Great Lakes Ill.  
(708) 218-5042

Naval Special Warfare Command  
(619) 437-3230

Naval Submarine Forces  
(757) 836-1208

Naval Supply Systems Command  
(717) 605-5122

Naval Surface Force US Atlantic Fleet  
(757) 836-3234

Naval Surface Force US Pacific Fleet  
(619) 437-2219

Naval War College  
(401) 841-7801

Navy Region Europe  
011-44-207-514-4605

Navy Region Mid-Atlantic  
(757) 445-2435

Navy Region Northeast  
(860) 694-2210

Navy Region Southwest  
(706) 354-7301

Office Naval Intelligence  
(301) 669-4602

Second Fleet  
(703) 696-6676

Seventh Fleet  
011-81-6160-43-7440

Space And Naval Warfare Systems Command  
(619) 524-7323

Submarine Force Atlantic Fleet  
(757) 836-1208

Submarine Force Fleet Pacific Fleet  
(808) 473-2346

Third Fleet  
(619) 524-9537

US Atlantic Fleet  
(757) 836-3551

US Central Command  
(813) 827-6938

US European Command  
011-49-711-680-4496

US Joint Forces Command  
(757) 836-5141

US Naval Forces Central Command US Fifth Fleet  
011-973-724-383

US Naval Forces Europe  
011-44-207-514-4605

US Naval Forces Japan  
011-81-468-16-4174

US Naval Forces Korea  
011-822-7913-5795

US Naval Forces Marianas  
(671) 339-3123

US Naval Forces Southern Command  
011-503-333-1701

US Northern Command  
(719) 554-4120/0552

US Pacific Command  
(808) 477-2322

US Pacific Fleet  
(808) 474-8415

US Southern Command  
(305) 437-2987

US Special Operations Command  
(813) 828-1127

US Strategic Command  
(402) 294-8141/8121

US Transportation Command  
(618) 229-7084

### Naval Coastal Warfare Group

Naval Coastal Warfare Group One  
(619) 437 9531

Naval Coastal Warfare Group Two  
(757) 847-7905

### Commander Reserve Patrol Wing (COMRESPATWING)

VP 62  
(904) 542-2211

VP 66  
(215) 443-6600

VP 65  
(805) 989-8765/7598

VP 69  
(360) 254-2522

VP-92  
(207) 921-2092

VP-94  
(504) 678-3324

### Fleet Logistics Support Wing

VR-1  
(240) 857-3722

VR-46  
(770) 919-6333

VR-48  
(240) 857-6814

VR-51  
(808) 257-3289

VR-52  
(215) 443 6553

VR-53  
(240) 857-9029

VR-54  
(504) 678-3700

VR-55  
(805) 989-8755

VR-56  
(757) 444-0746

VR-57  
(619) 545-6931

VR-58  
(904) 542-4051

VR-59  
(817) 782-5411

VR-61  
(360) 257-6595

VR-62  
(207) 921-1462

VR 64  
(215) 443-6400

### Carrier Air Wing Reserve 20

VFC 12  
(757) 433-4919

VFC 13  
(775) 426-3645

VAW 77  
(678) 653-4049

VAW 78  
(757) 444-3676

VFA 201  
(817) 782-6363-221

VFA 204  
(504) 678-3491

VAQ 209  
(240) 857-7828

### Commander Helicopter Wing Reserve

(619) 846-4857

HCS-4  
(757) 445-0861

HCS-5  
(619) 545-7288

HSL-60  
(904) 270-6906

HSL-75  
(904) 542-4495

HC-85  
(619) 545-7218

### Operational Support Officer (OSO) and Reserve Force Operations

Amphibious Group One  
011-81-611-742-2377

Amphibious Group Two  
757-462-7403 x510

Amphibious Group Three  
619-556-1178

Destroyer Squadron Two  
757-444-1452 x509

Fifth Fleet  
011-973-724-383

First Naval Construction Division  
757-462-8225

Joint Chiefs of Staff  
703-693-9753

Mine Warfare Command  
361-961-4885

Naval Air Force US Atlantic Fleet  
757-444-6694

Naval Air Force US Pacific Fleet  
619-545-2734

Naval Coastal Warfare Group One  
619-437-9525

Naval Coastal Warfare Group Two  
757-396-0995

Naval District Washington  
202-433-6465

Naval Expeditionary Logistics Support Force  
757-256-1384

Naval Special Warfare Command  
619-437-3230

Naval Station Rota Spain  
011-34-956-82-2850

Naval Submarine Forces  
757-836-1208

Naval Support Activity, Bahrain  
011-1785-9019

Naval Surface Force US Atlantic Fleet  
757-836-3234

Naval Surface Force US Pacific Fleet  
619-437-2342

Naval War College  
401-841-4450

Navy Region Europe  
011-39-081-568-4636

Navy Region Guam  
671-339-3123

Navy Region Gulf Coast  
850-452-1341

Navy Region Japan  
011-81-468-16-4174

Navy Region Korea  
011-822-7913-5795

Navy Region Mid-Atlantic  
757-445-2435

Navy Region Northeast  
203-466-0314

Navy Region Northwest  
360-315-3007

Navy Region Southwest  
619-532-1239  
Office of Naval Research  
703-696-6676

Second Fleet  
757-444-4041

Seventh Fleet  
011-81-6160-43-7440

Sixth Fleet  
011-39-081-568-4636

Third Fleet  
619-524-9537

US Central Command  
813-827-6941

US European Command  
011-49-711-680-4496

US Fleet Forces Command  
757-836-3837

US Joint Forces Command  
757-836-5141

US Naval Forces Central Command  
011-973-724-383

US Naval Forces Europe  
011-39-081-568-4634

US Naval Forces Korea  
011-822-7913-5795

US Northern Command  
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US Pacific Command  
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US Pacific Fleet  
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US Southern Command  
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US Special Operations Command  
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US Strategic Command  
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US Transportation Command  
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### CNATRA

CAOSO  
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(504) 678-1072

If any contact in this Navy Reserve Resource Guide is incorrect, please email the editor with correction.  
**Robert.kerns@navy.mil**



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**Navy Reserve Profile of the Month**



Name: Ronald Gilkey  
Rank: Gunners Mate 2nd Class  
Reserve Unit: REDCOM Northeast

*HARD CHARGING AND DEEPLY COMMITTED*  
If he's not 240 feet under water, you may find Ron at 600 feet above sea level rappelling down a cliff, or at 14,000 feet free-falling to the earth below. It was after skydiving out of a civilian airplane, that Ron first learned he could become a diver for the Naval Reserve, where there's a level of camaraderie, commitment, excitement, and purpose that you just can't find anywhere else.