

THE NAVY RESERVIST
TNR

2008

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THE QUARTERDECK

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THE NAVY RESERVIST

TNR

Vice Adm. John G. Cotton
Chief, Navy Reserve

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TNR is always looking for good action photos of Navy Reservists (minimum 300 dpi) that tell a story of Reserve training or support to the fleet. Please provide full identification of all individuals in the photograph, including their respective rating, rank and command. Photos should also include a visual information record identification number or VIRIN. Information about VIRINS is available online at www.mediacen.navy.mil/vi/virin.htm. Submissions should be received eight weeks prior to publication month (i.e. October 1st for the December issue). Material will not be returned.

NEWS ONLINE ... TNR current and past issues can be accessed online at <http://navyreserve.navy.mil>. Navy Reserve News Stand, a Web site featuring Navy Reserve news and photos, plus links to Navy fleet pages, can be viewed at www.news.navy.mil/local/nrf.

CHANGE OF ADDRESS ... Selected Reservists with address changes need to provide updates to the NSIPS (Navy Standard Integrated Personnel System) via their NOSC Personnel Office.

January 2008, Volume 34, Number One
navyreserve.navy.mil

START
DATA
STREAM

“MY PRIORITIES FOR OUR NAVY ARE TO BUILD THE NAVY FOR TOMORROW, MAINTAIN OUR CURRENT READINESS, AND SUPPORT THAT WHICH UNDERPINS ALL WE DO, OUR PEOPLE.”



Adm.
Gary Roughead
Chief of Naval Operations

WELCOME
ABOARD
The Quarterdeck

It gives me great pleasure to open the annual almanac issue of *The Navy Reservist* with a message to all of you who are serving our Navy during this critical time in our Nation’s history. I am tremendously proud of you and your many accomplishments.

One of the first things I did as your Chief of Naval Operations, along with the Commandants of the Marine Corps and Coast Guard, was to unveil our new maritime strategy, *The Cooperative Maritime Strategy for 21st Century Seapower*. The strategy outlines certain capabilities that we, as a maritime nation, believe we will need to operate our maritime forces now and in the future. It reaffirms that we are still a Navy that focuses on our core capabilities of forward presence, deterrence, sea control and power projection, but also identifies expanded core capabilities including maritime security and humanitarian assistance/disaster response as relevant to the future we envision.

In addition to executing the maritime strategy, my priorities for our Navy are to build the Navy for tomorrow, maintain our current readiness, and support that which underpins all we do, our people. The maritime strategy can not be executed without Sailors, for it is you, our Sailors, who bring value to our ships, submarines, aircraft and weapons systems. Simply stated, we are

not a Navy without our people, Active, Reserve, Navy civilians and families.

As I have visited Sailors deployed in support of the Global War on Terrorism, I have been truly inspired. You are lending a new dimension to our Navy, and it is one in which we can all take pride. The skills, talents and motivations our Sailors are contributing make it possible for ground forces and joint forces to be more effective. Executing the maritime strategy while deploying record numbers of IAs illustrates the truly ready, agile, and global nature of our Navy.

Although we are at war, I see more opportunity than challenge and more in our future than in our past. Our Navy continues to do much for our country. I could not be more proud of each and every one of you and what you and your families contribute.

Thank you for your service and your commitment.

Keep charging!



Mass Communication Specialist 1st Class Doug Mappin

To download CNO Guidance, *A Cooperative Strategy for 21st Century Seapower* or the latest information from the Chief of Naval Operations, go to www.navy.mil and select “Navy Leadership” and “Chief of Naval Operations.”



“OUR FORCE CONTINUES TO TRANSFORM TO INCREASE EFFECTIVENESS AND EFFICIENCY AT EVERY COMMAND.”



Vice Adm.
John G. Cotton
Chief,
Navy Reserve

WELCOME ABOARD

The Quarterdeck

Welcome to *The Navy Reservist* 2008 Almanac, which will be distributed to every Navy Reserve Sailor as well as to the Fleet and Combatant Commands. Due to the overwhelming success of previous editions, we will also send copies to Navy Recruiters, other services, embassies, government agencies, and many schools. As always, we highlight the accomplishments of our REServists, providing important information for military personnel and their families, and for anyone interested in the Total Navy. Thanks to our Navy Reserve Forces Command Public Affairs team, led by Cmdr. Kelly Watson, Lt. Adam Bashaw and Chief Mass Communication Specialist Jim Vorndran, for working all year long on this informative Almanac, which is appreciated by so many worldwide!

Since 9/11, nearly 50,000 Navy Reservists have been mobilized to support global requirements. Leveraging valuable military and civilian skill sets and capabilities, our Force continues to transform to increase effectiveness and efficiency at every command. With continued emphasis on Active-Reserve Integration, Reserve Component Sailors are providing invaluable integrated Operational Support to the Fleet, Combatant Commanders and other government agencies. Nearly 70,000 REServing Sailors are forward deployed in support of coalition forces, at their supported commands around the world, and in strategic reserve, ready to surge to requirements 24/7/365. On any given day, more than 19,000 talented men and women, or 27 percent of the Navy Reserve, are on some type of orders as part of the Total Naval Workforce.

Essential to a dynamic, diverse and capable Navy workforce is establishment of a “Continuum of

Service” by which a Sailor may serve and REServe over the course of a lifetime. This “Sailor for Life” philosophy removes administrative and policy impediments, creating more flexibility to move between statuses, manage a civilian career, pursue advanced education and account for unique life circumstances. Navy has asked Congress, via the Secretary of Defense, for authorization to begin a pilot program that will enable Sailors to take “off ramps” to the RC and “on ramps” to the AC with seamless transitions. This vision also provides the taxpayer a better return on investment by extending the ability of the Sailor to serve, thereby taking advantage of both military and civilian training and work experience. A well-developed “Continuum of Service” will create a “Sailor for Life,” ready to surge in support of national interests.

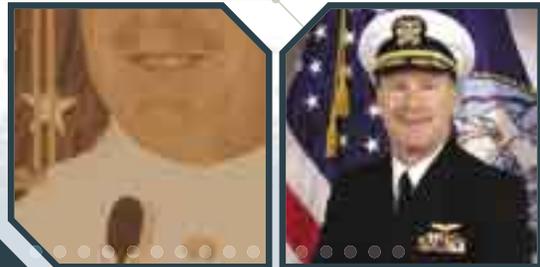
On Sept. 29, 2007, Admiral Gary Roughead assumed the watch as our 29th Chief of Naval Operations and issued his top three priorities to the Fleet: Current Readiness, a Navy for Tomorrow, and People. The Navy Reserve will continue to emphasize medical, physical and family readiness, well-trained and equipped units and individuals, and recruiting and retaining the best Sailors. We are indeed privileged to serve together in the finest Navy ever, and thank our Sailors and their families for their continued support during frequent periods of active duty and mobilizations. We are making significant contributions to national defense, as well as enabling freedom and democracy to flourish in other nations for other deserving people.

We know that you will enjoy the Almanac and please let us know your good ideas and suggestions for next year’s edition. Keep up the great operational support to the Fleet and **BE READY!**

"WE ARE A UNIFIED FORCE THAT IS
READY, WILLING AND COMMITTED
TO SERVE WHENEVER AND
WHEREVER ASKED."

TNA
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U.S. Navy photo by
Mass Communication Specialist 2nd Class Kurt Fischer



Rear Adm.
Craig O. McDonald
Commander,
Navy Reserve Forces Command

WELCOME
ABOARD
The Quarterdeck

This year's magazine showcases another outstanding year of support for the Navy by its Reserve Component. You are that Reserve Force, and you deserve all the credit for the support documented by the photos and articles in this Almanac of personnel and equipment hard at work in every phase of Navy operations. But more importantly, the Almanac provides vital information and a reference source for our Navy family and for all that want to be part of the Navy.

When I spoke at my Change of Command in August 2005, I put forth two challenges to the entire Navy Reserve Force. First, I challenged each of you to do everything possible to strengthen our Reserve Force and to pass to me any good ideas that will strengthen our Force. Second, I challenged each of you to guard against the little things that weaken our Force. Words matter. Actions matter. The pictures and articles in this Almanac of RC Sailors hard at work is testimony to all of you meeting both of these challenges. I received many good ideas as I traveled around the various Navy Operational Support Centers and have implemented these to the benefit of the Force. Each of you have backed up your words with action and provided the Navy all the support it desired. You have sent a clear message to the world: We are a unified Force that is ready, willing and committed to serve whenever and wherever asked. This Almanac is dedicated to all of you and your unselfish support of the Navy and the United States of America.

Over the last seven years since the Sept. 11 attack, we have mobilized almost 50,000 RC personnel. You all are commended for being committed to the spirit and war fighting ethos of the Navy. The Global War on Terrorism necessitates our forward-presence. We will stay the fight. You have impressively proven yourself time and time again by working, training and operating with our sister services and allies. You have successfully shown you are ready and in position

to respond to the needs of the Navy. To me, that represents you have, and are always working to improve our overall readiness and that every single one of you is committed to being physically and mentally ready to serve. You have proved it by taking care of your people and their families. It is essential we provide for our families. Share this magazine with your family and your employer. They will be as equally impressed as I am.

This will be the last magazine for me. I have had the honored privilege of working with many fine Sailors in my 32 years

of Active service. I take this opportunity to thank each and every

one of you for what you do everyday for your family, your employer and this Navy and nation. It has been a privilege to serve with professionals such as yourself in support of the Fleet of our great country. *I wish you and your families all the very best as you pursue your career in our United States Navy.*



Mass Communication Specialist, Seaman Zach Hernandez

HAPPY NEW YEAR!

I want to start out by thanking the Commander, Navy Reserve Forces Command Public Affairs team for the fantastic job they do all year in attacking our number-one challenge - communication! I especially want to recognize the great job they do in this Almanac edition each year. It is a very popular publication and I personally get requests for this issue every where I go.

You have probably noticed that I have "bowed out" somewhat in this column during a large part of the 2007 calendar and have not been as visible in this forum. The idea was to give fellow Force Master Chiefs and other Command Master Chiefs across the Navy a chance to "speak out" to the Force and I hope you have enjoyed reading their comments throughout the year. I know I have!

FORCM (SW)
David R. Pennington

Force Master Chief,
Navy Reserve Force

WELCOME ABOARD

The Quarterdeck

I am excited however to have this opportunity to join with Vice Adm. Cotton and kick off the New Year with you in this column and share some insight from my perspective in reflection and looking ahead.

I have to tell you that this past year has been possibly one of the busiest and most exciting years in a long, long time for me. I traveled about 200 days across the globe and spoke with thousands of you - listened to your issues and concerns - witnessed the awesome work you are doing - returned home and briefed the boss on what you were saying and doing. I engaged with a variety of policy boards, working groups and studies that ranged from the Office of the Secretary of Defense to the Chief of Naval Personnel and the Master Chief Petty Officer of the Navy. The Reserve Component has a lot of irons in the fire, and the accomplishments across the Navy with the integrated force have been phenomenal.

Whenever I think about "positive" and "effective" change, I think about what I like to call the nay-sayer's and the yea-sayer's. I will rush to the bottom line and say that I believe you need both in the decision-making process. When an organization is storming, norming and forming, you need the nay-sayer to raise their hand and ask the tough "what if" questions and drill down and analyze the unintended consequences. After leadership makes a decision for change you need the yea-sayer to encourage and execute through the tight spots.

When the Navy decided to move to an integrated "Total Force" recruiting team, I will admit that I was a nay-sayer early on. I was doing a lot of storming this time last year, to say the least, but it was really amazing throughout the year to work with "One Navy"

Leadership within Recruiting and basically grind through the dynamics of change. Redundancy in processes was eliminated, awareness of programs were expanded, barriers were shattered and the end result was a very successful FY-2007. I am a yea-sayer!

It doesn't matter if the discussion is Recruiting, Retention, Advancement, Family Readiness, Medical Readiness, Mobilization, Pay and Benefits - you name it - we must continue to improve, issues must remain in constant view and we all must be relentless in making the changes we need to better support the mission, the deck plate Sailors and their families.

The theme of the 2008 Almanac edition is Active-Reserve Integration, and for almost three years in this job I have said: "You will know when we are there when

we can stop talking about it." I will retire in six months with more than 32 years of service and I just cannot tell you how proud I am to have had the opportunity to serve our country and the Navy. It has been such an honor, an unbelievable privilege to finish as the Force Master Chief of the Navy Reserve.

Looking back, it did not matter whether I was a young Personnelman

Seaman in the Active Component, a Personnelman 2nd Class in the Selected Reserve, or a Chief Personnelman Full-Time Support in the Reserve Component, all I wanted was to be accepted, included, appreciated and empowered to make a difference. This is what I see in most corners of the Navy today. Sailors - living the Sailor's Creed. Active - Reserve - who cares? Sailors!

Thank you for what you do!

See you on the deck plates.

**"SAILORS
- LIVING THE
SAILOR'S CREED.
ACTIVE -
RESERVE -
WHO CARES?
SAILORS!"**

EXECUTING MARITIME STRATEGY

WASHINGTON – Chief of Naval Operations Guidance for 2007-2008, was released Oct. 26, by Adm. Gary Roughead, the Chief of Naval Operations.

The guidance emphasizes Roughead's priority to implement the Maritime Strategy by ... "balancing our efforts to build the future force and maintain our warfighting readiness while developing and supporting our Sailors and Navy civilians."

Roughead's vision for the Navy centers on the service remaining the preeminent maritime power, committed to global security and prosperity.

"We will prevent war, dominate any threat, and decisively defeat any adversary," he wrote. And to do this, "We will remain a superbly trained and led team of diverse Sailors and civilians, who are grounded in our warrior ethos, core values, and commitment to mission readiness and accomplishment."

In the document, the CNO defines his Guiding Principles of "Who We Are" and "What We Believe."

"We are the United States Navy. The core values of Honor, Courage and Commitment are the very fabric of our Navy military and civilian team," the CNO wrote concerning how the Navy defines itself. "We are the face of the nation, and we measure ourselves against the highest standards of duty, integrity and accountability."

Explaining his second Guiding Principle, Roughead wrote that the Navy operates as a joint and combined force.

"We share a common responsibility with the Marine Corps and Coast Guard to set the standard for joint operations."

The services' capabilities must reflect interdependencies and achieve integration with Joint and combined forces ... "while guaranteeing that we can deliver the unique effects expected of naval forces."

Roughead wrote that, in accordance with his principles, he will build a Navy with appropriate force structure and develop the strategic lay down necessary to implement the Maritime Strategy, continue to be the dominant and most influential naval force globally and across all maritime missions, and instill in our military and civilian force a focus on mission and individual readiness that is underpinned by a warrior ethos.

The CNO closed with what he refers to as ... "our legacy - the privilege to serve."

"We are the world's finest Navy. Take pride that we provide for the safety, security and prosperity of our nation," the admiral wrote. "We are headed in the right direction, and I am counting on your leadership, intellect, commitment and drive to keep us moving forward. I am honored to lead you. We are indeed the fortunate few who have the privilege to serve in the United States Navy."

The CNO's Guidance is available online at www.navy.mil.

For more news from the Chief of Naval Operations, visit www.navy.mil/local/cno/.

"We are the United States Navy. The core values of Honor, Courage and Commitment are the very fabric of our Navy military and civilian team."

U.S. Navy photo by
Mass Communication
Specialist
1st Class
Richard J. Brunson



Chief of Naval Operations
Adm. Gary Roughead
reads a personal
letter from Secretary
of State, Condoleezza
Rice, congratulating the
crew of the hospital
ship USNS Comfort (T-AH
20) on the completion
of a four-month
humanitarian deployment
to Latin America and the
Caribbean.

U.S. Navy photo by
Mass Communication Specialist
3rd Class Kelly E. Barnes



Mass Communication Specialist Seaman
Orlando Quintero

5-4-3-2-1



Navy Reservists provide worldwide operational support and we are proud of our many accomplishments since the Sept. 11 attack. We continue to push for further integration and alignment within the Navy, while surging with greater speed, flexibility and responsiveness than ever before. Our Sailors have never been so capable and committed. Their honor, courage and commitment make our profession the most highly respected profession in the United States today and our Navy the most admired around the world. We could not be more proud of the effort they put forth and the results they have achieved over the past year. We look forward to greater success as our alignment efforts progress and many new initiatives mature and become adopted by the Fleet.

Mass Communication Specialist 2nd Class Cassandra Thompson



5

CHIEF, NAVY RESERVE'S FIVE CHALLENGES:

- Communication
- Culture
- Continuing Education
- Commitment
- Call - "Be Ready!"

Mass Communication Specialist 2nd Class Brian P. Butler



4

NAVY RESERVIST'S FOUR PRIORITIES:

- Predictability
- Periodicity
- Pay/Benefits
- Personnel Systems

Mass Communication Specialist 1st Class R. Jason Brunson



3

THE CNO'S THREE PRIORITIES:

- Maintain Our Current Readiness
- Building a Navy for Tomorrow
- Our People; Our Sailors, Our Civilians and Our Very Special Families

Mass Communication Specialist 2nd Class Kevin S. O'Brien



2

THE SECRETARY OF THE NAVY'S TWO EXPECTATIONS:

- Effectiveness
- Efficiency

Mass Communication Specialist 3rd Class Bryan W. Bodelein



1

ALL THESE THINGS TOTAL ONE VISION.

- Support to the Fleet ... Ready and Fully Integrated!

HONOR-COURAGE-COMMITMENT

Mass Communication Specialist 3rd Class Roland Franklin



5:00:00

VICE ADMIRAL JOHN G. COTTON CHIEF OF NAVY RESERVE COMMANDER, NAVY RESERVE FORCE

Vice Adm. John G. Cotton graduated from the U.S. Naval Academy in June 1973 with a degree in Aerospace Engineering. Earning his wings in October 1974, he became a third generation pilot as his father is a Naval Aviator and his grandfather flew with the Lafayette Flying Corps in WWI.

Forward deployed to Japan aboard USS Midway (CV 41) from 1975-1978, he flew the A-7 Corsair II with Attack Squadron VA-93, and then served on the Commander, Light Attack Wing U.S. Pacific Fleet staff at Naval Air Station Lemoore, Calif. from 1978-1980.

Becoming a commercial airline pilot and a Navy REServist in 1980, he flew with VA-2082, the A-7B augment unit at NAS New Orleans, and with the Navy's last RF-8G Crusader squadrons, Light Photographic Squadron VFP-306 and VFP-206 at Naval Air Facility Washington, D.C. He commanded VA-2082 in 1988-1989, and then joined VA-204 in New Orleans, completing FA-18 Hornet strike fighter and adversary pilot transition training. While in command of the VFA-204 "River Rattlers" from July 1993 to September 1994, the squadron received the 1993 Chief of Naval Operations' Safety "S" Award, completing 13 years of major mishap-free operations, the 1994 Battle "E" and F. Trubee Davison Award as the top tactical Navy Reserve squadron, and a CNO Meritorious Unit Commendation.

From 1994-1997, he commanded the NAS Keflavik unit at NAF Washington, the Navy Command Center unit at the Pentagon, and also served as an instructor at the Command Leadership School at Naval Education and Training Command Newport, R.I.

Vice Adm. Cotton's initial flag assignment was Deputy Commander, Naval Air Force U.S. Atlantic Fleet, 1997-1999, and was recalled to Active Duty as Deputy Commander, Joint Task Force Southwest Asia, Riyadh, Saudi Arabia, supporting Operation Southern Watch. At the Pentagon 1999-2003, he was again recalled to Active Duty as Deputy Director of Navy Reserve, served as Assistant Deputy Chief of Naval Operations Warfare Requirements and Programs, and was a member of the SECDEF Reserve Forces Policy Board. Following Senate confirmation in October 2003, Vice Adm. Cotton took a leave of absence from American Airlines to serve as Chief of Navy Reserve and Commander Navy Reserve Force.

AWARDS: The Legion of Merit, Defense Meritorious Service, Meritorious Service, Navy Commendation and Achievement Medals. He has more than 4,200 hours of military flight time and is a graduate of Executive and Reserve Component programs at the Naval War

College, Naval Postgraduate School, National Defense University, Army War College, Harvard University, MIT and UNC Chapel Hill.



Mass Communication Specialist 2nd Class
Kurt Eischen

ADMIRAL GARY ROUGHEAD CHIEF OF NAVAL OPERATIONS

Adm. Roughead is a 1973 graduate of the U.S. Naval Academy.

Among his six operational commands, Adm. Roughead was the first officer to command both classes of Aegis ships, having commanded USS Barry and USS Port Royal.

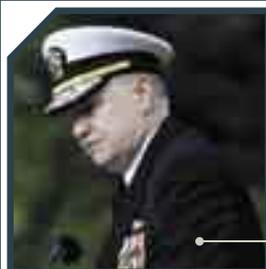
As a Flag Officer, Adm. Roughead commanded Cruiser Destroyer Group 2, the George Washington Battle Group; and U.S. Second Fleet/NATO Striking Fleet Atlantic and Naval Forces North Fleet East.

Ashore, he served as Commandant, United States Naval Academy, the Department of the Navy's Chief of Legislative Affairs, and as Deputy Commander, U.S. Pacific Command.

Adm. Roughead is one of only two officers to have commanded the Fleets in the Pacific and Atlantic, commanding the U.S. Pacific Fleet and Joint Task Force 519, as well as Commander, U.S. Fleet Forces, where he was responsible for

ensuring Navy forces were trained, ready, equipped and prepared to operate around the world, where and when needed.

Adm. Roughead became the 29th Chief of Naval Operations on September 29, 2007.



Mass Communication Specialist 2nd Class
Kevin S. O'Brien

AWARDS: The Defense Distinguished Service Medal, Navy Distinguished Service Medal, Defense Superior Service Medal, Legion of Merit, Meritorious Service Medal, Navy Commendation Medal, Navy Achievement Medal, and various unit and service awards.

REAR ADMIRAL CRAIG O. McDONALD COMMANDER, NAVY RESERVE FORCES COMMAND

Rear Adm. Craig O. McDonald, a native of Miles City, Mont., graduated from the U.S. Naval Academy in June 1976. On Oct. 21, 1977, after initial flight training at Training Squadron VT-10 and Advanced Airborne Tactical Data Systems training at Carrier Airborne Early Warning Squadron RVAW-120, he was designated a Naval Flight Officer.

Released from Active Duty in June 1982, he moved to Suffern, N.Y., and was employed with New York Telephone.

McDonald was selected for the Full-Time Support program and was recalled to Active Duty in April 1983.

His significant tours include: VAW-123, "Screwtops," Division Officer and Department Head; RVAW-120, "Grey Hawks," NFO instructor; VAW-1086, "Augger Doggers," flight crew; VAW-88, "CottonPickers," Officer-in-Charge; Commander, Naval Air Reserve Force, Air Operations and Assistant Chief of Staff for operations and fleet support; VAW-78, "Fighting Escargots" Commanding Officer; NAS JRB Fort Worth, Commanding Officer; Chief of Naval Operations (N095), Executive Assistant to the Director of the Navy Reserve; and Deputy Director Navy Reserve.

He was selected for flag rank on Aug. 1, 2003 and served as chief, Office of the Defense Representative Pakistan from July 2004 until October 2005.

He assumed his present duties as Commander, Navy Reserve Forces Command on Aug. 12, 2005.

McDonald has 5,000 total hours and more than 4,600 hours in the E-2C aircraft.

He has had the privilege of working with the finest enlisted and officer personnel in the United States Navy throughout his career.

AWARDS: The Defense Superior Service Medal (one), Legion of Merit (three), Meritorious Service Medal (two), Navy and Marine Corps Commendation Medal (two), Navy and Marine Corps Achievement Medal (two), Meritorious Unit Commendation (four), Battle "E" ribbon (three), Navy Expeditionary Medal, National Defense Service Medal (two), Global War on Terror Expeditionary Medal, Global War on Terror Service Medal, Sea Service Ribbon (four) and the Armed Forces Reserve Medal (with silver hourglass).



Mass Communication Specialist 2nd Class
Kurt Eischen

FORCE MASTER CHIEF (SW) DAVID R. PENNINGTON, NAVY RESERVE FORCE

Master Chief David R. Pennington enlisted in the U.S. Navy in December 1976 following graduation from Jessamine County High School in Nicholasville, Ky.

After completing Boot Camp in Great Lakes, Ill., and graduating from PN "A" School in Meridian, Miss., he was assigned to the Sluggers of VF-103 and completed three Mediterranean deployments onboard the USS Saratoga (CV 60). He transitioned from Active Duty and affiliated in the Navy Reserve with the USS Moinester (FF 1097) at the Naval Reserve Center, Lexington, Ky. It was there that he was recalled to Active Duty in the Training and Administration of Reserve (TAR) Program in September 1981 and worked in the Manpower Department of Naval Reserve Center, Lexington, Ky. for four years.

His follow-on assignments include the Charleston, S.C., representative to the Atlantic Fleet Naval Reserve Career Information Team (CARIT), where he was the East Coast Sailor of the Year for two consecutive years; the USS Samuel Eliot Morison (FFG 13) home ported in Charleston, S.C., where he earned his Enlisted Surface Warfare Insignia and was selected for Chief Petty Officer; the Naval Air Reserve Center Barbers Point, Hawaii, where he was selected for Senior Chief Petty Officer, the Bureau of Naval Personnel (Pers-2), Washington, D.C., where he excelled as the TAR Enlisted Strength Planner in the heart of the drawdown; U. S. Pacific Command (USPACOM) Camp Smith, Hawaii, as the first RLO, where he was selected for Master Chief Petty Officer; E8-9 TAR Enlisted Detailer, New Orleans, where he screened for Command Master Chief and detailed himself to be the Command Master Chief on the last of the class USS Frederick (LST 1184), homeported in Pearl Harbor, Hawaii. After Hawaii, it was back to the mainland as Command Master Chief of Naval Air Station, Willow Grove, Pa.

Following selection by the Chief of Naval Reserve, Master Chief Pennington became the 12th Force Master Chief of the Navy Reserve Force.

AWARDS: The Defense Meritorious Service Medal, Navy Commendation Medal (Four awards) and the Navy Achievement Medal (4 awards). He has earned an Associates Degree with Excelsior College and is an honor graduate from the Senior Enlisted Academy, Newport, R.I.



Mass Communication Specialist 1st Class
(AW/INAC) Michael Moriatis

OPERATIONAL SUPPORT

OPERATIONAL SUPPORT TO THE FLEET (AS OF NOVEMBER 2007)

The United States Navy has accomplished much in its proud and storied history. However, nothing can be done without the hard-working U.S. Navy Sailors who make up the Reserve Force.

ACTIVE COMPONENT

Officers	51,428
Enlisted	280,778
Midshipmen	4,390
TOTAL	336,596

TOTAL READY RESERVE

Officers	27,141
Enlisted	101,152
TOTAL	128,293

DRILLING SELECTED RESERVE

Officers	15,692
Enlisted	54,313
TOTAL	70,005

FULL TIME SUPPORT

Officers	1,676
Enlisted	10,594
TOTAL	12,270

INDIVIDUAL READY RESERVE

Officers	11,449
Enlisted	46,839
TOTAL	58,288

VOLUNTARY TRAINING UNIT

(Included in above IRR)

Officers	1,044
Enlisted	1,165
TOTAL	2,209

NAVY RESERVE RETIRED

Officers	58,418
Enlisted*	191,787
TOTAL	250,205

*Includes 83,853 Enlisted Fleet Reservists

RESERVISTS CURRENTLY MOBILIZED

TOTAL	5,467
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Mass Communication Specialist 3rd Class James R. Evans



Mass Communication Specialist 1st Class Michael R. McCormick



Mass Communication Specialist 2nd Class Eric S. Logsdon



Mass Communication Specialist 1st Class Curtis K. Brasi



Mass Communication Specialist 3rd Class James R. Evans



As of
Dec. 1, 2007

THE FLEET

Mass
Communication
Specialist 3rd
Class Chris
Olsen



USS PENNSYLVANIA
(SSBN 735)



USS BONHOMME RICHARD (LHD 6)

USS ENTERPRISE (CVN 65)

TNR

Mass Communication Specialist 3rd Class
N.C. Kaylor



USS KEARSARGE (LHD 3)

Mass Communication Specialist 3rd Class
Michael A. Lampron



USS NEW ORLEANS
(LPD 18)



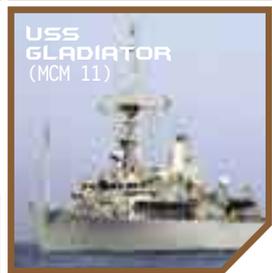
USS GLADIATOR
(MCM 11)

Mass Communication Specialist 3rd Class
Mark Patterson Jr.



USS CONSTITUTION

Janice Abate



USS BAINBRIDGE
(DDG 96)

Paul Farley

SHIPS & SUBMARINES

VESSEL	DESIGNATION	TOTAL
AIRCRAFT CARRIERS	CV	1
	CVN	10
EXPEDITIONARY	LCC	2
	LHA	3
	LHD	7
	LPD	11
	LSD	12
SURFACE COMBATANTS	CG	22
	DDG	51
	FFG	30
MINE WARFARE	MCM	14
	MHC	8
PATROL CRAFT	PC	8
SUBMARINES	SSBN	14
	SSGN	4
	SSN	55
AUXILIARY	ARS	4
	AS	2
OTHERS	USS CONSTITUTION	
COMMAND SHIP	USS CORONADO (AGF 11)	

RESERVE COMPONENT BOAT ASSETS:

NOSC BALTIMORE

LCM-16, LCM-27, NR ACU-2

NOSC TAMPA

LCU-1681, ACU-1 DET TAMPA

NOSC ORANGE

LCM-008, LCM-767, ACU-1 DET ORANGE

NOSC GREAT LAKES

LCM-501, LCM-502, LCM-503, ACU-1 DET GLAKES

NOSC BUFFALO

LCU-1680, LCM-802, LCM-803, LCM-809, ACU-2 DET 205



LANDING CRAFT UTILITY
(LCU 1645)

Mass Communication Specialist 2nd Class
Jennifer A. Villalovos



LANDING CRAFT MECHANIZED
(LCM 19)

NAVY AIR FORCE RESERVE

TNR
120

Mass
Communication
Specialist
3rd Class
M. Jeremie Yoder



MH-60S
Knighthawk

The United States Navy Air Force Reserve is ranked among the best and most capable Air Forces in the world. Its 28 squadrons are equipped with the most modern aircraft and technology including the F/A-18A+ Hornet, EA-6B Prowler, HH-60 Seahawk, P-3C (Update III) Orion, C-130T transport, E-2C, C-40A and C-9B.

AIRCRAFT OF COMMISSIONED UNITS

TRAINING SUPPORT AUGMENT UNITS

COMMISSIONED UNITS ASSETS

Squadron	Location
VFA-125	Lemoore, Calif.
VAW-120	Norfolk, Va.
VFA-106	Virginia Beach, Va.
VP-30	Jacksonville, Fla.
HSC-3	San Diego, Calif.
HS-10	San Diego, Calif.
VT-7/9	Meridian, Miss.
VT-21/22	NAS Kingsville, Texas
VT-27/28/31/35	Corpus Christi, Texas
VT-2/3/6 HT-8/18	Milton, Fla.
VT-4/10/86	Pensacola, Fla.
VAQ-129 SAU	Oak Harbor, Wash.

TACTICAL SUPPORT WING

- E-2C Hawkeye - 6
- EA-6B Prowler - 4
- F/A-18A+/C Hornet - 25
- F-5E/F/N Tiger - 30

HELICOPTER RESERVE COMPONENT (HSC/HSL/HM)

- HH-60H Sea Hawk - 10
- MH-53E Sea Stallion - 8
- SH-60B Sea Hawk - 6
- MH-60S Knight Hawk - 5

PATROL RESERVE COMPONENT (VP)

- P-3C Orion - 12

FLEET LOGISTICS SUPPORT WING (VR)

- C-9B Skytrain II - 16
- C-12B King Air - 5
- C-20 A/D/G Gulfstream - 7
- C-37A Gulfstream - 1
- C-130T Hercules - 19
- C-40A Clipper - 9
- C-37B Gulfstream - 3



F/A-18C
Hornet



P-3C
Orion



EA-6B
Prowler



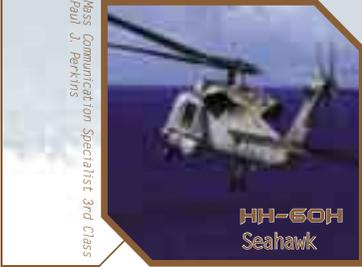
C-9B
Skytrain II



C-130T
Hercules

Mass Communication Specialist 2nd Class
Lou Rosales

NAVY AIR FORCE RESERVE **TNR**



Mass Communication Specialist 3rd Class
Paul J. Perkins



Derk Blanset



Mass Communication Specialist 1st Class
James R. Evans

SQUADRONS

NICKNAME

LOCATION

HSC-84	<i>Redwolves</i>	Norfolk, Va.
HSC-85	<i>High Rollers</i>	San Diego, Calif.
HM-14	<i>Vanguard</i>	Norfolk, Va.
HM-15	<i>Blackhawks</i>	Corpus Christi, Texas
HSL-60	<i>Jaguars</i>	Mayport, Fla.
VAQ-209	<i>Star Warriors</i>	Washington, D.C.
VAW-77	<i>Nightwolves</i>	Atlanta, Ga.
VFA-204	<i>River Rattlers</i>	New Orleans, La.
VFC-12	<i>Omars</i>	Oceana, Va.
VFC-13	<i>Saints</i>	Fallon, Nev.
VFC-111	<i>Sundowners</i>	Key West, Fla.
VP-62	<i>Broad Arrows</i>	Jacksonville, Fla.
VP-69	<i>Totems</i>	Oak Harbor, Wash.
VR-1	<i>Star Lifters</i>	Washington, D.C.
VR-46	<i>Eagles</i>	Atlanta, Ga.
VR-48	<i>Capitol Skyliners</i>	Washington, D.C.
VR-51	<i>Windjammers</i>	Kaneohe Bay, Hawaii
VR-52	<i>Taskmasters</i>	Willow Grove, Pa.
VR-53	<i>Capital Express</i>	Washington, D.C.
VR-54	<i>Revelers</i>	New Orleans, La.
VR-55	<i>Minutemen</i>	Point Mugu, Calif.
VR-56	<i>Globemasters</i>	Norfolk, Va.
VR-57	<i>Conquistadores</i>	San Diego, Calif.
VR-58	<i>Sunseekers</i>	Jacksonville, Fla.
VR-59	<i>Lonestar Express</i>	Fort Worth, Texas
VR-61	<i>Islanders</i>	Oak Harbor, Wash.
VR-62	<i>Nor' Easter</i>	Brunswick, Maine
VR-64	<i>Condors</i>	Willow Grove, Pa.



Mass Communication Specialist 1st Class
Irce Denny



Mass Communication Specialist 3rd Class
Tom H. Burton



Mass Communication Specialist 1st Class
William R. Goodwin



Mass Communication Specialist Seaman
Katherine R. Payne



Mass Communication Specialist 3rd Class
Gregory Badger



UNIFIED COMMANDS AREA OF RESPONSIBILITY

NORTHCOM

Peterson AF Base
Colorado

NORTHCOM Mission: NORTHCOM anticipates and conducts Homeland Defense and Civil Support operations within the assigned area of responsibility to defend, protect and secure the United States and its interests.

NORAD Mission: In close collaboration with homeland defense, security and law enforcement partners, prevent air attacks against North America, safeguard the sovereign airspaces of the United States and Canada by responding to unknown, unwanted and unauthorized air activity approaching and operating within these airspaces, and provide aerospace and maritime warning for North America.

VISION:

- Our most solemn obligation is to defend our homelands.
- We will respond not a minute too soon, or a second too late.
- We must constantly challenge “the way it is” in favor of “the way it ought to be.”
- NORAD and NORTHCOM shall be synonymous with continental and homeland defense expertise and excellence worldwide.

PACOM

Camp H.M. Smith, Hawaii
Pearl Harbor, Hawaii

Mission: Promote security and peaceful development in the Asia-Pacific region by deterring aggression, advancing regional security cooperation, responding to crises and fighting to win.

VISION: A joint combatant command directing, integrating and employing ready, credible military capability in peace, crisis or war to advance U.S. interests as an active partner in pursuit of a secure, prosperous and democratic Asia-Pacific community.

CENTCOM

MacDill AF Base
Tampa, Florida

Mission: CENTCOM, working with national and international partners, promotes development and cooperation among nations, responds to crises and deters or defeats state and transnational aggression in order to establish regional security and stability.

VISION: A combatant command directing, integrating and employing ready, credible military capability in peace, crisis, or war to advance U.S. interests as a partner in pursuit of a secure, stable and prosperous region.

EUCOM

Stuttgart, Germany

Mission: EUCOM will maintain ready forces to conduct the full range of operations unilaterally or in concert with coalition partners; enhance transatlantic security through support of NATO; promote regional stability; counter terrorism; and advance U.S. interests in the area of responsibility.

VISION:

- Europe as a global partner.
- Broader Middle East at peace.
- Transformed and expeditionary EUCOM.
- Capable regional security organizations.

SOUTHCOM

Miami, Fla.

Mission: SOUTHCOM's mission is to conduct military operations and promote security cooperation to achieve U.S. strategic objectives.

VISION: A joint and interagency organization seeking to support security, stability and prosperity in the Americas. This vision embodies our belief that the challenges we face require us to examine linkages between all of our partners and work collectively to ensure security, enhance stability and enable prosperity in the Americas.

SOCOM

MacDill AF Base
Tampa, Florida

Mission: SOCOM leads, plans, synchronizes and as directed, executes global operations against terrorist networks. SOCOM trains, organizes, equips and deploys combat-ready special operations forces to combatant commands.

VISION: All of SOCOM is now in high gear, a tempo we expect to maintain for a long time. In order to chart the proper course, we must be able to visualize the end state we intend to achieve, to see a picture of how successful Special Operations Forces will operate in the future. Our two-part mission is clear: One is to "plan, direct and execute the Global War on Terrorism" as the lead combatant command. The other is "train and equip" Special Operations Forces. "To be the premier team of special warriors, thoroughly prepared, properly equipped, and highly motivated: at the right place, at the right time, facing the right adversary, leading the Global War on Terrorism, accomplishing U.S. strategic objectives."

AFRICOM

Kelley Barracks
Stuttgart, Germany

Mission: AFRICOM promotes U. S. national security objectives by working with African states and regional organizations to help strengthen stability and security in the area of responsibility. AFRICOM leads the in-theater DoD response to support other United States Government (USG) agencies in implementing USG security policies and strategies. In concert with other U. S. government and international partners, AFRICOM conducts theater security cooperation activities to assist in building security capacity and improve accountable governance and conducts military operations to deter aggression and respond to crisis.

TRANSCOM

Scott AF Base
Illinois

Mission: Provide DoD air, land and sea transportation in times of peace and war.
VISION: TRANSCOM is responsible for creating and implementing world-class global deployment and distribution solutions in support of the president, secretary of defense, and combatant commander-assigned missions.

STRATCOM

Offutt AF Base
Nebraska

Mission: Provide the nation with global deterrence capabilities and synchronized DoD effects to combat adversary weapons of mass destruction worldwide. Enable decisive global kinetic and non-kinetic combat effects through the application and advocacy of integrated intelligence, surveillance and reconnaissance; space and global strike operations; information operations; integrated missile defense and robust command and control.

STRATCOM is a global integrator charged with the missions of Space Operations; Information Operations; Integrated Missile Defense; Global Command & Control; Intelligence, Surveillance and Reconnaissance; Global Strike; and Strategic Deterrence.

STRATCOM is also the lead combatant command for integration and synchronization of DoD-wide efforts in combating weapons of mass destruction.

JFCOM

Norfolk, Virginia

JFCOM has several key roles in transforming the U.S. military's capabilities. JFCOM's commander oversees the command's four major mission areas consisting of Joint Training, Joint Capabilities Development, Joint Force Provider, Joint Concept Development and Experimentation.

JOINT STAFF CODES

As the military moves to a more joint environment, you never know when you may find yourself serving alongside members from the other services. The following staff codes are provided for your reference.

JOINT CHIEFS OF STAFF



- J1** Manpower and Personnel
- J2** Intelligence
- J3** Operations
- J4** Logistics
- J5** Strategic Plans and Policy
- J6** Command, Control, Communications and Computer System
- J7** Operational Plans and Interoperability
- J8** Force Structure, Resources and Assessment

NAVY



- N1** Manpower and Personnel
- N2** Intelligence
- N3** Operations
- N4** Logistics
- N5** Plans and Policy
- N6** Information Technology
- N7** Readiness and Training
- N8** Resources and Requirements

MARINE CORPS



- G1** Manpower and Personnel
- G2** Intelligence
- G3** Operations
- G4** Logistics/Supply
- G5** Plans
- G6** Communications
- G7** Inspector
- G8** Requirements

ARMY



- G1** Personnel
- G2** Intelligence
- G3** Operations and Plans
- G4** Logistics
- G5** Civil Affairs
- G6** Information Management
- G8** Resource Management

COAST GUARD



- CG-1** Human Resources
- CG-2** Intelligence
- CG-3** Operations
- CG-4** Engineering and Logistics
- CG-5** Policy and Planning
- CG-6** Command, Control, Communications, Computers and Information (C4I)
- CG-8** Planning, Resources and Procurement
- CG-9** Acquisition

AIR FORCE



- A1** Personnel
- A2** Intelligence
- A3** Operations
- A4** Logistics
- A5** Plans and Programs
- A6** Communications
- A7** Installation/Mission Support
- A8** Requirements

CAREER MANAGEMENT TOOLS

by Chief Mass Communication Specialist Jim Vorndran

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NAVY CAREER TOOLS

The Navy is developing an integrated and responsive family of career management, training and education systems that help Sailors invest in and direct their own careers, education and professional development. The goal is to create a Navy in which all Sailors - officer and enlisted, Active and Reserve - are optimally recruited, trained and assigned so that they contribute their fullest to mission accomplishment. These products are now called Navy Career Tools. The current primary emphasis is on interactive detailing in which the Reserve Component has three systems.

APPLY BOARD

The **APPLY Board** is the Navy Reserve system for the screening and subsequent assignment of the most qualified officers to senior (command), leadership (commanding officer/OIC) and management (non-command) positions.

Screening and assigning the most qualified Officers to senior leadership and management positions are vital to the continued integration of the Active and Reserve Components of the Navy.

APPLY is not just for captains and commanders. There are Command billet assignments for officers in pay grades O-1 to O-6 and LDO/CWO.

Log in:
<https://apply.hq.cnrf.navy.mil/>

CAREER MANAGEMENT SYSTEM - INTERACTIVE DETAILING

Career Management System - Interactive Detailing (CMS/ID) is designed as a total force, Web-based tool to be used by Active Duty, Full-Time Support, and Selected Reserve Sailors. The current system provides enlisted Sailors the ability to search for available assignment opportunities and to communicate directly with appropriate centralized assignment coordinators.

CMS/ID provides Navy personnel the ability to identify the best career opportunities for their professional and personal development. The system allows Sailors to view and research all available jobs, including valuable information about the command and surrounding geographical area.

For additional help call **1-800-537-4617** or e-mail jasshelpdesk.sscno1a.fct@navy.mil.

Log in:
<https://www.cmsid.navy.mil/>



JOAPPLY

JOAPPLY is a component of **APPLY** and is designed to aid Navy Operational Support Centers, Reserve Component commanders and supported commands in the proper placement of their junior officers. JOAPPLY assists junior officers in their career development by affording them visibility into career opportunities.

JOAPPLY will also assist junior officers in their career development by affording them visibility into career opportunities and the entire billet base of available assignments.

Log in:
<https://apply.hq.cnrf.navy.mil/>



TRICARE

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TRICARE AVAILABLE TO DRILLING SELECTIVE RESERVE SAILORS



Among the many benefits available to Selective Reserve (SELRES) Sailors is TRICARE Reserve Select (TRS), the premium-based military health plan available to National Guard and Reserve personnel on a for-purchase basis.

The current plan, which became effective Oct. 1, 2007, replaces a complex tier system with varying premiums. The new premiums are \$81 a month for individual coverage and \$253 a month for family coverage.

“Now, the only requirement is that the member must be in the Selected Reserve (excluding IRR),” Bonnie Powell of TRICARE said. “Selected Reserve members who are either eligible for or covered by Federal Employee Health Benefit (FEHB) plans are excluded (by law). Those eligible for FEHB already have access to a wide range of health care plans.”

Under the TRS plan, members receive comprehensive coverage with access to TRICARE-authorized providers or qualified host-nation providers (if located overseas). Members pay fewer out-of-pocket costs when choosing a provider in the TRICARE network.

A variety of inpatient, outpatient and clinical preventative services are covered as well as emergency services. Certain dental and behavioral health services are also provided.

Even though referrals are not required, some care may require prior authorization.

In addition, members can access care at military treatment facilities (MTF) on a space-available basis.

Prescriptions may be filled at the MTF, through the TRICARE mail-order network, and at retail network and non-network pharmacies. Costs vary according to the pharmacy option the member chooses.

The TRICARE network consists of three regional domestic contractors and one overseas contractor: Health Net Federal Services, LLC (North Region); TriWest Healthcare Alliance Corp (West Region); and Humana Military Healthcare Services, Inc. (South Region and Overseas).

Many SELRES members do have other healthcare options, such as plans offered by their private

Mass Communication Specialist 2nd Class Elizabeth Thompson



Mass Communication Specialist 2nd Class Jeremy L. Orshan



sector employers. Some of the items to consider are costs for family coverage versus single coverage, co-payments, prescription drug programs, catastrophic caps, and which health care plans are accepted by the member's (and family's) preferred doctors and hospitals, and much more.

Members should contact the regional contractor (TRICARE area office if overseas) for information or assistance on purchasing TRS coverage, premium billing questions, obtaining healthcare services, claims, or covered benefits.

The coverage offered under TRS is TRICARE Standard or Extra. More information about coverage under these plans can be found at www.tricare.mil/reserve/reserveselect.

RESERVE AFFAIRS:

www.defenselink.mil/ra

GUARD/RESERVE PORTAL ADDRESS:

www.dmdc.osd.mil/appj/trs/index.jsp

TRICARE:

www.tricare.mil

TRICARE MAIL ORDER PHARMACY:

1-866-DoD-TMOP (1-866-363-8667)

TRICARE RETAIL NETWORK PHARMACY:

1-866-DoD-TRRX (1-866-363-8779)

Nass Communication Specialist Seaman Joseph Caballero



Hospital Corpsman 1st Class Jean A. Werhman

FAMILY HEALTH CARE

TNA 19

Alaska, Arizona, California, Colorado, Hawaii, Idaho, Iowa (excluding Rock Island Arsenal area), Kansas, Minnesota, Missouri (excluding the St. Louis area), Montana, Nebraska, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Texas (the southwestern corner, including El Paso), Utah, Washington, and Wyoming.

Regional Contractor:
TriWest Healthcare Alliance Corp.
(TriWest)
1-888-TRIWEST (1-888-874-9378)
www.triwest.com

TRICARE WEST:

Connecticut, Delaware, the District of Columbia, Illinois, Indiana, Kentucky, Maine, Maryland, Massachusetts, Michigan, New Hampshire, New Jersey, New York, North Carolina, Ohio, Pennsylvania, Rhode Island, Vermont, Virginia, West Virginia, Wisconsin, and portions of Iowa (Rock Island Arsenal area), Missouri (St. Louis area) and Tennessee (Ft. Campbell area).

Regional Contractor:
Health Net Federal Services, LLC
(Health Net)
1-877-TRICARE (874-2273)
www.healthnetfederalservices.com

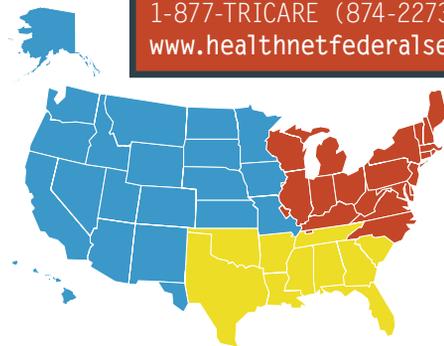
TRICARE NORTH

TRICARE OVERSEAS



Regional Contractor:
Humana Military Healthcare Services, Inc.
(Humana Military)
1-877-298-3408 or
Overseas: 1-888-777-8343
www.humana-military.com or
Overseas: www.tricare.mil/overseas

(TRICARE Europe, TRICARE Latin America and Canada, and TRICARE Pacific) TRS is available overseas. The TRICARE overseas areas include TRICARE Europe, TRICARE Latin America and Canada (TLAC), and TRICARE Pacific. The TRICARE South Region contractor, Humana Military, handles enrollment, billing, and customer support services for these overseas areas.



TRICARE SOUTH

Regional Contractor:
Humana Military Healthcare Services, Inc.
(Humana Military)
1-877-298-3408 or 1-800-444-5445
www.humana-military.com

Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, Oklahoma, South Carolina, Tennessee (excluding the Ft. Campbell area) and Texas (excluding the El Paso area).

TRICARE policies and benefits are governed by public law and changes are made as public law is amended. Contact your regional contractor or local TRICARE Service Center for current updates. For more information on TRICARE or the Health Insurance Portability and Accountability Act Notice of Privacy Practices, go to www.tricare.mil.

REEMPLOYMENT RIGHTS

You have the right to be reemployed in your civilian job if you leave that job to perform service in the uniformed service and:

- ♦ You ensure that your employer receives advance written or verbal notice of your service;
- ♦ You have five years or less of cumulative service in the uniformed services while with that particular employer;
- ♦ You return to work or apply for reemployment in a timely manner after conclusion of service; and
- ♦ You have not been separated from service with a disqualifying discharge or under other than honorable conditions.

If you are eligible to be reemployed, you must be restored to the job and benefits you would have attained if you had not been absent due to military service or, in some cases, a comparable job.



HEALTH INSURANCE PROTECTION

If you leave your job to perform military service, you have the right to elect to continue your existing employer-based health plan coverage for you and your dependents for up to 24 months while in the military.

Even if you don't elect to continue coverage during your military service, you have the right to be reinstated in your employer's health plan when you are reemployed, generally without any waiting periods or exclusions (e.g., pre-existing condition exclusions) except for service-connected illnesses or injuries.

ENFORCEMENT

The U.S. Department of Labor, Veterans Employment and Training Service (VETS) is authorized to investigate and resolve complaints of USERRA violations.

For assistance in filing a complaint, or for any other information on USERRA, contact VETS at 1-866-4-USA-DOL or visit its website at www.dol.gov/vets. An interactive online USERRA Advisor can be viewed at www.dol.gov/elaws/userra.htm.

If you file a complaint with VETS and VETS is unable to resolve it, you may request that your case be referred to the Department of Justice for representation.

You may also bypass the VETS process and bring a civil action against an employer for violations of USERRA.

EMPLOYER SUPPORT OF THE GUARD AND RESERVE MISSION

Gain and maintain active support from all public and private employers for the men and women of the National Guard and Reserve. Its customers are the employers and National Guard and Reserve members.

The nation's Reserve Components comprise approximately 46 percent of the nation's total available military manpower. The current National Defense Strategy indicates that the National Guard and Reserve will be full partners in the fully integrated Total Force. Reserve forces will spend more time away from the workplace defending the nation, supporting a demanding operations tempo and training to maintain mission readiness.

In this environment, civilian employers play a critical role in the defense of the nation by complying with existing employment laws protecting the rights of workers who serve in the Reserve Component.

Find out more at: www.esgr.org.

ESGR was established to promote cooperation and understanding between Reserve Component members and their civilian employers and to assist in the resolution of conflicts arising from an employee's military commitment.



Damon J. Moritz

NAVY RESERVE HISTORY

The United States Navy Reserve came into existence March 3, 1915. Its forerunner, The Naval Militia, dates from 1888 when Massachusetts organized a naval battalion as part of its militia. A year later, New York, Pennsylvania and Rhode Island organized naval militias. In 1891, the Office of Naval Militia was established. By 1897, 16 states had naval militia in one form or another.

Because of their colonial experience with the British professional armies, the early citizens of our country feared that a large full-time professional military force might be used by a strong central government to suppress their liberties. They preferred to rely on the part-time citizen-soldier (the militia of the various states) for defense.

Officers and enlisted men from these militia served with the regular Navy in the Spanish-American War in 1898. In 1914, the Division of Naval Affairs took over the work of the Office of Naval Militia. In 1915, Congress passed legislation establishing a federal Naval Reserve.

By the end of World War I, about 30,000 Navy Reserve officers and 300,000 Navy Reserve enlisted people had served on Active Duty with the regular Navy at a wide variety of duty stations. About 75 percent of the officers and enlisted men who served on Active Duty with the Navy in World War II were Reservists. During the Korean conflict, about 25 percent of the Navy's personnel on Active Duty were Reservists. In 1961, 58 Navy Reserve ships and air squadrons were recalled to Active Duty for the Berlin crisis.

There was no large-scale mobilization of Navy Reservists for service in Vietnam. However, Navy Reserve personnel served on Active Duty in Vietnam. In 1968, eight mobile construction battalions (Seabees) and air squadrons were recalled to Active Duty for one year.

Operations *Desert Shield*, *Desert Storm* and *Iraqi Freedom* again gave dramatic evidence of the commitment and capability of the Navy Reserve Force as more than 20,000 members from all communities were mobilized in support of combat and combat service support operations.

In the wake of 9/11, more than 46,500 Navy Reservists have been recalled to Active Duty under the congressionally approved "partial mobilization," which authorizes the president to recall up to one-million Reservists for up to 24 months of service. Today, more than 60 percent of all U.S. personnel serving in the Central Command theater of operations are Reservists (representing each of the services). At any given time, nearly 28 percent of the Navy Reserve Force is on some form of Active Duty operational support orders, seamlessly serving alongside regular military service members, coalition partners and DoD civilians.

As the Navy continues to align and transform its service to enhance warfighting wholeness and defeat the 21st century enemies of freedom, the men and women of the Navy Reserve are proud and honored to "REserve" our country.

President George W. Bush signed a "Memorandum for the Secretary of Defense" April 29, 2005, approving the redesignation of the United States Naval Reserve to the United States Navy Reserve.

Mass Communication Specialist Seaman
Carl E. Gibson

THE SAILOR'S CREED

I am a
United States Sailor.

I will support
and defend the
Constitution of the
United States of
America and I will
obey the orders of
those appointed over
me.

I represent the
fighting spirit of
the Navy and those
who have gone before
me to defend freedom
and democracy around
the world.

I proudly serve
my country's Navy
combat team with
honor, courage and
commitment.

I am committed to
excellence and the
fair treatment of all.

2008 ACTIVE DUTY BASE PAY CHART

Effective Jan. 1

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Note: Monthly pay for O-7s through O-10s in 2007 is limited to \$14,000.10 under Level II of the Executive Schedule. The Level II cap for 2008 is not yet known.

Pay Grade	Years of Service													
	<2	2	3	4	6	8	10	12	14	16	18	20	22	24

Commissioned Officers

O-10	-	-	-	-	-	-	-	-	-	-	-	14,137.20	14,206.20	14,501.70	15,016.50
O-9	-	-	-	-	-	-	-	-	-	-	-	12,364.80	12,542.70	12,800.10	13,249.20
O-8	8,748.90	9,035.10	9,225.60	9,278.70	9,516.00	9,912.30	10,004.70	10,381.20	10,488.90	10,813.50	11,282.40	11,715.30	12,004.20	12,004.20	12,004.20
O-7	7,269.60	7,607.40	7,763.70	7,887.90	8,112.60	8,334.90	8,591.70	8,847.90	9,105.00	9,912.30	10,594.20	10,594.20	10,594.20	10,594.20	10,647.90
O-6	5,388.30	5,919.30	6,307.80	6,307.80	6,331.80	6,603.30	6,639.00	6,639.00	7,016.40	7,683.60	8,075.10	8,466.30	8,688.90	8,914.50	9,351.90
O-5	4,491.60	5,059.80	5,410.50	5,476.20	5,694.60	5,825.70	6,113.10	6,324.00	6,596.40	7,013.70	7,212.00	7,408.50	7,631.10	7,631.10	7,631.10
O-4	3,875.70	4,486.50	4,785.60	4,852.50	5,130.30	5,428.20	5,799.00	6,088.20	6,288.90	6,404.10	6,471.00	6,471.00	6,471.00	6,471.00	6,471.00
O-3	3,407.40	3,862.80	4,169.40	4,545.60	4,763.10	5,002.20	5,157.00	5,411.40	5,543.40	5,543.40	5,543.40	5,543.40	5,543.40	5,543.40	5,543.40
O-2	2,943.90	3,353.10	3,861.90	3,992.40	4,074.30	4,074.30	4,074.30	4,074.30	4,074.30	4,074.30	4,074.30	4,074.30	4,074.30	4,074.30	4,074.30
O-1	2,555.70	2,659.80	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10	3,215.10

Commissioned Officers With More Than Four Years Enlisted or Warrant Officer Active Duty Service

O-3E	-	-	-	4,545.60	4,763.10	5,002.20	5,157.00	5,411.40	5,625.60	5,748.60	5,916.00	5,916.00	5,916.00	5,916.00	5,916.00
O-2E	-	-	-	3,992.40	4,074.30	4,204.20	4,423.20	4,592.40	4,718.40	4,718.40	4,718.40	4,718.40	4,718.40	4,718.40	4,718.40
O-1E	-	-	-	3,215.10	3,433.80	3,560.40	3,690.30	3,817.80	3,992.40	3,992.40	3,992.40	3,992.40	3,992.40	3,992.40	3,992.40

Warrant Officers

W-5	-	-	-	-	-	-	-	-	-	-	-	6,261.30	6,579.00	6,815.40	7,077.60
W-4	3,521.10	3,788.10	3,896.70	4,003.80	4,188.00	4,370.10	4,554.60	4,832.70	5,076.00	5,307.60	5,496.90	5,681.70	5,953.50	6,176.40	6,431.10
W-3	3,215.40	3,349.80	3,486.90	3,532.20	3,676.20	3,959.70	4,254.90	4,403.10	4,554.30	4,719.90	5,017.50	5,218.80	5,339.10	5,466.90	5,640.90
W-2	2,845.50	3,114.60	3,197.40	3,254.70	3,439.80	3,726.00	3,867.90	4,008.00	4,179.00	4,312.50	4,434.00	4,578.60	4,674.00	4,749.90	4,749.90
W-1	2,497.80	2,766.00	2,838.90	2,991.60	3,163.20	3,438.60	3,562.80	3,736.50	3,907.50	4,041.90	4,165.50	4,316.10	4,316.10	4,316.10	4,316.10

Enlisted

E-9	-	-	-	-	-	-	4,254.60	4,350.90	4,472.40	4,615.50	4,759.20	4,990.50	5,185.80	5,391.60	5,705.70
E-8	-	-	-	-	-	3,482.70	3,636.90	3,732.30	3,846.60	3,970.20	4,193.70	4,306.80	4,499.40	4,606.20	4,869.60
E-7	2,421.00	2,642.40	2,743.50	2,887.90	2,982.30	3,162.00	3,263.10	3,443.10	3,592.50	3,694.50	3,803.10	3,845.40	3,986.70	4,062.60	4,351.20
E-6	2,094.00	2,304.00	2,405.70	2,504.40	2,607.60	2,840.10	2,930.40	3,105.00	3,158.70	3,197.70	3,243.30	3,243.30	3,243.30	3,243.30	3,243.30
E-5	1,918.80	2,047.20	2,145.90	2,247.30	2,405.10	2,570.70	2,705.40	2,722.20	2,722.20	2,722.20	2,722.20	2,722.20	2,722.20	2,722.20	2,722.20
E-4	1,758.90	1,848.90	1,949.10	2,047.80	2,135.10	2,135.10	2,135.10	2,135.10	2,135.10	2,135.10	2,135.10	2,135.10	2,135.10	2,135.10	2,135.10
E-3	1,587.90	1,687.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80	1,789.80
E-2	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90	1,509.90
E-1	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00	1,347.00

E-1 with less than four months: 1,245.90

2008 DRILL WEEKEND PAY CHART

Effective Jan. 1

TNR
23

Years of Service

Pay Grade	<2	2	3	4	6	8	10	12	14	16	18	20	22	24	26
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Commissioned Officers

O-10	-	-	-	-	-	-	-	-	-	-	-	1,884.96	1,894.16	1,933.56	2,002.20
O-9	-	-	-	-	-	-	-	-	-	-	-	1,648.64	1,672.36	1,706.68	1,766.56
O-8	1,166.52	1,204.68	1,230.08	1,237.16	1,268.80	1,321.64	1,333.96	1,384.16	1,398.52	1,441.80	1,504.32	1,562.04	1,600.56	1,600.56	1,600.56
O-7	969.28	1,014.32	1,035.16	1,051.72	1,081.68	1,111.32	1,145.56	1,179.72	1,214.00	1,321.64	1,412.56	1,412.56	1,412.56	1,412.56	1,419.72
O-6	718.44	789.24	841.04	841.04	844.24	880.44	885.20	885.20	935.52	1,024.48	1,076.68	1,128.84	1,158.52	1,188.60	1,246.92
O-5	598.88	674.64	721.40	730.16	759.28	776.76	815.08	843.20	879.52	935.16	961.60	987.80	1,017.48	1,017.48	1,017.48
O-4	516.76	598.20	638.08	647.00	684.04	723.76	773.20	811.76	838.52	853.88	862.80	862.80	862.80	862.80	862.80
O-3	454.32	515.04	555.92	606.08	635.08	666.96	687.60	721.52	739.12	739.12	739.12	739.12	739.12	739.12	739.12
O-2	392.52	447.08	514.92	532.32	543.24	543.24	543.24	543.24	543.24	543.24	543.24	543.24	543.24	543.24	543.24
O-1	340.76	354.64	428.68	428.68	428.68	428.68	428.68	428.68	428.68	428.68	428.68	428.68	428.68	428.68	428.68

Commissioned Officers With Prior Service as Enlisted Members or Warrant Officers

O-3E	-	-	-	606.08	635.08	666.96	687.60	721.52	750.08	766.48	788.80	788.80	788.80	788.80	788.80
O-2E	-	-	-	532.32	543.24	560.56	589.76	612.32	629.12	629.12	629.12	629.12	629.12	629.12	629.12
O-1E	-	-	-	428.68	457.84	474.72	492.04	509.04	532.32	532.32	532.32	532.32	532.32	452.32	532.32

Warrant Officers

W-5	-	-	-	-	-	-	-	-	-	-	-	834.84	877.20	908.72	943.68
W-4	469.48	505.08	519.56	533.84	558.40	582.68	607.28	644.36	676.80	707.68	732.92	757.56	793.80	823.52	857.48
W-3	428.72	446.64	464.92	470.96	490.16	527.96	567.32	587.08	607.24	629.32	669.00	695.84	711.88	728.92	752.12
W-2	379.40	415.28	426.32	433.96	458.64	496.80	515.72	534.40	557.20	575.00	591.20	610.48	623.20	633.32	633.32
W-1	333.04	368.80	378.52	398.88	421.76	458.48	475.04	498.20	521.00	538.92	555.40	575.48	575.48	575.48	575.48

Enlisted

E-9	-	-	-	-	-	-	567.28	580.12	596.32	882.07	634.56	665.40	691.44	718.88	760.76
E-8	-	-	-	-	-	464.36	484.92	497.64	512.88	529.36	559.16	574.24	599.92	614.16	649.28
E-7	322.80	352.32	365.80	385.05	397.64	421.60	435.08	459.08	479.00	492.60	507.08	512.72	531.56	541.68	580.16
E-6	279.20	307.20	320.76	333.92	347.68	378.68	390.72	414.00	421.16	426.36	432.44	432.44	432.44	432.44	432.44
E-5	255.84	272.96	286.12	299.64	320.68	342.76	360.72	362.96	362.96	362.96	362.96	362.96	362.96	362.96	362.96
E-4	234.52	246.52	259.88	273.04	284.68	284.68	284.68	284.68	284.68	284.68	284.68	284.68	284.68	284.68	284.68
E-3	211.72	225.04	238.64	238.64	238.64	238.64	238.64	238.64	238.64	238.64	238.64	238.64	238.64	238.64	238.64
E-2	201.32	201.32	201.32	201.32	201.32	201.32	201.32	201.32	201.32	201.32	201.32	201.32	201.32	201.32	201.32
E-1	179.60	179.60	179.60	179.60	179.60	179.60	179.60	179.60	179.60	179.60	179.60	179.60	179.60	179.60	179.60

E-1 with less than four months 166.12

CALCULATING RETIREMENT POINTS

TNA 24



Cmdr. Ray Boerke (ret.)



To retire, you must have 20 qualifying years of service. A qualifying year is the completion of a minimum of 50 points an anniversary year.

AN ANNIVERSARY YEAR?

This is the date you entered the Navy Reserve. From that date forward, you need to be sure you have a satisfactory year that is the culmination of a minimum of 50 points.

HOW DO I GET POINTS?

You automatically receive 15 gratuity points for being in the Reserve. The rest is up to you to complete - either drilling your 2 days a month and completing your annual training, and/or completing correspondence courses should you miss a drill or to earn extra points for the year. However, the maximum number of in-active points you can earn in one year is 90.

So, you go off to assist in the Global War on Terrorism and have been gone for 180 days. Don't worry, each day is given to you as a point. Therefore you will earn 180 points plus whatever else you have completed throughout the year. These are Active Duty days, and therefore the 90-day maximum does not apply. For those of us who have Active Duty time, ALL of that counts as a day for day total towards your future retirement.

WHAT'S NEXT?

Your application is submitted by you via your chain of command. It is highly recommended you retrieve the latest copy of your point-capture sheet to be absolutely sure you have completed your time. The last thing you need to hear is you need to complete another year because something was incorrect in your file. This will ensure you have all AT/ADSW/course work, etc., are annotated and correct. Each point earned is more pay in your pocket later on. For access to your point capture sheet, log on to www.bo1.navy.mil. Once logged in, you should have access to your sheet. Even though you are not ready for retirement, it is a great idea to validate your record each year.

MY LETTER HAS BEEN SUBMITTED, NOW HOW DO I COMPUTE MY RETIREMENT PAY?

The current formula used is $P/360 \times .025 \times B = \$/MONTH$, where P = total number of retirement points and B = base pay of the grade in which you retired (using pay scale in the year in which you turn 60 years old). You'll have to make an estimate of what your base pay will be in the year you turn 60 by using an assumed annual increase rate. You can find current base pay rates on the DFAS Cleveland home page: www.dfas.mil/militarypay.html.

EXAMPLE:

CPO with 22 years;
 Total points earned is 4,500;
 Base pay in 2008 dollars is \$3,986.70
 $4,500 \div 360 = 12.5$
 $12.5 \times .025 = .3125$
 $.3125 \times \$3,986.70 = \$1,245.84$ a month at age 60.

Of course, with the vast knowledge out there in the world of information technology, we have a Reserve retirement pay calculator located at www.npc.navy.mil/channels. There is access to both the Active pay calculator and the Reserve pay calculator. You will still need to know how many points you have and may earn to determine a guess-ta-ment for your potential earnings at age 60.

NOW, ARE YOU READY?

Ready to be rewarded for a period of your life given to the service of your country?
 If you are, thank you for all you have done. You are heroes in that each of you have a full time job as well as a strenuous military job. Thank you for a job well done!

FOR ADDITIONAL HELP:

www.npc.navy.mil/CareerInfo/ReservePersonnelManagement
www.staynavytools.bo1.navy.mil/RetCalc/Default.aspx

NEW UNIFORM

U.S. Navy photo



E-1 TO E-6



RIGHT: Two Sailors pose aboard USS Constitution wearing the blue digital patterned battle dress uniform approved for a single working uniform for all ranks, E-1 to O-10.

U.S. Navy photo by
Chief Mass
Communication Specialist
Michael Foutch



Chief of Navy Operations has approved three new uniforms for fleet-wide use. During FY08, the first new uniform will replace the traditional utilities uniform. The current working blues and working whites are also scheduled to be phased out, being replaced by a year-round uniform. Lastly, the Navy has adopted a physical training (PT) uniform for the first time.

The new BDU-style uniform will replace seven other uniforms currently in use. Made of a near maintenance-free permanent press 50/50 nylon and cotton blend, the dark blue BDU will be worn with

8-POINT COVER



a blue cotton t-shirt, an eight-point cover, a black web belt, black smooth or black suede no-shine leather boots for optional wear while assigned to non-shipboard commands.

The new BDU-style uniform is not considered a camouflage style uniform; it is not intended to replace the current desert and woodland-style "cammies." It is, however, intended to replace a variety of utility uniforms.

The second uniform, also intended for year-round wear, is comprised of a short-sleeve khaki shirt for males and an over-blouse for females, made from a 75/25 polyester and wool blend, with permanent military creases, black slacks for males with beltless slacks for females and optional beltless skirt, and a black garrison cap. Silver anodized-metal rank insignia will be worn on shirt/blouse collars and cap.

The service uniform will also include a black jacket with a knit stand-up collar on which petty officers will wear their service rank insignia. Those entitled to wear gold chevrons will continue to wear gold chevrons as the large metal rank insignia on the jacket.

The last uniform will be the first-ever PT uniform. The uniform consists of a gold short-sleeved shirt and Navy-blue shorts. The shirt is made of moisture wicking and odor-resistant polyester with the word 'Navy' in reflective lettering on back and front.

The Navy-blue shorts come in six and eight-inch lengths, providing standard appearance among different height Sailors, it also has reflective piping and reflective Navy lettering. The shorts have side pockets with a hidden ID-card pocket inside the waistband.

After considerable field testing, these three new uniforms reflect a professional appearance, are easy to maintain and make it easier for Sailors to streamline their sea bag requirements.



VARIOUS FABRIC WEIGHTS AND BELT OPTIONS
RIBBON OPTIONS
PERMANENT CREASES
ALTERABLE WAISTS



RIGHT: Female year-round service uniform for Sailors E-6 and below developed from the Fleet's feedback response on current uniforms.

U.S. Navy photo by
Mass Communication Specialist
2nd Class Brandon W. Schulze





A GRATEFUL NATION REMEMBERS THOSE WHO SERVED

by Mass Communication Specialist 2nd Class Ron Kuzlik

FUNERAL HONORS



U.S. Navy photos by Mass Communication Specialist 1st Class Matthew J. Thomas

IN THE DISTANCE, THE FIRING DETAIL FIRES A 21-GUN SALUTE IN THREE VOLLEYS.



The bugler sounds Taps.

The flag is folded end-over-end until all that is visible is the blue field in the shape of a triangle.

“On behalf of a grateful nation and a proud Navy, I present this flag to you in recognition of your (loved one’s) years of honorable and faithful service to his country.”

This scene was repeated 35,635 times during the fiscal year that ended Sept. 30, 2007.

Almost 1,000 World War II veterans die every day in America. That, coupled with veterans from the Korean War, Vietnam War, Desert Shield/Desert Storm, the Global War on Terrorism and other conflicts, creates a non-stop workload for Funeral Honors details.

Military funeral honors is an entitlement guaranteed by federal law to any eligible veteran. All levels of the military community understand the importance of paying final

tribute on behalf of a grateful nation to honor our nation’s veterans.

Both Active and Reserve Component (RC) Sailors rendered funeral honors for Navy veterans throughout the United States, from the biggest cities to the smallest towns and villages.

“A team can consist of any combination of Active or Reserve Component Sailors,” said Sandy Dubois, Casualty and Funeral Honors Program Manager (N17) at Commander, Navy Installations Command in Washington, D.C.

In fleet concentration areas such as San Diego or Norfolk, funeral honors teams usually are comprised of Active Duty Sailors.

“But, in some areas of the United States, RC personnel are the sole uniform presence,” Dubois said.

In fact, nearly two-thirds of all Funeral Honors details were made up of RC Sailors.

The Funeral Honors team at Navy Operational Support Center

(NOSC) Bronx, N.Y., conducts an average of five funerals every day over an area that covers a 120-mile radius from New York.

“It is an honor to pay our last respects to ‘those who have gone before us to defend freedom and democracy ... as we state in the Sailors’ Creed,” Hull Technician 3rd Class Kareen Lacroix of Carle Place, Long Island, N.Y., said.

“This has to be one of the most rewarding duties I’ve ever done since being in the Navy,” Lacroix said.

The families and friends of fallen Sailors are equally moved and awed by the honors that the Navy affords to their loved ones.

Gustav Busch was a Navy Veteran who served in the Pacific Ocean during World War II. During his funeral in Greenwich, Conn., last May, his son-in-law Timothy Terman of Morgantown, W.Va., was obviously impressed with the dedication



and professionalism of the Sailors from NOSC Bronx.

“These Sailors were so meticulous and so decorous, executing the flag ceremony with such dignity, that it truly honored my father-in-law’s memory, the Navy and our nation,” Terman said.

Barbara Doherty and Robert Cooke offered thanks to NOSC Bronx Sailors who served at the funeral of their father, World War II Navy Veteran James Cooke, in Grahamsville, N.Y.

“It is impossible to adequately convey what it meant to our family to have this added honor bestowed on our father.”

Reserve Component Sailors serving on Funeral Honors details are usually entitled to retirement points, funeral

duty pay and reimbursement for miles, as well as the knowledge that they are honoring fellow Sailors.

“These Sailors, regardless of when they served, supported and defended our country,” Yeoman 1st Class Twanna Parker, Funeral Honors leading petty officer at NOSC Bronx, N.Y., said.

“Whether they stood watch at the helm of a ship, the gates of a base or fought ... we Americans slept well and continue to sleep well at night because of their service.”

For more information on the Navy’s Funeral Honors program, please contact the Casualty Assistance Calls Officer at your NOSC, or visit: www.NPC.NAVY.mil/commandsupport/casualtyassistance.



U.S. Navy photos by Mass Communication Specialist 1st Class (SW) Ira J. Etinson



“THESE SAILORS WERE SO METICULOUS AND SO DECOROUS, EXECUTING THE FLAG CEREMONY WITH SUCH DIGNITY, THAT IT TRULY HONORED MY FATHER-IN-LAW’S MEMORY, THE NAVY AND OUR NATION”

ENLISTED UNITED STATES NAVY RATINGS

These general occupations consist of specific skills and abilities. Each rating has its own specialty badge, which is worn on the left uniform sleeve by all enlisted personnel in that particular field.

ABE
ABF
ABH

AVIATION BOATSWAIN'S MATE (EQUIPMENT, FUEL, HANDLING)



Aviation Boatswain's Mates are responsible for the quick and safe launching and recovering of Navy aircraft from land or ships; they prepare and fuel planes prior to take-off and after landing. They also work with the flight deck catapult systems, arresting gear and directing air traffic on the flight deck and hangar deck.

AC

AIR TRAFFIC CONTROLMAN



Navy Air Traffic Controllers perform duties similar to civilian air traffic controllers and play a crucial role in the effective use of Navy airpower throughout the world in operational and training environments. ACs assist in the safe, orderly and speedy flow of air traffic in the area of responsibility.

AD

AVIATION MACHINIST'S MATE



Aviation Machinist's Mates are responsible for keeping Navy aircraft powerplants and related systems, armament and ordnance systems, and aircraft ground support equipment in top operational condition. Aircrew volunteers (AD and AO ratings) also perform in-flight duties in various types of Navy aircraft.

AE

AVIATION ELECTRICIAN'S MATE



Aviation Electrician's Mates are aircraft electricians. They maintain a wide range of electrical and navigation equipment in aircraft. AEs are trained in computers to support this state-of-the-art equipment. Aircrew volunteers may also perform various in-flight duties in turbojet, propeller aircraft and helicopters.

AG

AEROGRAPHER'S MATE



Aerographer's Mates are the Navy's meteorological and oceanographic experts trained in the science of meteorology and physical oceanography. AGs also learn to use instruments that monitor weather characteristics such as air pressure, temperature, humidity, wind speed and direction. They distribute this data to aircraft, ships and shore activities.

AM



AVIATION STRUCTURAL MECHANIC

Aviation Structural Mechanics maintain all aircraft parts such as wings, fuselage, tail, control surfaces and landing gear. Aircrew volunteers from this rating perform in-flight duties in various types of aircraft. AMs may also volunteer to fly as Navy aircrew. Aircrew perform numerous in-flight duties and operates aircraft systems in turbojet, helicopter or propeller aircraft.

AO



AVIATION ORDNANCEMAN

Aviation Ordnancemen are responsible for keeping Navy aircraft powerplants and related systems, armament and ordnance systems, and aircraft ground support equipment in top operational condition. Their duties include handling, stowing, issuing and loading of munitions and small arms.

AS



AVIATION SUPPORT EQUIPMENT TECHNICIAN

Aviation Support Equipment Technicians are responsible for keeping Navy aircraft powerplants and related systems, armament and ordnance systems and aircraft ground support equipment in top operational condition. They are also responsible for maintaining gas and diesel engine powered equipment, liquid and gaseous oxygen and nitrogen systems at Navy Air Stations and aboard carriers.

AT



AVIATION ELECTRONICS TECHNICIAN

Aviation Electronics Technicians repair some of the most advanced electronic systems in the world. ATs troubleshoot electronic weapons and aviation systems on Navy aircrafts. Navy aircrew volunteers can fly in various types of Navy aircraft from helicopter to jets.

AW



AVIATION WARFARE SYSTEMS OPERATOR

Aviation Warfare Systems Operators operate airborne radar and electronic equipment used in detecting, locating and tracking submarines. AWs also operate equipment used in anti-surface, mine and electronic warfare and play key roles in search-and-rescue and counter-narcotics operations.

AZ



AVIATION MAINTENANCE ADMINISTRATIONMAN

Aviation Maintenance Administrationmen perform a variety of clerical, administrative and managerial duties necessary to keep aircraft maintenance activities running efficiently. AZs plan, coordinate and perform inspections to aircraft and related equipment.

BM**BOATSWAIN'S MATE**

Boatswain's Mates train, direct and supervise others in marlinspike, deck and boat seamanship; ensure proper upkeep of the ship's external structure, rigging, deck equipment and boats. They are in charge of self-propelled barges, tugs and other yard and district craft; they serve in or are in charge of damage-control parties and gun crews; they also are responsible for the use and maintenance of equipment used to load and offload cargo, ammunition, fuel and general stores.

BU**BUILDER**

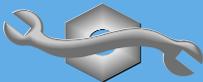
The Builder rating makes up a large segment of the Navy's Construction Force. They work as carpenters, plasterers, roofers, concrete finishers, masons, painters, bricklayers and cabinet makers.

**CE****CONSTRUCTION ELECTRICIAN**

Construction Electricians build, maintain and operate power production facilities and electrical distribution systems. CEs also install, maintain and repair telephone and high/low voltage electrical power distribution, fire alarm, and internal public address systems and telephone systems.

**CM****CONSTRUCTION MECHANIC**

Construction Mechanics repair and maintain heavy construction and automotive equipment such as buses, dump trucks, bulldozers, rollers, cranes, backhoes, pile drivers and other heavy equipment and vehicles. CMs also prepare detailed maintenance records, acquire repair parts and maintain cost control data.

**CS****CULINARY SPECIALIST**

Culinary Specialists are cooks, bakers, dining area and living quarters managers. CSs are needed on every shore base and ship in the Navy. Navy CSs provide food services for Admirals and senior government executives, and they run the White House Mess for the president of the United States.

**CT****CRYPTOLOGIC TECHNICIAN**

Cryptologic Technicians control access to classified materials, translate foreign-language transmissions, operate radio direction-finding equipment, employ electronic countermeasures, and install service and repair special electronic and electro-mechanical equipment. CTs require special security clearances.



DC

DAMAGE CONTROLMAN

Damage Controlmen do the work necessary for damage control, ship stability, firefighting, fire prevention and chemical, biological radiological (CBR) warfare defense. DCs also instruct personnel in the methods of damage control and CBR defense, and repair damage-control equipment and systems.

ND

NAVY DIVER

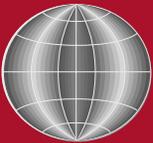
Navy Divers perform underwater salvage, repair and maintenance, submarine rescue and support of Special Warfare and Explosive Ordnance Disposal while operating a variety of diving equipment. They also maintain and repair diving systems.

EA

ENGINEERING AIDE

Engineering Aides provide construction engineers with necessary information to develop final construction plans. EAs conduct surveys for roads, airfields, buildings, etc. They perform soil tests, prepare topographic and hydrographic maps. They also perform land surveys for sewers, water lines, drainage systems and underwater excavations.

EM

ELECTRICIAN'S MATE

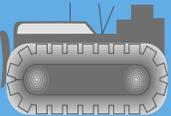
Electrician's Mates are responsible for the operation of ship's electrical power generation systems, lighting systems, electrical equipment and electrical appliances. EMs install, operate, adjust and provide routine maintenance and inspections of ships' electrical equipment.

EN

ENGINEMAN

Enginemen operate, service and repair internal combustion engines used to power some of the Navy's ships and most of the Navy's small craft. ENs work with diesel engines; operate and maintain electro-hydraulic controllable pitch propeller systems and steering engines, refrigeration and air conditioning systems, air compressors, desalinization plants and small auxiliary boilers.

EO

EQUIPMENT OPERATOR

Equipment Operators are construction workers who operate heavy transportation and construction equipment such as trucks, bulldozers, backhoes, graders, forklifts, cranes and asphalt equipment.

EOD**EXPLOSIVE ORDNANCE DISPOSAL**

Explosive Ordnance Disposal Technicians render safe all types of ordnance, conventional and unconventional, improvised, chemical, biological and nuclear. EODs also perform underwater location, identification, render safe and recovery (or disposal) of foreign and domestic ordnance. They also are called upon to support military and civilian law enforcement agencies.

ET**ELECTRONICS TECHNICIAN**

Electronics Technicians are responsible for electronic equipment used to send and receive messages, detect enemy planes and ships, and determine target distance. ETs maintain, repair, calibrate, tune and adjust all electronic equipment used for communications, detection and tracking, recognition and identification, navigation and electronic countermeasures.

FC**FIRE CONTROLMAN**

Fire Controlman maintain the control mechanisms used in weapons systems on combat ships. FCs are responsible for the operation, care and repair of complex electronic and hydraulic equipment that ensures accurate fire control of guided missiles and surface gunfire control systems including radar, tracking computers, weapons' targeting systems, gyroscopes and rangefinders.

FN**FIREMAN**

This enlistment program option enables men and women to qualify for one of several Navy engineering or mechanical skill specialties (ratings) through on-the-job apprentice training. Equipment associated with Fireman training includes propulsion and electrical generation gas turbines, and diesel engines; electronic machinery plant control systems and networks; and intricate electrical wiring and distribution systems.

FT**FIRE CONTROL TECHNICIAN (SUBMARINE)**

Fire Control Technicians maintain and operate high-tech electronics equipment used in submarine combat, control, sonar, navigation and communications. Their duties include operating advanced electronics equipment, computers, communications systems and specialize in the use and maintenance of electronic, digital and fiber optic systems.

GM**GUNNER'S MATE**

Gunner's Mates are responsible for the operation and maintenance of guided-missile launch systems, gun mounts and other ordnance equipment, as well as small arms and magazines. GMs work with electrical and electronic circuitry; mechanical, hydraulic and pneumatic systems.

HM



HOSPITAL CORPSMAN

Hospital Corpsmen perform duties as assistants in the prevention and treatment of disease and injury and assist health care professionals in providing medical and dental care to Navy personnel and their families. HMs also serve as battlefield corpsmen with the Marine Corps, rendering emergency medical treatment including initial treatment in a combat environment.

HT



HULL TECHNICIAN

Hull Technicians do the metal work necessary to keep all types of shipboard structures and surfaces in good conditions. HTs also maintain shipboard plumbing and marine sanitation systems, repair small boats, operate and maintain ballast control systems and manage the Quality Assurance Program.

IC



INTERIOR COMMUNICATIONS ELECTRICIAN

Interior Communications Electricians install, maintain and repair the equipment needed for interior communications within shore facilities and ships. These communication systems include public address systems, phone systems, alarm systems and engine telegraphs, ship gyrocompass, the rudder position indicator, audio-visual equipment for a ship's TV entertainment systems and advanced navigation equipment.

IS



INTELLIGENCE SPECIALIST

Intelligence Specialists are involved in collecting, analyzing and interpreting intelligence data. ISs break down information of all types to determine its usefulness in military planning. From this data, they prepare materials that describe in detail the features of strategic and tactical areas all over the world.

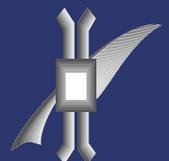
IT



INFORMATION SYSTEMS TECHNICIAN

Information Systems Technician operate and maintain the Navy's global satellite telecommunications systems, mainframe computers, local and wide area networks and micro-computer systems used in the fleet. Administrative support is also provided with the operation of automated equipment that keeps records of personnel training, disbursement, health, assignments and promotions within the Navy. They ensure the all-important communications link between units at sea and stations ashore.

LN



LEGALMAN

Legalmen are aides trained in the field of law. LNs work in Navy legal offices performing administrative and clerical tasks necessary to process claims, to conduct court and administrative hearings related to courts-martial and non-judicial hearings, maintain documents and legal reference libraries; assist with tax returns; voter registration regulations; immigration and customs regulations and veterans' benefits.

MA**MASTER AT ARMS**

Master at Arms provide Navy ships and commands with force protection/antiterrorism specialists who assist in maintaining good order and discipline, law enforcement and security. MAs enforce orders and regulations, make apprehensions, conduct investigations/interrogations and prepare required records and reports that may be used in a judicial setting.

MC**MASS COMMUNICATION SPECIALIST**

Mass Communication Specialists are public affairs and visual information experts. They present the Navy story to audiences in the Navy and to the rest of the world through a variety of media formats. MCs provide photographic and video productions and write print/broadcast journalism news and feature stories for military and civilian newspapers, magazines and TV/radio broadcast stations.

MM**MACHINIST'S MATE**

Machinist's Mates operate and maintain steam turbines and reduction gears used for ship propulsion and auxiliary machinery such as turbo-generators, pumps and oil purifiers, electro-hydraulic steering engines and elevators, refrigeration plants, air conditioning systems and desalinization plants. MMs also operate and maintain compressed gas producing plants.

MN**MINEMAN**

Minemen perform their duties at sea aboard minesweepers assisting in the detection and neutralization of underwater mines. Ashore, MNs are technicians who test, assemble and maintain underwater explosive devices (mines). MNs test various electronic components to ensure proper repair and make sure that the mines work properly. They are also responsible for safe storage, handling and loading of mines for transporting.

MR**MACHINERY REPAIRMAN**

Machinery Repairmen are skilled machine tool operators. They make replacement parts and repair and overhaul ship's engines and auxiliary systems. They also work on deck equipment including winches and hoists, condensers and heat exchange devices. MRs occasionally operate main propulsion and auxiliary machinery in addition to performing machine shop and repair duties.

MT**MISSILE TECHNICIAN**

Missile Technicians perform organizational and intermediate level maintenance on ballistic missile weapons systems; operate and maintain ballistic missile fire control systems, guidance subsystems, associated guidance subsystem test equipment, and missile and launcher/tube groups, along with all ancillary equipment; operate and perform maintenance on strategic weapons systems; operate, test and repair associated ship/weapon subsystem test equipment and test and handling equipment.

MU

**MUSICIAN**

Musicians play in official Navy bands and in special groups such as jazz bands, dance bands and small ensembles. MUs give concerts and provide music for military ceremonies, religious services, parades, receptions and dances.

NC

**NAVY COUNSELOR**

Navy Counselors offer vocational guidance on an individual and group basis to Navy personnel aboard ships and at shore facilities, and to civilian personnel considering enlisting in the Navy. NCs assess the interests, aptitudes, abilities and personalities of individuals to ascertain possible career possibilities for Navy personnel.

OS

**OPERATIONS SPECIALIST**

Operations Specialists function as plotters and maintain Combat Information Center (CIC) displays of strategic and tactical information. OSs operate surveillance and altitude radars and associated equipment. They also serve as air traffic controllers for helicopters and fixed-wing jet aircraft, interpret/evaluate presentations and tactical situations and make recommendations during watch conditions. They also work with search-and-rescue teams.

PC

**POSTAL CLERK**

Postal Clerks operate the Navy's postal system. PC work is much like that of their civilian counterparts who work for the U.S. Postal Service. PCs distribute all official and personal mail in the Navy's postal system. They also compute financial reports and learn accounting, material distribution and transportation skills.

PS

**PERSONNEL SPECIALIST**

Personnel Specialists perform administrative and clerical work. They organize files and operate copy machines and order and distribute supplies. They write and type business and social letters, notices, directives, forms and reports. PSs are responsible for maintaining personnel and pay records.

PR

**AIRCREW SURVIVAL EQUIPMENTMAN**

Aircrew Survival Equipmentmen are responsible for packing and maintaining parachutes, maintaining life rafts, life jackets, oxygen-breathing equipment, air-sea rescue equipment, personal flight gear and other aviation survival gear.

QM

**QUARtermASTER**

Quartermasters stand watch as assistants to officers of the deck and the navigator; serve as helmsman and perform ship control and bridge watchstanding. QMs procure, correct, use and stow navigational and oceanographic publications and charts; maintain navigational instruments and keep correct navigational time; render "honors and ceremonies"; send and receive visual messages; and oversee operations of tugs, self-propelled barges and other yard and district craft.

RP

**RELIGIOUS PROGRAM SPECIALIST**

Religious Program Specialists provide support to Navy chaplains in developing programs to meet the needs of Navy, Marine Corps and Coast Guard personnel and their families. RPs perform functions that do not require ordination and do no pastoral counseling.

SB

**SPECIAL WARFARE BOAT OPERATOR**

Special Warfare Boat Operators pilot fast speedboats down rivers or the open ocean while performing high speed, maximum range or all-weather insertion/extraction of Special Operations Forces. SBs participate in maritime interdiction operations, tactical swimmer operations, intelligence collection, operation deception and coastal patrol.

SH

**SHIP'S SERVICEMAN**

Ship's Servicemen manage and operate shipboard retail and service activities. SHs oversee operations of ship's stores, vending machines, video games, barber shops, laundry and drycleaning facilities.

SK

**STOREKEEPER**

Storekeepers are responsible for ensuring all repair parts and general supplies for the ship, squadron or shore base are accurately ordered, received and issued throughout their command. SKs maintain budget records for funding used to resupply the unit; they learn warehousing, accounting, inventory management and transportations skills.

SO

**SPECIAL WARFARE OPERATOR**

Special Warfare Operators are Navy SEALs are trained to jump from airplanes at high altitudes and open their parachutes at low proximity. They can jump from helicopters traveling 30 knots at 30 feet over the water with no parachute. In addition Special Warfare Operators oversee ocean-borne mine disposal, carry out direct action raids against military targets, conduct reconnaissance and secure beachheads for invading amphibious forces.

SN

**SEAMAN**

Sailors who go directly to a base, station or ship without specialized school training following recruit training are encouraged to select a career field. Through correspondence courses provided for self-study and on-the-job training, they may qualify for entry into a rating. This path is called "striking for rate." A seaman working in the Deck Department of a ship will, by work assignment, find herself in training for the deck rating of Boatswain Mate. Many "strikers" will venture into other departments as openings occur.

TNA
37STG
STS**SONAR TECHNICIAN SURFACE**

Sonar Technicians operate sonar systems, underwater fire-control systems and supporting equipment on surface ships such as frigates, destroyers and cruisers. STG (surface) and STSs (submarines) use advanced equipment to detect, analyze and locate targets of interest for undersea surveillance and aid in safe navigation and search-and-rescue operations.

SW

**STEEL WORKER**

Steel Workers rig and operate all special equipment used to move or hoist structural steel, structural shapes and similar equipment. SWS erect and dismantle steel bridges, piers, buildings, storage tanks, etc. They are skilled in arc welding, MIG welding, TIG welding and gas welding.

TM

**TORPEDOMAN'S MATE**

Torpedoman's Mates maintain underwater explosive weapons such as torpedoes, rockets and missiles and the systems used to launch them. TMs are also responsible for the safe loading and unloading, shipping and storage of these weapons.

UT

**UTILITIESMAN**

Utilitiesmen supervise and perform tasks involved in the installation and maintenance of plumbing, steam, compressed air and fuel storage and distribution systems. UTs maintain air conditioning and refrigeration equipment, as well as sewage collection and disposal facilities.

YN

**YEOMAN**

Yeomen perform administration and clerical work. YNs type, organize files and operate modern office equipment such as word processing computers and copying machines. YNs also type business and social letters, directives, forms and reports and they order and distribute departmental supplies.

AA - Authorized Absence
 AAFES - Army and Air Force Exchange Service
 ABSC - Active Billet Sequence Code
 AC - Active Component
 ADSW - Active Duty for Special Work
 ADT - Active Duty Training
 AO - Area of Operations
 AOC - Aviation Officer Candidate
 AOI - Area of Influence
 AOR - Area of Responsibility
 APG - Advanced Pay Grade
 AT - Annual Training
 ATP - Additional Training Period

BUDS - Basic Underwater Demolition School
 BUMED - Bureau of Medicine and Surgery

CACO - Casualty Assistance Calls Officer
 CAI - Cross-Assigned In
 CAO - Cross-Assigned Out
 CEC - Civil Engineering Corps
 CFC-A - Coalition Forces Command - Afghanistan
 CFL - Command Fitness Leader
 CITF - Criminal Investigative Task Force
 CJSOTF - Combined Joint Special Operations Task Force
 CJTF - Combined Joint Task Force
 COB - Close of Business
 COLA - Cost of Living Allowance
 CMS/ID - Career Management System Interactive Detailing
 CNAFR - Commander, Naval Air Force Reserve
 CNIC - Commander Navy Installations Command
 CNR - Chief of Navy Reserve
 CNRC - Commander Navy Recruiting Command
 CNRFC - Commander, Navy Reserve Forces Command
 COMRATS - Commuted Rations
 CONUS - Inside the Continental United States
 COCOM - Combatant Commander
 CSG - Carrier Strike Group

DCO - Direct Commission Officer
 DDS - Direct Deposit System
 DEERS - Defense Eligibility Enrollment Reporting System
 DEMOB - Demobilization
 DFAS - Defense Finance and Accounting System
 DOD - Department of Defense
 DONTFS - Department of the Navy Total Force System

ECRC - Expeditionary Combat Readiness Center
 EOS - Expiration Of Service
 ESG - Expeditionary Strike Group
 ET - Equivalent Training

FOB - Forward Operating Base
 FOUO - For Official Use Only
 FTS - Full Time Support

IA - Individual Augmentee
 IADT - Initial Active Duty Training
 IAG - Information Assurance Group
 IAP - In Assignment Processing
 IDT - Inactive Duty Training
 IDTT - Inactive Duty Training Travel
 IED - Improvised Explosive Device
 IMAPMIS - Inactive Manpower and Personnel Management Information System
 IRR - Individual Ready Reserve
 ISAF - International Security Assistance Force

JCS - Joint Chiefs of Staff
 JRB - Joint Reserve Base
 JSAG-I - Joint Services Action Group - Iraq
 JSOC - Joint Special Operations Command
 JSOTF - Joint Special Operations Task Force
 JTF GTMO - Joint Task Force Guantanamo Bay
 JTF HOA - Joint Task Force Horn of Africa

MCAG - Maritime Civil Affairs Group
 MEPS - Military Entrance Processing Station
 MESF - Maritime Expeditionary Security Force
 MILPERSMAN - Military Personnel Manual
 MIUW - Mobile Inshore Undersea Warfare
 MNFI - Multi-National Forces Iraq
 MNSTC-I - Multi-National Security and Training Command - Iraq
 MOB - Mobilization
 MRE - Meals Ready to Eat
 MTT - Military Transition Teams

NAF - Naval Air Facility
 NAS - Naval Air Station
 NAT - New Accession Training
 NAVELSG - Navy Expeditionary Logistics Support Group
 NAVSTA - Naval Station
 NAVET - Navy Veteran

NCO - Non-Commissioned Officer
 NCS - National Call to Service
 NEC - Navy Enlisted Classification (or Code)
 NECC - Navy Expeditionary Combat Command
 NEX - Navy Exchange Service
 NMPS - Navy Mobilization Processing Site
 NOBC - Navy Officer Billet Classification (or Code)
 NOE - Notice Of Eligibility
 NOSC - Navy Operational Support Center
 NPQ - Not Physically Qualified
 NR - Navy Reserve
 NRIP - Navy Reserve Intelligence Program
 NROTC - Naval Reserve Officer Training Corps
 NROWS - Navy Reserve Order Writing System
 NRWS - Navy Reserve Web Site
 NSA - Naval Support Activity
 NSIPS - Navy Standard Integrated Personnel System
 NSPS - National Security Personnel System

OCNR - Office of the Chief Navy Reserve
 OCONUS - Outside Continental United States
 OCS - Officer Candidate School
 OIC - Officer In Charge
 OJT - On the Job Training
 OLA - Office of Legislative Affairs
 OPNAV - Office of Chief of Naval Operations
 OPSEC - Operational Security
 OPTEMPO - Operational Tempo
 ORM - Operational Risk Management
 OSC-A - Office of Security Cooperation - Afghanistan
 OSO - Operational Support Officer

PAYPERSMAN - Navy Pay and Personnel Procedures Manual
 PCS - Permanent Change of Station
 PFA - Physical Readiness Assessment
 POC - Point of Contact
 POV - Privately Owned Vehicle
 PRC - Presidential Reserve Callup
 PRD - Projected Rotation Date
 PRIMUS - Physician Reservists in Medical Universities and Schools
 PRT - Physical Readiness Test or Provincial Reconstruction Team
 PSD - Personnel Support Detachment

RBSC - Reserve Billet Sequence Code
 RC - Reserve Component

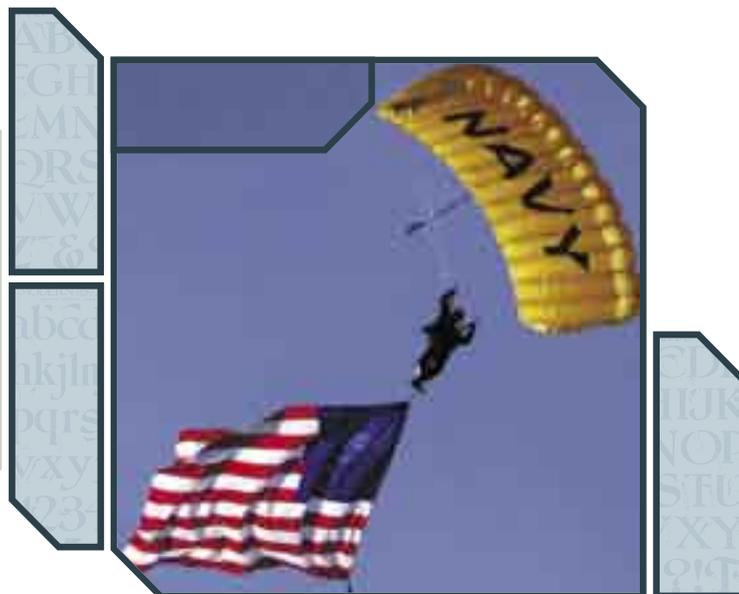
RCC - Reserve Component Command
 RCCPDCS - Reserve Component Common Personnel Data System
 RCHB - Reserve Cargo Handling Battalion
 RESFORON - Reserve Force Squadron
 RIAC - Reserve Intelligence Area Commander
 RIPO - Reserve Intelligence Program Officer
 RHS - Reserve Headquarters System
 RTB - Reserve Transition Benefits
 RTSS - Reserve Training Support System
 RUAD - Reserve Unit Assignment Document
 RUIC - Reserve Unit Identification Code

SAU - Squadron Augment Unit
 SELRES - Selected Reservist
 SNCO - Staff Non-Commissioned Officer
 SOP - Standard Operating Procedure

TAR - Turn Around Ratio
 TOC - Tactical Operations Center
 TRUIC - Training Reserve Unit Identification Code
 TSC - Combatant Commanders Theater Security Cooperations

UA - Unauthorized Absence
 UCMJ - Uniform Code of Military Justice
 UMA - Uniform Maintenance Allowance
 USC - United States Code

VTU - Volunteer Training Unit



Navy Parachute Demonstration Team Leap Frogs descends into San Diego's Qualcomm Stadium during a training session.

U.S. Navy photo by Mass Communication Specialist 2nd Class Stephanie Tigner

LINE OF DUTY AND MEDICAL HOLD



Mass Communication Specialist 3rd Class Bryan M. Ilyankoff



Injuries and illnesses can happen anytime, including while performing Navy duty. During a drill weekend, you may break an arm, or when mobilized, you may aggravate an illness that will require medical care. The Navy's goal is to provide the best possible medical care for all through the **Line of Duty (LOD)** benefits program and the **Medical Hold (MEDHOLD)** program.

Lt. Cmdr. Pam Warnken broke her arm while traveling home during a drill weekend and her treatment was covered under **LOD**. "My civilian insurance covered my injury, but **LOD** reimbursed me for my expenses," Warnken said.

"Portal to portal" is how Master Chief Hospital Corpsman Kurt Lewis, **LOD** branch head at Navy Personnel Command, put it when referring to when a Reservist is eligible. "Eligibility for **LOD** starts when you start travel to your duty station and doesn't end until you return home," Lewis explained.

In general, the MEDHOLD program covers medical problems that are reported by Sailors on active duty orders of 30 days or more, and the **LOD** program covers members in Reserve status, such as drill weekends or inactive duty orders, or on active duty orders of less than 30 days.

When a Sailor loses civilian pay due to an injury, they may be eligible for incapacitation pay, not to exceed full military pay and allowances, as a result of an incapacitation if members are unable to perform any military duties.

The first step to receiving medical care through **LOD** and **MEDHOLD** is to notify your chain of command when an injury or illness occurs. NOSC medical department representatives have received training on processing benefits requests.

"The **MEDHOLD** program was designed principally to meet the needs of Sailors and Marines returning from mobilization in support of the Global War on Terrorism (GWOT)," Lewis said.

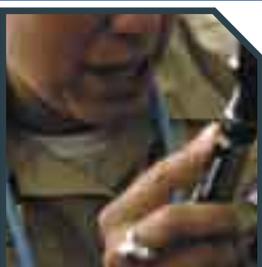
Construction Electrician 2nd Class Andre Alexander, attached to Navy Mobile Construction Battalion 21, was in Kuwait supporting GWOT when he found out just how well the **MEDHOLD** process worked. Needing immediate medical care Alexander was medivacked to Germany and then transferred to the National Naval Medical Center (NNMC) for the remainder of his medical care.

While on **MEDHOLD** Alexander, a certified electrician, worked at the NNMC in the Biomedical Repair shop. "While in medical hold, I found that by keeping busy with work it helped my spirits, which I think is important to the recovery process," Alexander said.

Mass Communication Specialist 2nd Class Eitan Nauber



"THE NAVY'S GOAL IS TO PROVIDE THE BEST POSSIBLE MEDICAL CARE FOR ALL."



Mass Communication Specialist 3rd Class Kelly Barnes

ACTIVATION/MOBILIZATION CHECKLIST

Required Documents for Your Family and You.

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A. PAY/DIRECT DEPOSIT/ALLOTMENT

- Voided personal check or deposit slip (displaying bank address/telephone, bank routing/account numbers).
- Bank account information (bank address/telephone, bank routing/account numbers) for each desired allotment.
- Copy of current mortgage(s) (with principal/interest/tax/insurance breakdown) and documentation of one month's average utilities, OR copy of house or apartment rental agreement and documentation of one month's average utilities.
- Copy(s) of current child support agreement(s).
- If [Medical Corps (MC), Dental Corps (DC), Medical Service Corps (MSC) (Clinical), Nurse Corps (NC)] certified copies or proof of the following:
 - Current license/certificate
 - Current BCLS, ACLS, PALS, etc.
 - Current demographic information if MC
 - Internship
 - Residency
 - Board certification in specialty or board certification qualifications.

B. SERVICE RECORD/PSD

- Certification of discharge/separation (DD-214) for all former periods of active duty.
- Your birth certificate or passport (for those deploying OUTCONUS).
- Birth, adoption or guardianship certificates for family members.
- Social Security Numbers for self and family members.
- Certified copy of marriage certificate for present marriage.
- Certified copies of documentation terminating any previous marriage (divorce/annulment/spouse's death certificate).
- Certification of full-time enrollment for self and college-age dependents from school registrar.
- Signed statement from licensed physician for dependent parent/children over twenty-one years of age who are incapacitated.
- Current DON Family Care Plan Certification (NAVPERs 1740/6).
- Emergency Contact Information (Page 2).

C. SECURITY CLEARANCE

- Certified copy of naturalization papers.

- Names/addresses of personal/professional references (minimum of 3 each required).
- Names/addresses/dates of employment for the past ten years (or since graduation from high school).
- Names/addresses/dates of high school and college.
- Addresses and dates of all previous residences.
- Names/dates/places of birth for your parents and your spouse's parents.

D. LEGAL

- Location of current valid will.
- Copy of current power(s) of attorney (business arrangements/tax filing/child care/family medical emergency care/household goods and POV storage).
- Documentation to support potential legal issues, such as loss of college tuition assistance, loss of security deposit on lease, loss of employee medical benefits.

E. MEDICAL

- Verify Defense Eligibility Enrollment Reporting System (DEERS) information for self and family members.
- Copy of most recent eyeglass prescription and extra set of eyeglasses. (**NOTE Contact lenses may not be authorized depending upon duty assignment.)
- Extra hearing aid/batteries.
- Documentation of significant medical/dental conditions not documented in military medical/dental records.
- Copy of prescription(s) issued by physician (or other documentation of approved medications). Minimum 90 days supply of medications.
- Documentation to support enrollment of exceptional family member in available Navy/DOD programs.
- Documentation of enrollment in TRICARE SELRES Dental Program (TSRDP).

F. PERSONAL

- Driver's license (to support issuance of government license.)
- For those authorized POV travel, vehicle registration/insurance documentation.
- Documentation to support any claim delay and/or exemption.
- Completed and mailed application for registration and absentee ballot. Federal Post Card Application (FPCA, SF 76), Federal Write-In Ballot (FWAB, SF 186)).

**** NOTE:** If requirements listed above for Service Record/PSD and Security Clearance are reflected in your service record, you need not bring additional documents.

NAVY RESERVE TRAVEL AND PAY PROCESSING CHECKLIST

What You Need To Know.

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I. MESSING AND BERTHING

- Verify whether you will be reimbursed for commercial or government berthing and messing:
- A Berthing Endorsement or Certification of Non-Availability (CNA) is required for reimbursement of commercial lodging expenses (hotel costs). If a CNA is not provided on your itinerary and you are directed to stay in government berthing, you must stay in government quarters or obtain a CNA endorsement from the local berthing authority.
- Verify government messing availability/non-availability at check-in. If messing is directed but not available, endorsement or order modification is required for meal reimbursement.

2. SELRES PAY & ALLOWANCE (FOR AT & ADT ORDERS)

- Upon reporting for duty, submit to that Command's local PSD:
- Orders with Command Endorsements (Note: Orders must be imprinted with the word "ORIGINAL").
- Copy of current/verified NAVPERS 1070/60 "Page 2."
- Completed and signed ACDUTRA PAY AND ALLOWANCE CHECKLIST (requirement varies by PSD).
- Electronic Funds Transfer (EFT) Certificate.

3. SELRES TRAVEL CLAIM CHECKLIST (FOR ALL ORDERS: AT, ADT: & IDTT)

- Submit the following to your Reserve Activity within two (2) working days of completing travel:
- Completed Travel Voucher DD 1351-2 with ORIGINAL signature.
- Copy of endorsed orders.
- Second copy of endorsed orders (only required for IDTT processing).
- Receipts for lodging (regardless of amount) and all reimbursable expenses over \$75.00 or more. Credit card receipts are not acceptable for rental cars--actual rental car receipts are required.
- Copy of SATO Travel Itinerary (if travel incurred).
- Completed Direct Deposit "verification" form with Electronic Funds Transfer (EFT) data (some PSDs require this only upon change to EFT data; requirement varies by PSD).
- Certification of Non-Availability (CNA) for commercial lodging/meals from the BEQ/BOQ (if SATO has not already provided this on your Itinerary).
- Reserve Activity Authorizing Officer (AO) approval.

NOTE: Incomplete Travel Claims can result in returned or incomplete payment!

To minimize errors on your Travel Claims, see detailed instructions for your PSD and global forms at <http://www.pasd.navy.mil>.

REF: JFTR VOL 1 and JTR VOL 2 / DODFMR VOL9 U2510

Endorsed and approved by: PSAs LANT, WEST, PAC and EUR
Provided by: CNRFC CUSTOMER SERVICE DIRECTORATE / NOOQ



RC PHONE DIRECTORY



Chief of Navy Reserve
(703) 693-5757

Office of the
Chief of Navy Reserve
(703) 614-3675

Commander Navy Reserve Forces
Command
(504) 678-5313

Force Equal Opportunity Advisor
& EO Hotline
Senior Chief Margaret Hoyt
1-877-822-7629

Naval District Washington RCC
(240) 857-4880

Adelphi, Md.
(301) 394-5800

Baltimore, Md.
(410) 752-4561

Region Mid Atlantic RCC
1-866-444-7295

Albany, N.Y.
(518) 489-5441

Amityville, N.Y.
(631) 842-4850

Avoca, Pa.
(570) 407-1086

Bangor, Maine
(207) 942-4388

Brunswick, Maine
(207) 522-1064

Bronx, N.Y.
(718) 892-0312

Buffalo, N.Y.
(716) 807-4769

Charlotte, N.C.
(704) 598-0447

Earle, N.J.
(732) 580-8545

Ebsensburg, Pa.
(814) 472-5063

Eleanor, W. Va.
(304) 586-0326

Erie, Pa.
(814) 866-3073

Fort Dix, N.J.
(609) 723-7160

Greensboro, N.C.
(336) 254-8671

Harrisburg, Pa.
(888) 879-6649

Lehigh Valley, Pa.
(610) 264-8823

Manchester, N.H.
(603) 537-8023

New London, Conn.
(860) 625-3208

Newport, R. I.
(401) 841-4550

Norfolk, Va.
757-318-4500

Plainville, Conn.
(860) 747-4563

Pittsburgh, Pa.
(412) 673-0801

Quincy, Mass.
(617) 753-4600

Raleigh, N.C.
(866) 635-8393

Richmond, Va.
(585) 527-6598

Roanoke, Va.
(540) 309-2563

Rochester, N.Y.
(585) 247-6858

Syracuse, N.Y.
(315) 455-2441

White River Junction, Vt.
(802) 295-0050

Willow Grove, Pa.
(215) 443-6331

Wilmington, Del.
(302) 998-3328

Wilmington, N.C.
(910) 762-9676

Worcester, Mass.
(508) 259-7103

Region Southeast RCC
1-800-201-4199

Amarillo, Texas
1-866-804-1627

Atlanta, Ga.
(678) 655-5925

Augusta, Ga.
(706) 733-2249

Austin, Texas
(512) 590-1634

Bessmer, Ala.
(205) 497-2600

Charleston, S.C.
(843) 743-2620

Columbia, S.C.
(803) 751-9251

Columbus, Ga.
(706) 322-4670

Corpus Christi, Texas
(361) 961-2241

El Paso, Texas
(915) 565-3993

Fort Worth, Texas
(817) 782-1805

Greenville, S.C.
(864) 423-5889

Gulfport, Miss.
(866) 502-1271

Harlingen, Texas
(956) 425-0404

Houston, Texas
(713) 795-5202

Jacksonville, Fla.
(904) 542-3320

Lubbock, Texas
(806) 765-6657

Meridian, Miss.
(601) 679-3610

Miami, Fla.
(305) 628-5150

New Orleans, La.
(504) 697-9205

Orange, Texas
(409) 779-0158

Orlando, Fla.
(407) 240-5939 x 2117

Pensacola, Fla.
(850) 452-1341

Puerto Rico, P.R.
(787) 707-2335

San Antonio, Texas
(210) 381-2297

Shreveport, La.
(318) 746-9657

St. Petersburg
(Clearwater), Fla.
(727) 531-7033

Tallahassee, Fla.
(850) 576-6194

Tampa, Fla.
(813) 828-1971

Waco, Texas
(254) 776-1841

West Palm Beach, Fla.
(561) 687-3960

Region Mid West RCC
1-847-688-4916

Akron, Ohio
(330) 376-9054

Battle Creek, Mich.
(269) 968-9216

Chattanooga, Tenn.
(423) 698-8955

Chicago, Ill.
(847) 688-3760

Cincinnati, Ohio
(513) 221-0138

Columbus, Ohio
(614) 492-2888

Decatur, Ill.
(217) 433-9058

Des Moines, Iowa
(515) 285-5581

Detroit, Mich.
(586) 307-6147

Fargo, N.D.
(701) 232-3689

Grand Rapids, Mich.
(616) 363-2891

Green Bay, Wis.
(920) 336-2444

Indianapolis, Ind.
(317) 924-6389

Kansas City, Mo.
(816) 923-2341

Knoxville, Tenn.
(865) 545-4720

Lansing, Mich.
(517) 482-9150

Lincoln, Neb.
(402) 450-4072

Louisville, Ky.
(502) 375-3329

Madison, Wis.
(608) 249-0129

Memphis, Tenn.
(901) 874-5256

Milwaukee, Wis.
(414) 744-9764

Minneapolis, Minn.
(612) 713-4607

Nashville, Tenn.
(615) 228-6893

Oklahoma City, Okla.
(405) 733-1052

Omaha, Neb.
(402) 451-2098

Peoria, Ill.
(309) 678-1157

Rock Island, Ill.
(309) 782-6084

Saginaw, Mich.
(989) 233-5712

Sioux Falls, S.D.
(605) 336-2402

Springfield, Mo.
(417) 869-5721

St. Louis, Mo.
(314) 954-1052

Toledo
(Perryburg), Ohio
(419) 666-3444

Tulsa (Broken Arrow), Okla.
(918) 258-7822

Wichita, Kan.
(316) 683-3491

Youngstown, Ohio
(330) 609-1900

Region Southwest RCC
1-866-744-1735

Alameda, Calif.
(510) 814-2605

Albuquerque, N.M.
(505) 292-4141

Denver, Colo.
(720) 847-6205

Fort Carson, Colo.
(719) 526-2964

Guam
(671) 339-6724

Pearl Harbor, Hawaii
(808) 471-0091

Las Vegas, Nev.
(866) 643-0652

Lemoore, Calif.
(559) 998-3778

Los Angeles, Calif.
(310) 241-2100

Moreno Valley, Calif.
(951) 656-1199

North Island, Calif.
(619) 545-2610

Phoenix, Ariz.
(602) 353-3002

Point Mugu, Calif.
(805) 369-7559

Port Hueneme, Calif.
(805) 982-6106

Reno, Nev.
(775) 971-6289

Sacramento, Calif.
(916) 387-7100

Salt Lake City, Utah
(801) 736-4200

San Diego, Calif.
(858) 537-8040

San Jose, Calif.
(408) 294-3070

Tucson, Ariz.
(520) 228-6282

Region Northwest RCC
(425) 304-3338

Kitsap, Wash.
(360) 315-3004

Billings, Mont.
(406) 248-2090

Boise, Idaho
(866) 278-4390

Cheyenne, Wyo.
(307) 773-6500

Eugene, Ore.
(541) 342-1887

Everett, Wash.
(425) 304-4764

Fort Richardson, Alaska
(907) 384-6491

Helena, Mont.
(406) 449-5725

Portland, Ore.
(503) 285-4566

Spokane, Wash.
(509) 327-3346

Whidbey Island, Wash.
(360) 257-2922

VP-62
(904) 542-2211

VP-69
(360) 257-2522

Fleet Logistics
Support Wing
(817) 825-6438

VR-1
(240) 857-3722

VR-46
(678) 655-6333

VR-48
(240) 857-6814

VR-51
(808) 257-3289

VR-52
(215) 443-6553

VR-53
(240) 857-9029

VR-54
(504) 678-3700

VR-55
(805) 989-8755

VR-56
(757) 433-4065

VR-57
(619) 545-6920

VR-58
(904) 542-4051

VR-59
(817) 782-5411

VR-61
(360) 257-6595

VR-62
(207) 921-1462

VR-64
(215) 443-6400

Tactical Support Wing (TSW)
(678) 575-6830

VAQ-209
(240) 857-7828

VAW-77
(678) 655-6382

VFA-204
(504) 678-3491

VFC-12
(757) 433-4919

VFC-13
(775) 426-3645

VFC-111
(305) 293-2178

HSC-85
(619) 545-7218

HCS-84
(757) 445-0861

HSL-60
(904) 270-6906

Operational Support Offices and
Reserve Force Operations

Allied Command Transformation
(NATO)
(757) 747-3314

Amphibious Group One
011-81-611-742-2377

Expeditionary Strike Group Two
(757) 462-7403 x 110

Amphibious Group Three
(619) 556-1178

Bureau of Medicine
and Surgery
(202) 762-3211

Center for Naval Aviation
Technical Training
(850) 452-9700

Naval Personal Development
Command
(757) 444-2996

Comptroller of Navy
(202) 685-7000

Defense Intelligence Agency
(202) 231-8601

Defense Logistics Agency
(877) 352-2255

Destroyer Squadron Two
(757) 444-1452

Employer Support of the
Guard and Reserve (ESGR)
(800) 336-4590

First Naval
Construction Division
(757) 462-8225 x 222

Fleet Activities Chinhe, Korea
011-82-55-540-2852

Fleet and Industrial
Supply Center Jacksonville, Fla.
(904) 542-1000 x144

Fleet and Industrial
Supply Center Norfolk, Va.
(757) 443-1134

Fleet and Industrial S
Supply Center Pearl Harbor,
Hawaii
(619) 532-3439

Fleet and Industrial
Supply Center San Diego, Calif.
(619) 532-3439

Fleet Air Mediterranean
011-39-081-568-4184

Naval Information Operations
Command
(757) 417-4100

Fleet Forces Command
(757) 836-3644

Fleet Intelligence
Training Center Pacific
(619) 524-5814

Headquarters
US Marine Corps
DSN: 278-9360

Joint Chiefs of Staff
(703) 697-3397
(703) 693-9753

Joint Forces Intelligence
Command
(757) 836-7211

Judge Advocate General
(202) 685-5187

Logistics Group
Western Pacific
011-65-6750-2645

Marine Forces Reserve
(504) 678-0470

Merchant Marine Reserve
Program
(504) 678-0590

Military Sealift Fleet
Reserve Support Command
(202) 685-5149

Mine and Anti-submarine
Warfare Command Corpus Christi
(361) 961-4858

Naval Air Force
US Atlantic Fleet
(757) 444-8400

Naval Air Forces/
Naval Air Force
US Pacific Fleet
(619) 545-2734

Naval Construction
Forces Command
(757) 462-7441

Navy Criminal Investigation
Service Espionage Hotline
(800) 543-6289

Naval District Washington
Headquarters
(202) 433-0525

Naval Education and
Training Command
(850) 452-8580

Navy Expeditionary
Logistics Support Group
(757) 887-7639

RC PHONE DIRECTORY

If any information in this Navy Reserve RC Phone Directory is in error, please e-mail nwor_tnr@navy.mil with the correction.



Naval Health Clinic
Great Lakes, Ill.
(847) 688-6699

Naval Hospital
Jacksonville, Fla.
(904) 542-7458

Naval Hospital
Lemoore, Calif.
(559) 998-2529

Naval Hospital
Naples Italy
011-39-081-811-6099

Naval Hospital
Oak Harbor, Wash.
(360) 257-9991

Naval Hospital
Pensacola, Fla.
(850) 505-6601

Naval Hospital
Yokosuka, Japan
011-81-6160-43-9549

Naval Inspector General
Hotline
(800) 522-3451

Naval Medical Center
Portsmouth, Va.
(757) 953-5008

Naval Medical Center
San Diego, Calif.
(619) 532-6400

Naval Medical Education
and Training Command
(301) 319-4966

Naval Meteorology
and Oceanography Command
(228) 688-4531

Naval Network
and Space Operations Command
(540) 653-5001

Naval Network
Warfare Command
(757) 417-6750

Naval Operational
Logistics Support Center
(717) 605-5790

Naval Operations
(703) 601-1744

Naval Operations
Office of the Chief of Chaplains
(504) 678-1394

Naval Operations
Office of Naval Intelligence
(504) 678-1394

Naval Sea
Systems Command (RTC)
(847) 688-2405

Naval Support Activity,
Washington, D.C.
(202) 433-3963

Naval Information
Operations Command (NOIC)
Maryland
(301) 677-0817

NOIC San Diego, Calif.
(619) 545-9920

NOIC Pensacola, Fla.
(850) 452-0400

NOIC Misawa, Japan
011-81-3117-66-2834

Naval Service Training
Command Great Lakes, Ill.
(847) 688-5410

Naval Special
Warfare Command
(619) 437-2848

Naval Special Warfare
Operational Support Group
(619) 522-3232

Naval Station Rota Spain
011-34-956-82-2483

Commander
Submarine Force
US Atlantic Fleet
(757) 836-4700

Naval Supply
Systems Command
(717) 605-3565

Naval Support Activity,
Bahrain
011-973-17-85-9019

Naval Surface Force
US Atlantic Fleet
(757) 836-3057

Naval Surface Forces/
Naval Surface Force
US Pacific Fleet
(619) 437-2342

Naval War College
(401) 841-7539

Naval Emergency Preparedness
Liaison Officer Program
(504) 678-4264

Naval Expeditionary Combat
Command
(757) 462-7400 x167

Naval Expeditionary
Logistics Support Group
(757) 887-7639

Naval Installations Command
(202) 433-4978

Naval Munitions Command
(757) 887-4541

Naval Office of Information
(504) 678-6055

Naval Personnel Command
1-877-807-6199

Naval Region Europe
011-39-081-568-4636

Naval Region Guam
(671) 355-1110

Naval Region Southeast
(704) 542-2486

Naval Region Hawaii
(808) 473-4505

Naval Region Japan
011-81-468-16-4467

Naval Region Korea
011-822-7913-5795

Naval Region Mid-Atlantic
(757) 322-2862

Naval Region Singapore
011-65-57-50-2594

Naval Region Hawaii
(808) 473-1168

Naval Region Midwest
(847) 688-2884

Naval Region Northwest
(360) 315-5609

Naval Region Southwest
(619) 532-1239

Office Naval Intelligence
(301) 669-4602

Office of Naval Research
(703) 696-6676

Puget Sound Naval Shipyard
(360) 476-7683

Sealift Logistics Command
Atlantic
(757) 443-5653

Sealift Logistics Command Europe
011-39-081-568-3568

Sealift Logistics Command Pacific
(619) 553-7787

Space And Naval Warfare
Systems Command
(619) 524-7323

COMSUBPAC
(808) 473-2517

Submarine Group Nine
(360) 396-6530

Submarine Group Ten
(912) 573-3733

Submarine Group Two
(860) 694-3696

Submarine Squadron Eleven
(619) 553-7033

US Central Command
(757) 836-4180

US European Command
011-49-711-680-4002

US Fifth Fleet
011-973-724-383

US Fleet Forces Command
(757)-836-4180

US Joint Forces Command
757-836-6570

US Naval Forces Central
Command
011-973-724-383

US Naval Forces Alaska
(907) 463-2248

US Naval Forces Europe
011-44-207-514-4605

US Naval Forces Japan
011-81-468-16-4467

US Naval Forces Korea
011-822-7913-5795

US Naval Forces Marianas
(671) 339-5432

US Naval Forces Southern
Command
(904) 270-7354 x4304

US Naval Special Warfare
Command
(619) 437-3230

US Northern Command
(719) 554-4120

US Pacific Command
(808) 477-2322

US Pacific Fleet
(808) 474-8415

US Second Fleet
(703) 696-6676

US Seventh Fleet
011-81-6160-43-7440 x4090

US Sixth Fleet
011-39-081-568-1267

US Southern Command
(305) 437-2987

US Strategic Command
(402) 294-8141

US Third Fleet
(619) 524-9537

US Transportation Command
(618) 229-7084

Naval Reserve Intelligence
Command

Reserve Intelligence
Command Headquarters
Fort Worth, Texas
1-800-544-9962

Reserve Intelligence
Area One
Oak Harbor, Wash.
(360) 257-2254

Reserve Intelligence
Area Three
New Orleans, La.
(504) 678-3411

Reserve Intelligence
Area Four
San Diego, Calif.
(619) 524-6432

Reserve Intelligence
Area Five
Aurora, Colo.
(720) 847-6225

Reserve Intelligence
Area Six
Fort Worth, Texas
(817) 782-6462

Reserve Intelligence
Area Midwest
Great Lakes, Ill.
(847) 688-6273

Reserve Intelligence
Area Nine
Mt. Clemens, Mich.
(586) 307-4501

Reserve Intelligence
Area Ten
Minneapolis, Minn.
(612) 713-4700

Reserve Intelligence
Area Thirteen
Jacksonville, Fla.
(904) 542-3320

Reserve Intelligence
Area Fourteen
Marietta, Ga.
(678) 655-6380

Reserve Intelligence
Area Fifteen
Norfolk, Va.
(757) 444-1352

Reserve Intelligence
Area Sixteen
Willow Grove, Pa.
(215) 443-6651

Reserve Intelligence
Area Eighteen
Devens, Mass.
(978) 796-2610

Reserve Intelligence
Area Nineteen
Andrews AFB
(240) 857-2030

Naval Expeditionary Combat
Command
(757) 462-7400

Explosive Ordnance Disposal
Group One
(619) 437-3700

Explosive Ordnance Disposal
Group Two
(757) 462-8453

First Naval Construction Division
(757) 462-8225 x 222

Naval Coastal
Warfare Group

Naval Coastal
Warfare Group One
(619) 437-9475

Naval Coastal
Warfare Group Two
(757) 396-0513

Chief of Naval Air Training

CAOSO
(361) 961-2409

CNR/ CNATRA/FRS PM
(504) 678-1072



Naval Communication Specialist
Seaman David P. Coleman

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