



***Greetings from Camp Lejeune Shipmates!***

*It has been an eventful week and a half. The Naval Enlisted Reserve Association held an awards luncheon on Friday 12 November. VADM Debbink presented the Service to Reservist award and the Navy Achievement Medal to PS1 Christopher Irvin from NOSC Minneapolis, MN. PS1 Irvin also received a check for \$500 from NERA. The following day, the Senior Enlisted panel convened, consisting of MCPO-CGRF Mark H. Allen, Coast Guard Reserve Force and Command Sergeant Major John D. Gipe, Senior Enlisted Advisor to the Assistant Secretary of Defense for Reserve Affairs and myself. After each panel member gave a brief introduction, questions from the audience were presented. Questions dealt with proposed budget and manpower reductions, use of civilians within facilities, early retirement, social security numbers still appearing on ID cards update (see attached), and the demobilization of injured reservists.*

*Tuesday, Donna and I traveled CNRF in Norfolk to have some face to face time with CMDCM Curry who is doing an outstanding job communicating and updating the FORCE. CMDCM Curry shared a few photos of his new grandchild; Aiden can really make a grandpa smile.*

*On Wednesday and Thursday the Navy Reserve Policy Board comprised of 17 officer and enlisted members from throughout the Navy Reserve Force recently met for a semi-annual meeting at Commander, Navy Reserve Forces Headquarters in Norfolk, VA. The board meets twice a year to consider policy issues and innovations affecting the entire Reserve Force. The board also meets virtually throughout the year following Chairman RDML Robert P. Wright's vision to make life better for Sailors. Fleet Master Chief Mike Stevens, responsible for more than 100,000 active duty and Reserve personnel, under the cognizance of U.S. Fleet Forces Command, addressed this year's board. He shared the pride he felt of being able to serve in a Navy where personnel work side-by-side and are respected for their leadership and professional skills regardless of component.....a true Total Force! Policy issues can be submitted year round from all levels of the Navy Reserve. Sailors are highly encouraged to communicate with the board via email at [NRPB@navy.mil](mailto:NRPB@navy.mil). Submission guidelines can be found on the [Navy Reserve Website](#). Together we can make positive changes!*

*On Friday, we drove to Camp Lejeune, NC and visited the NMPS who serves all Sailors attached to the USMC and Civilian Contractors. Field Medical Training Battalion-East has a beautiful new training facility that provides state-of-the-art simulation opportunities for our HMs who will be serving alongside the USMC. Things have changed since my last visit in 1982, same barracks but state-of-the-art training which is the most important aspect, so Sailors can train to save Marines lives.*

*On Saturday, I toured the Naval Hospital Camp Lejeune and conducted a FORCM call with the reserve staff prior to the Change of Command of Operational Health Support Unit, Camp Lejeune. This ceremony was well planned and executed. I would like to extend a BZ to all involved.*

*I would like to close with a reminder that this is the start of the holiday travel season and we need Sailors to think safety. We need every Sailor to return on Monday, injury free. I have attached a poem that serves as a reminder of what all our service members do every day to support. If you are able to visit with friends and family and begin the hustle and bustle of the Holiday Season together, please remember to have in your thoughts and prayers the service members and families who will not be home because of duty or because they have been injured or have paid the ultimate sacrifice for our Nation.*



A Service Member's Thanksgiving Poem

I know we are at war,  
But I hear that change is in sight  
Instead of friends and family for Thanksgiving  
you will chow with your comrades this fall night.

One to the left, the other to the right  
living day to day in a personal sacrifice.

You are the heroes whose faces we may never get to see,  
But the pride and glory that lives in a service member's heart  
Bears these words  
"Integrity" "Semper Fi" "Hooah"

On this day we give thanks and honor to those  
Brave and true  
Our banners, we will proudly wave  
The Red, White, and Blue

We will give our thanks not only to our god  
But also to every service member for our bounties, that be.  
For they give meaning to the words  
Home of the brave and Land of the free.

To all the service members in the mess hall, galley or canteen  
Eating their Thanksgiving feast,  
To the Marines and Sailors, Soldiers, Airmen, and Coast Guardsmen  
in the desert eating another Meal, Ready-to-Eat.

May peace, hope and strength travel with you along the way  
And may these wishes find you  
On a Service Member's Thanksgiving Day.

**Latest Updates**

**RC Communicator.** Please visit the following link for the November RC Communicator:  
[http://www.navyreserve.navy.mil/RC%20Communicator/101101\\_RC\\_Communicator\\_Nov.p  
df](http://www.navyreserve.navy.mil/RC%20Communicator/101101_RC_Communicator_Nov.pdf)

**Administrative Procedures for Navy Reservists [BUPERSINST 1001.39F](#)  
Administrative Procedures for the Drilling Reserve and Participating Members of  
the Individual Ready Reserve [COMNAVRESFORINST 1001.5F](#)**

Please use the above links if you have any questions regarding Administrative Policy. Make sure you are up to date regarding any changes to current policy regarding your Sailors!

**SELRES E4-E6 Advancement Results Released.** In case you haven't already heard, SELRES E4-E6 advancement results have been released from the August 2010 exam cycle. Good news for 2,957 selectees! Results are available on BOL and the Navy Enlisted Advancement System.



### **Thanksgiving Day Safety Briefing Points.**

- Last Thanksgiving weekend, **1 Sailor and 1 Marine** lost their lives on the nation's highways. **Another 11 were injured** in non-fatal traffic accidents.
- AAA reports that more than 42 million Americans will travel at least 50 miles from home this Thanksgiving weekend, and 94 percent of travelers will reach their destination by driving.
- The potential for motor vehicle accidents rises during holidays when highways are more crowded and driving distances are longer than normal. Use the Travel Risk Planning System (TRIPS) to assess the risk of road trips and learn how to reduce the danger.
- Reduce fatigue-related driving mishaps by starting every trip well-rested, and by taking breaks every couple of hours. Also try to do most of your driving during daylight hours.
- If your holiday plans include alcohol, remember to drink responsibly. Designate a driver or take a cab. Do whatever it takes, but never drive after drinking. Even if you won't be driving, remember moderation. Over-consumption of alcohol increases the risk of mishaps, even during routine activities.
- Last year's Thanksgiving weekend mishap reports show that **trips and falls in and around the house caused 14 significant injuries to Sailors and Marines**. Being in a hurry during the busy holiday weekend may account for some of this. However, doing things the right way and using the right tools for jobs such as holiday decorating may take a few extra minutes, but it's worth the trouble and may save time in the long run.

The Thanksgiving holiday period is among the busiest long-distance travel period of the year. During the 6-day Thanksgiving travel period (Wednesday through Sunday), the number of long-distance trips (to and from a destination 50 miles or more away) increases by more than 50 percent. And although heavy media attention focuses on crowded airports and bus and train stations on the Wednesday before and Sunday after Thanksgiving, when personal vehicle trips are added to the mix Thanksgiving Day is actually a heavier long-distance travel day than Wednesday.

Here is some advice from the Naval Safety Center (NSC) for staying safe on the roads over the Thanksgiving Holiday weekend.

First, DON'T DRINK and DRIVE!

Proper trip planning is the best way to manage highway risk. Check your route in advance, be aware of weather conditions and prepare your vehicle. This includes ensuring proper preventive maintenance.

Fatigue is another factor that leads to a large number of traffic accidents. The NSC recommends driving during daylight hours as much as possible and planning 10 to 15 minute stops every two hours of the drive to rest and break up the monotony of the road.

Wherever your holiday plans take you during the holiday weekend, NSC recommends using the Travel Risk Planning System (TRIPS) to recognize and manage the risks. The web-based assessment analyzes the hazards associated with a planned road trip and offers suggestions for making the journey safer. TRIPS can be accessed through Navy Knowledge Online at [www.nko.navy.mil](http://www.nko.navy.mil).

During the Thanksgiving celebration our goal is zero mishaps in addition to having a wonderful and safe holiday.



**Holiday Safety Videos.**

Facebook versions:

[http://www.facebook.com/pages/Norfolk-VA/Naval-Safety-Center/342884886595?v=app\\_2392950137#!/video/video.php?v=1704123971215](http://www.facebook.com/pages/Norfolk-VA/Naval-Safety-Center/342884886595?v=app_2392950137#!/video/video.php?v=1704123971215)

[http://www.facebook.com/pages/Norfolk-VA/Naval-Safety-Center/342884886595?v=app\\_2392950137#!/video/video.php?v=1704130251372](http://www.facebook.com/pages/Norfolk-VA/Naval-Safety-Center/342884886595?v=app_2392950137#!/video/video.php?v=1704130251372)

YouTube versions:

[http://www.youtube.com/watch?v=27z0MnYOL30&feature=player\\_embedded](http://www.youtube.com/watch?v=27z0MnYOL30&feature=player_embedded)

[http://www.youtube.com/watch?v=kYYqz6frmB0&feature=player\\_embedded](http://www.youtube.com/watch?v=kYYqz6frmB0&feature=player_embedded)

**U.S. Naval Academy (USNA) Enlisted Applicants Opportunities;** Your enlisted Sailors have the opportunity of a lifetime—to be accepted to the U.S. Naval Academy.

Many Sailors believe it is impossible to receive a USNA education and that is just not the case. Each year, the Secretary of the Navy has 170 nominations for qualified Sailors and Marines. Last Academy class, only 34 nominations were utilized.

Unlike a high school candidate, our Sailors and Marines do not have to go to congressional representatives or senators for interviews to receive a nomination. Any Outstanding Sailor or Marine with a 2.8 GPA high school background and SAT scores of 500 verbal / 550 math can get into NAPS if they were born after July 1<sup>st</sup> 1989 and meet the eligibility requirements. Their fleet experience, deployments, and accomplishments will be considered during the selection process.

It is that time of year again to get your Sailors ready for admission to the Naval Academy or Naval Academy Prep School. For more information, contact ETCS Maxwell, NAPS/Fleet Coordinator for USNA Admissions at (410) 293-1839 or [emaxwell@usna.edu](mailto:emaxwell@usna.edu), or visit <http://www.usna.edu/Admissions/steps.htm>, click on the fourth radio button in the middle of the screen, "**Active Duty Service Applicants**" for more details about the application process.

The opportunities are out there. I challenge you to fill **ALL** 170 nominations this year! Pass the word!

**FY-12 Enlisted Selection Board Applications.** Paragraph 6 of NAVADMIN 336/10 (pasted below) clearly says that only the applicant and/or their FORCM may forward applications to NPC.

6. THE APPLICATION MUST BE ROUTED TO THE COGNIZANT FORCE MASTER CHIEF. UPON APPROVAL BY FORCM, EACH APPLICANT MUST SCAN AND EMAIL THE SIGNED COPY OF THEIR APPLICATION TO MR. DONALD MARSHALL AT DONALD.P.MARSHALL(AT)NAVY .MIL. THEIR FORCM OR FLTCM MAY FORWARD ON THEIR BEHALF. THIS PROCEDURAL STEP ALLOWS PERS-815 TO PROVIDE RECEIPTS OF DELIVERY AND CONFIRM THAT EACH PROSPECTIVE ENLISTED SELECTION BOARD MEMBER HAS A WORKING EMAIL ADDRESS FOR NOTIFICATION OF BOARD PARTICIPATION. FORMS RECEIVED FROM INDIVIDUALS OTHER THAN THE APPLICANT OR THEIR FORCM/FLTCM AND/OR FAXED WILL NOT BE CONSIDERED AND WILL BE DELETED WITHOUT ACTION.



**FY-12 E8/E9 (Active/Reserve) Selection Board Eligibility Lists Published.** The FY-12 E8/E9 (Active/Reserve) selection board eligibility lists and individual profile sheets are now available for review by command ESOs on the Navy's Advancement Center's website. Individual candidates will be able to view their individual "selection board eligible" profile sheet via NKO shortly. NAVADMIN 326/10 provides all the guidance for the FY-12 (Mar-May 2011) E8/E9 selection boards regarding required command actions, eligibility, board dates, individual candidates' records review, and communicating with the board. Biggest changes are:

- Advancement eligibility requirements for NUCs have changed
- Emailing board packages to NPC's Customer Service Center is strongly encouraged. (Receipt acknowledged on the CSC webpage)
- Communication to the board (i.e. supplemental correspondence and messages) after the applicable package post marked due date is no longer permitted.

The importance of reading NAVADMIN 326/10 cannot be stressed, especially regarding NSIPS Electronic Service Record data and the misconceptions that this data is automatically made available to selection boards. Candidates should be continually viewing their official record via Web Enabled Record Review on BOL to ensure accuracy.

**Command Master Chief /Command Senior Chief Application Tips  
(Only 10 days left until the 1 December 2010 deadline)**

1. Graduation from the SEA or equivalent is not required to apply for the program
2. Photos of side and front are the correct angles (not rear)
3. Do not send in black and white copies of photos
4. Do not send in discs
5. If you are in theatre, wear the uniform you wear in theatre
6. Endorsements from the CO and CMC should address the ability to lead the Mess and the Sailors within the command
7. Evaluations are requested to aid EVALS that are difficult to read
8. Seek advice from the FORCM before sending in packages
9. Read the page 13 before signing it, it matters.
10. Contact the CMC Detailer if you have questions

\*ATTENDANCE AT THE SEA IS NOT REQUIRED FOR NEW APPLICANTS and GRADUATION FROM THE SEA HAS NO IMPACT ON SELECTION. The purpose of the certificate is to immediately identify those that available to detail upon completion of the CMC capstone course. Greater focus should comment on leadership in the Mess, appearance as a CMC, the ability to do the job and compelling reasons why the applicant is qualified to serve in the position he/she is applying. WE NEED ENTHUSIASTIC, EFFECTIVE AND ENGAGED LEADERS! Send in YOUR BEST!

**References:**

**Command Master Chief Program OPNAVINST 1306.2E**

272/08 **ENLISTED NAVY LEADERSHIP DEVELOPMENT**

208/07 **CALL FOR COMMAND MASTER CHIEF AND COMMAND SENIOR CHIEF SELECTION BOARD APPLICATIONS**

033/06 **NAVY LEADERSHIP CONTINUUM**

**Fleet RIDE-Perform to Serve (PTS) Website.** An update to the PTS website now has a link to the most frequently asked questions. Please visit the following link:

<http://www.brigmiramar.navy.mil/CareerInfo/PerformtoServe/>



**Continuation Board Notification.** The letter providing the results for those selected for non-continuation will be sent via e-mail to the CO listed in PRIMS using the e-mail address listed in PRIMS.

Per NAVADMIN 180/10, upon notification, provide the appropriate counseling and document completion on the counseling Page 13 which a sample is available at <http://www.npc.navy.mil/Boards/EnlistedContinuation/> along with the operational waiver request and IAMM/GSA/Mob extension letter.

Additionally, notify PERS-833, CDR Doug Rhoads ([james.rhoads@navy.mil](mailto:james.rhoads@navy.mil)) or PSCS Wes Travis ([alfred.travis@navy.mil](mailto:alfred.travis@navy.mil)) via e-mail once notification of non-continuation is made.

**Nomination Season Opens For 2011 Secretary Of Defense Employer Support Freedom Award.** Employer Support of the Guard and Reserve (ESGR), a Department of Defense agency, today announced the opening of the nomination season for the 2011 Secretary of Defense Employer Support Freedom Award. Guard and Reserve service members and their families are encouraged to nominate employers who have provided exceptional support of military employees above federal law requirements. Nominations are being accepted at [www.FreedomAward.mil](http://www.FreedomAward.mil) through January 17, 2011. The Secretary of Defense Employer Support Freedom Award is the highest recognition given by the U.S. Government to employers for the outstanding support of their employees serving in the Guard and Reserve.

The 2011 recipients will be announced in the spring and honored in Washington, D.C. at the 16th annual Secretary of Defense Employer Support Freedom Award ceremony on September 22, 2011. Recipients of the 2010 Freedom Award met privately with Vice President Joe Biden and Secretary of Defense Robert Gates while in Washington, D.C. Under Secretary of Defense, Chief Financial Officer Robert Hale and Assistant Secretary of Defense for Reserve Affairs Dennis McCarthy presented the awards at a ceremony attended by members of Congress, senior military officials, business leaders and the Guard and Reserve service members who nominated the award recipients.

#### **NAVADMINS.**

367/10 **TIME-IN-RATE (TIR) CALCULATION**

366/10 **REENLISTMENT BONUS ELIGIBILITY FOR DRILLING SELECTED RESERVE PERSONNEL**

#### **Around the Force**

**Navy Reserve Sailor Recognized at "Scouting Salutes the Military" Dinner.** The Boy Scouts of America (BSA) held a dinner on Tuesday in honor of five outstanding military honorees from each of the Services and to recognize the unique bond that the Boy Scouts of America and the Armed Forces have shared for 100 years. It was a privilege for VADM Debbink to join *BU2 Ralph Christiansen as he was recognized for his embodiment of the values of the Scouts and as a proud representative of our Navy Total Force.*

#### **N095 Staff Leads 5K Fun Run To Support The Combined Federal Campaign (CFC).**

Promoting both the annual CFC and the Navy culture of fitness, 45 runners from several OPNAV N-codes, JCS and other DoD staffs ran a scenic 5K route through Joint Base Myer-Henderson Hall on Wednesday. After observing morning Colors, we ran a route along the perimeter of Arlington National Cemetery and finished at the USMC gym. Trophies were awarded to the Men's and Women's top finishers (N095's CDR Robert Coogan and N12's CDR Cheryl Lauer). The event raised more than \$1,000 for the CFC. *To date, N095 has achieved 100% contact and raised nearly \$15k, surpassing 127% of our target goal with three weeks remaining to donate.*



**“Ready Now” RC Sailors Respond to COMUSNAVCENT Emergent Requirements.**

Providing on-demand expertise exactly when and where the Navy requires, *13 talented and trained RC Sailors recently served on active duty orders supporting various NAVCENT shore security agreements and exercises.* The personal readiness of each Sailor was leveraged to assist the coordination of shore battle space and maritime coalition coordination working with the Combined Enterprise Regional Information Exchange System (CENTRIXS) and Naval Coordination and Guidance of Shipping (NCAGS).

**Reserve Component SEAL Teams Delivering Operational Capabilities in CONUS.** In addition to the RC SEALs deployed overseas, there are currently more than 200 Navy Reserve Sailors from SEAL Teams 17 and 18 serving on active duty orders in CONUS. These Sailors have *fulfilled critical administrative, weapons training, and vehicle/equipment maintenance roles ISO NAVSPECWAR requirements.*

**30 DAY OUTLOOK**

- \* Camp Lejeune Visit (19-21 Nov)
- \* PDFRC, NOSC Portland, OR (4 Dec)
- \* PDFRC, NOSC Kitsap, WA (5 Dec)
- \* NOSC Wilmington/ Dover Mortuary Affairs Visit, Dover AFB, DE (6 Dec)
- \* N095 Staff move from the Navy Annex to PNT (14 Dec)
- \* N095/OCNR Staff Holiday Social, Washington Navy Yard (18 Dec)

**60 DAY OUTLOOK**

<b>As of 18 November 2010:</b>			
<b><u>Operational Support Snapshot</u></b>		<b><u>RC Flu Vaccination Status</u></b>	
FY10 Pres Bud End Strength	65,500	Vaccine Received:	100%
RC Sailors (FTS/SELRES) Onboard:	64,922	Force Vaccinated (MRRS status):	69.0% (from 59.9%)
RC Sailors Performing Operational Support:	17,322	<b><u>RC Medical Readiness</u></b>	
RC Sailors Mobilized or Deployed:	6,927	Fully Medically Ready:	83.7%
RC Chiefs Mobilized	909	Partially Medically Ready:	4.7%
RC Flag Officers on Active Duty:	27	Total:	88.4%