

# NAVY RESERVE FAMILY INFORMATION NEWSLETTER

For more family information go to <http://navyreserve.navy.mil/Public/HQ/WelcomeAboard/CNRFC+Families>

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## ART/ESSAY CONTEST

The Armed Services YMCA has launched its annual art contest, sponsored by GEICO, and its essay contest, sponsored by Lockheed Martin. This year's theme is "My Military Family" and "My Military Hero." Winners will be announced at the Armed Services YMCA luncheon in Washington in May 2008. For more information go to <http://www.asymca.org> and look under 2008 Art & Essay Contest in the middle of the home page.



## EMPLOYER SUPPORT OF THE GUARD AND RESERVE EXPANDS CUSTOMER SUPPORT HOURS

Employer Support the Guard and Reserve (ESGR) has extended its Customer Service Center hours to 8am to 8pm (Eastern Time), Monday through Friday (Except holidays). ESGR has added two Customer Service Agents to more effectively answer and resolve Uniformed Service Employment and Reemployment Act (USERRA) related matters. The Customer Service Center can be reached via the following methods: Telephone: 1-800-336-4590, select option 1. email: [USERRA@osd.mil](mailto:USERRA@osd.mil) for general USERRA questions.

Website: <http://www.esgr.mil>, select USERRA Complaint Form to file a case online or the USERRA link for general USERRA information.

ESGR is a Department of Defense agency established in 1972. Its mission is to gain and maintain employer support for Guard and Reserve service members by recognizing outstanding support, increasing awareness of the law, and resolving conflicts through informal mediation. More information on ESGR can be found at <http://www.esgr.mil>.



## Military OneSource- Telephone Counseling Sessions

Military OneSource now offers short-term telephone counseling. This new expanded service provides a telephone counseling option for those who are unable to attend face-to-face counseling.

Counseling may help individual with many issues such as dealing with stress, communication, decision making, grief, loss and parenting.

Telephone counseling provides up to six sessions of consultation per person, per issue.

Military OneSource is available anytime worldwide to all active duty, reserve, National Guard, as well as deployed civilians and their families.

To find out more visit [www.militaryonesource.com](http://www.militaryonesource.com) or call Stateside: 800-342-9647 or Collect from overseas 1-877-888-0727.

## PROOF OF CITIZENSHIP REQUIRED

Effective January 31, 2008, all adult travelers will be required to present proof of citizenship, such as a birth certificate, and proof of identity, such as driver's license, when entering the United States through land and sea ports of entry.

Currently, U.S. Customs and Border Protection (CBP) officers may accept oral declarations of citizenship from U.S. and Canadian citizens seeking entry into the United States through a land or sea border. However, as of January 31, 2008 oral declarations of citizenship alone will no longer be acceptable. U.S. and Canadian citizens ages 19 and older will need to present a government-issued photo ID, such as a driver's license, along with proof of citizenship, such as a birth certificate or naturalization certificate. Children ages 18 and under will be required to present proof of citizenship only, such as a birth certificate or passport.

The turnaround time for a passport is four to six weeks, so you want to plan in advance. For information on obtaining a U.S. passport visit <http://www.travel.state.gov> or call 1-877-487-2778.